

**Rochester Spring Classic Duathlon - SuperSprint**  
**Saturday, May 19th in Mendon Ponds Park**  
 Total 104 (68 Men/36 Women)

Pos	Bib	First Name	Last Name	Category	Run1	T1	Bike1	T2	Run 2	Total Time
1	104	Douglas	Mauro	Overall Male - SS	0:13:35	0:00:25	0:28:25		0:07:35	0:50:00
2	71	Jane	Fyffe	Overall Female -SS	0:14:49	0:01:07	0:27:32	0:00:54	0:08:28	0:51:56
3	222	Nick	Zito	SS-M25-29	0:15:13	0:00:29	0:28:01	0:00:33	0:08:29	0:52:12
4	208	Thomas	Green	SS-M20-24	0:12:51	0:01:17	0:32:28	0:01:02	0:07:29	0:54:05
5	198	Eric	Offerman	SS-M20-24	0:14:10	0:00:57	0:31:22	0:00:43	0:07:58	0:54:26
6	174	Brad	Winn	SS-M20-24	0:13:49	0:00:22	0:32:28	0:00:24	0:07:48	0:54:27
7	72	John	Galbraith	SS-M40-44	0:15:24	0:00:53	0:29:40	0:00:48	0:08:31	0:54:28
8	134	Matthew	Remy	SS-M35-39	0:14:31	0:00:42	0:31:32	0:00:58	0:08:49	0:55:35
9	45	Daniel	DeFrees	SS-M50-54	0:15:28	0:00:39	0:30:20	0:00:45	0:09:09	0:55:36
10	175	Hugh	Winn	SS-M35-39	0:15:27	0:00:31	0:31:41	0:00:32	0:08:30	0:56:09
11	15	Marc	Bigsby	SS-M35-39	0:15:26	0:01:06	0:30:59	0:00:57	0:08:59	0:56:30
12	165	Steven	Wagner	SS-M35-39	0:15:25	0:00:52	0:31:05	0:01:05	0:09:31	0:56:51
13	196	Clay	Knapp	SS-M19UNDER	0:14:14	0:00:32	0:35:23	0:00:29	0:07:49	0:57:58
14	95	Chris	Levey	SS-M40-44	0:14:25	0:00:46	0:34:53	0:00:33	0:07:56	0:58:00
15	177	Daniel	Yawman	SS-M35-39	0:16:25	0:00:56	0:32:35	0:00:58	0:08:59	0:58:56
16	50	Justin	Dix	SS-M25-29	0:16:55	0:00:52	0:32:06	0:01:00	0:09:07	0:59:00
17	202	Todd	Zerbe	SS-M45-49	0:14:08	0:01:02	0:35:59	0:00:57	0:07:52	0:59:00
18	185	Joe	Williams	SS-M30-34	0:15:28	0:00:35	0:34:33	0:00:29	0:08:25	0:59:01
19	54	Matthew	Dunn	SS-M25-29	0:14:25	0:01:56	0:34:19	0:01:23	0:08:41	0:59:21
20	211	Tristan	Burton	SS-M30-34	0:15:06	0:01:39	0:32:49	0:01:42	0:09:48	0:59:23
21	145	Kathy	Schwenk	SS-F45-49	0:16:35	0:00:49	0:32:10	0:01:02	0:09:52	0:59:25
22	3	Rick	Alexyn	SS-M45-49	0:15:29	0:00:36	0:34:54	0:00:28	0:08:31	0:59:31
23	46	Don	Dennie	SS-M35-39	0:16:36	0:01:14	0:32:54	0:00:31	0:08:54	0:59:38
24	130	Marcus	Rampton	SS-M30-34	0:16:58	0:00:39	0:32:43	0:00:28	0:09:36	0:59:55
25	69	William	Fricke	SS-M55-59	0:15:32	0:00:37	0:35:12	0:00:39	0:08:40	1:00:02
26	116	Peter	Mueller	SS-M19UNDER	0:14:50	0:00:28	0:36:43	0:00:25	0:08:03	1:00:05
27	44	Caleb	DeFrees	SS-M20-24	0:15:03	0:00:44	0:35:30	0:00:46	0:08:49	1:00:05
28	184	Anthony	Castelluzzo	SS-M30-34	0:16:46	0:00:46	0:33:06	0:00:37	0:09:37	1:00:14
29	124	Brett	Oakes	SS-M35-39	0:16:45	0:00:57	0:33:00	0:00:48	0:09:32	1:00:15
30	21	John	Bonn	SS-M35-39	0:16:57	0:00:50	0:32:52	0:00:55	0:09:56	1:00:35
31	2	Lisa	Abbott	SS-F35-39	0:16:45	0:01:11	0:33:25	0:00:58	0:09:24	1:00:45
32	137	Steven	Rowe	SS-M45-49	0:16:02	0:01:52	0:32:45	0:01:52	0:10:08	1:00:46
33	20	Jesse	Bond	SS-M35-39	0:16:19	0:00:32	0:34:42	0:00:27	0:09:18	1:00:51
34	36	Brandon	Collings	SS-M35-39	0:15:52	0:00:46	0:35:57	0:00:43	0:08:35	1:01:09
35	218	Bob	Beckwith	SS-M45-49	0:15:29	0:00:51	0:36:04	0:00:56	0:08:59	1:01:24
36	6	Mark	Assenato	SS-M40-44	0:16:53	0:00:40	0:33:38	0:00:30	0:10:16	1:01:28
37	86	Jeremy	Hunter	SS-M35-39	0:16:28	0:00:49	0:34:28	0:00:49	0:09:54	1:01:39
38	176	Kim	Winslow	SS-F25-29	0:16:19	0:01:09	0:34:53	0:00:55	0:09:20	1:01:41
39	224	Keith	Schneider	SS-M30-34	0:16:15	0:01:10	0:34:14	0:00:40	0:10:23	1:02:02
40	123	Scott	Nugent	SS-M35-39	0:16:31	0:00:48	0:35:49	0:00:30	0:09:01	1:02:09
41	88	Scott	Ingalls	SS-M45-49	0:15:54	0:01:15	0:36:20	0:00:52	0:08:48	1:02:18
42	8	Margaret	Baleno	SS-F35-39	0:18:51	0:00:48	0:32:22	0:00:41	0:10:21	1:02:23
43	41	William	Crowe	SS-M55-59	0:16:56	0:01:31	0:34:35	0:01:05	0:09:32	1:02:35
44	127	Steve	Penders	SS-M40-44	0:17:34	0:01:59	0:32:33	0:01:37	0:10:59	1:03:06
45	194	Neil	Bonsteel	SS-M20-24	0:14:37	0:00:38	0:40:33	0:00:37	0:07:59	1:03:46
46	85	Aaron	Hunt	SS-M30-34	0:16:14	0:00:38	0:38:25	0:00:34	0:08:49	1:04:06
47	183	Jay	Kunzler	SS-M50-54	0:17:08	0:00:58	0:36:16	0:00:46	0:09:51	1:04:13
48	80	Larry	Hoffman	SS-M35-39	0:16:32	0:00:53	0:37:40	0:00:39	0:09:30	1:04:34
49	151	Eric	Shoup	SS-M30-34	0:17:39	0:01:37	0:34:37	0:01:19	0:11:15	1:05:08
50	106	Victoria	McCoy	SS-F25-29	0:17:13	0:00:46	0:37:08	0:00:46	0:10:03	1:05:10
51	7	Heidi	Austin	SS-F35-39	0:17:13	0:01:15	0:38:02	0:00:50	0:08:53	1:05:24
52	87	Chad	Hutchinson	SS-M25-29	0:16:38	0:01:22	0:37:29	0:01:32	0:10:10	1:05:39
53	169	Courtney	Warren	SS-F35-39	0:16:53	0:01:12	0:38:07	0:01:07	0:09:54	1:06:06
54	128	Paul	Perryman	SS-M35-39	0:17:35	0:01:27	0:37:05	0:01:16	0:10:16	1:06:23
55	178	Amy	Zeman	SS-F25-29	0:15:27	0:00:52	0:41:32	0:00:40	0:08:43	1:06:34

56	148	Erich	Seber	SS-M45-49	0:18:03	0:01:00	0:36:28	0:01:03	0:11:05	1:06:36
57	111	Jeanne	Mogauro	SS-F40-44	0:17:06	0:02:09	0:37:12	0:01:23	0:10:21	1:06:48
58	118	Casey	Murphy	SS-M40-44	0:17:33	0:00:58	0:37:20	0:00:56	0:11:03	1:06:53
59	24	Travis	Brown	SS-M30-34	0:18:53	0:01:14	0:36:34	0:01:06	0:10:44	1:07:25
60	14	Peter	Beratta	SS-M40-44	0:16:34	0:01:21	0:39:30	0:01:15	0:10:22	1:07:48
61	115	Nick	Mueller	SS-M19UNDER	0:14:13	0:00:38	0:44:23	0:00:51	0:08:40	1:07:54
62	23	Jeremy	Brown	SS-M30-34	0:19:12	0:01:31	0:36:48	0:01:11	0:11:12	1:08:43
63	149	Steve	Sheridan	SS-M40-44	0:20:06	0:01:13	0:36:34	0:00:58	0:10:59	1:08:51
64	103	Amy	Mauro	SS-F35-39	0:19:10	0:00:43	0:38:38	0:00:35	0:10:24	1:08:55
65	121	Paul	Northup	SS-M55-59	0:18:57	0:00:59	0:38:12	0:01:05	0:10:58	1:09:06
66	143	Erin	Schneider	SS-F30-34	0:17:28	0:00:56	0:41:13	0:01:02	0:09:48	1:09:24
67	119	Michael	Nelson	SS-M55-59	0:18:58	0:02:01	0:35:30	0:02:06	0:13:08	1:09:37
68	163	Danielle	Tylenda	SS-F25-29	0:18:29	0:00:42	0:40:23	0:01:03	0:10:18	1:09:53
69	180	Darcie	Zerniak	SS-F35-39	0:19:32	0:00:57	0:38:46	0:00:48	0:10:43	1:09:58
70	31	Carrie	Case	SS-F35-39	0:19:34	0:01:23	0:38:12	0:01:10	0:11:17	1:10:26
71	99	Rachael	Mallory	SS-F19UNDER	0:19:01	0:00:46	0:39:44	0:00:48	0:11:25	1:10:56
72	39	Ian	Coyle	SS-M25-29	0:17:35	0:01:25	0:42:25	0:00:47	0:09:40	1:11:05
73	201	Mackenzie	Zerniak	SS-F19UNDER	0:19:03	0:00:45	0:40:28	0:00:37	0:11:18	1:11:33
74	126	Gina	Palmer	SS-F45-49	0:19:09	0:00:52	0:40:37	0:00:50	0:10:58	1:11:37
75	153	Jenny	Sitter	SS-F25-29	0:16:04	0:01:19	0:41:47	0:01:26	0:12:34	1:11:44
76	168	Monica	Warner	SS-F25-29	0:18:32	0:01:21	0:40:59	0:01:18	0:11:04	1:11:56
77	27	Larry	Byron	SS-M45-49	0:20:54	0:01:35	0:35:20	0:01:40	0:14:21	1:12:10
78	12	Barry	Beck	SS-M50-54	0:18:44	0:01:29	0:41:27	0:00:51	0:10:45	1:12:25
79	125	Michelle	OConnor	SS-F35-39	0:19:49	0:01:26	0:40:41	0:01:15	0:11:23	1:13:19
80	52	Kelly	Dumont	SS-F35-39	0:19:57	0:00:42	0:41:17	0:00:33	0:11:25	1:13:21
81	179	Robert	Zeman	SS-M55-59	0:18:27	0:00:39	0:43:19		0:11:10	1:13:34
82	223	Tina	Jarvis	SS-F45-49	0:19:49	0:02:16	0:39:50	0:01:54	0:11:49	1:13:43
83	181	Alicia	OBrocta	SS-F30-34	0:18:14	0:01:38	0:44:22	0:00:37	0:09:48	1:14:02
84	48	Zachary	DeRidder	SS-M20-24	0:19:05	0:00:39	0:44:01	0:00:32	0:10:16	1:14:02
85	83	Charles	House	SS-M60-64	0:18:38	0:02:08	0:40:53	0:02:39	0:13:05	1:14:43
86	26	Erica	Byron	SS-F35-39	0:19:29	0:00:51	0:43:38	0:00:33	0:11:03	1:15:01
87	214	Kristen	French	SS-F25-29	0:17:07	0:00:47	0:47:02	0:01:19	0:10:50	1:15:47
88	67	Jennifer	Frazier	SS-F30-34	0:16:50	0:00:44	0:45:28	0:00:56	0:12:51	1:15:54
89	131	Rebecca	Rampton	SS-F25-29	0:22:12	0:00:42	0:41:54	0:00:31	0:12:48	1:17:35
90	17	Brad	Birmingham	SS-M35-39	0:22:44	0:00:59	0:42:41	0:00:44	0:13:09	1:19:32
91	110	Lance	Milne	SS-M35-39	0:19:59	0:00:54	0:47:55	0:00:33	0:11:10	1:19:58
92	150	Laura	Sherman	SS-F40-44	0:22:31	0:01:05	0:46:26	0:01:11	0:12:33	1:22:35
93	93	Marie	Kamp	SS-F40-44	0:22:48	0:00:50	0:45:59	0:01:35	0:13:00	1:22:38
94	13	Paul	Benson	SS-M35-39	0:21:24	0:01:56	0:44:56	0:01:56	0:14:50	1:23:06
95	138	Mike	Rubino	SS-M40-44	0:24:37	0:00:53	0:41:48	0:01:47	0:16:07	1:23:25
96	193	Eileen	Scardino	SS-F40-44	0:22:40	0:01:02	0:47:58	0:00:38	0:12:54	1:24:34
97	28	John	Canham	SS-M50-54	0:25:53	0:00:58	0:43:44	0:00:44	0:14:19	1:24:53
98	37	Teri	Collings	SS-F30-34	0:22:44	0:01:20	0:45:38	0:04:10	0:15:59	1:25:41
99	122	Judy	Nugent	SS-F35-39	0:22:50	0:01:12	0:49:09	0:00:40	0:12:54	1:26:05
100	32	Shannon	Case	SS-M35-39	0:23:06	0:02:28	0:43:58	0:03:12	0:17:53	1:27:25
101	25	Donna	Burke	SS-F35-39	0:22:59	0:00:53	0:51:26	0:00:58	0:14:28	1:29:46
102	200	Amy	Phelan	SS-F35-39	0:22:08	0:00:53	0:54:21	0:01:01	0:15:11	1:32:32
103	4	Michael	Anderson	SS-M30-34	0:12:54	0:00:31	1:11:30	0:00:25	0:13:53	1:38:48
104	220	Anne	Stephens	SS-F25-29	0:12:45	0:00:58	0:50:06			2:29:25















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11:50:48

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12:19:59