

GRTC Freezeroo Race 1 Age Group & Overall Results
Saturday December 13, 2008 **Pineway Ponds Park, Spencerport, NY**
213 Finishers(149 Male, 64 Female)
Timed by YellowJacket Racing

| Pos | Bib | Name | Gender | Class | Age | City | Series | Time | Pace |
|----------------|-----|----------------------------|--------|----------------|-----|---------------|--------|---------|-------|
| Overall Female | | | | | | | | | |
| 1 | 117 | Dana Woody | F | Overall Female | 39 | Webster | S | 0:33:12 | 06:38 |
| Overall Male | | | | | | | | | |
| 1 | 155 | Dave Bradshaw | M | Overall Male | 30 | Macedon | S | 0:27:20 | 05:28 |
| F19UNDER | | | | | | | | | |
| 1 | 67 | Lexie Klimasewski | F | F19UNDER | 13 | Fairport | S | 0:42:54 | 08:35 |
| 2 | 176 | Shannon Toot | F | F19UNDER | 14 | Rochester | S | 0:43:41 | 08:44 |
| 3 | 178 | Shannon Trudeau | F | F19UNDER | 15 | Rochester | S | 0:55:59 | 11:12 |
| F20-24 | | | | | | | | | |
| 1 | 74 | Debbie Liana | F | F20-24 | 24 | Rochester | S | 0:39:27 | 07:53 |
| 2 | 152 | Ashlie Bonadonna | F | F20-24 | 23 | Henrietta | S | 0:40:41 | 08:08 |
| F25-29 | | | | | | | | | |
| 1 | 174 | Elizabeth Madore | F | F25-29 | 28 | Rochester | S | 0:35:50 | 07:10 |
| 2 | 82 | Muldair Moore | F | F25-29 | 26 | W. Henrietta | S | 0:36:19 | 07:16 |
| 3 | 206 | Joanna Touger Olsen | F | F25-29 | 25 | Rochester | S | 0:40:01 | 08:00 |
| 4 | 27 | Rachael DellaPietra | F | F25-29 | 29 | Webster | S | 0:42:31 | 08:30 |
| 5 | 66 | Jennifer Kerr | F | F25-29 | 29 | Rochester | S | 0:43:16 | 08:39 |
| 6 | 101 | Mary Rowe | F | F25-29 | 29 | Rochester | S | 0:50:03 | 10:01 |
| 7 | 230 | Erin McNelis | F | F25-29 | 25 | Rochester | S | 0:57:27 | 11:29 |
| 8 | 48 | Lara Haas | F | F25-29 | 28 | Rochester | S | 1:01:45 | 12:21 |
| 9 | 2 | Marie Andalora | F | F25-29 | 28 | W. Henrietta | S | 1:13:06 | 14:37 |
| F30-34 | | | | | | | | | |
| 1 | 167 | Pam Ayers | F | F30-34 | 32 | Rochester | S | 0:36:45 | 07:21 |
| 2 | 28 | Christine Deutsch | F | F30-34 | 34 | Rochester | S | 0:38:32 | 07:42 |
| 3 | 201 | Heather Danielson | F | F30-34 | 33 | Rochester | S | 0:39:00 | 07:48 |
| 4 | 90 | Emily OShea | F | F30-34 | 30 | Hilton | S | 0:42:34 | 08:31 |
| F35-39 | | | | | | | | | |
| 1 | 35 | Rebecca A Duberry | F | F35-39 | 38 | Rochester | S | 0:33:57 | 06:47 |
| 2 | 197 | Jennifer Fosegan | F | F35-39 | 36 | Fairport | S | 0:37:54 | 07:35 |
| 3 | 137 | Marissa Gordon | F | F35-39 | 39 | Fairport | S | 0:40:10 | 08:02 |
| 4 | 1 | Wendy Abbot | F | F35-39 | 35 | Rochester | S | 0:41:44 | 08:21 |
| 5 | 86 | Mari Niver-Gennarino | F | F35-39 | 38 | Rochester | S | 0:43:02 | 08:36 |
| 6 | 70 | Kathleen Leonard | F | F35-39 | 35 | Pittsford | S | 0:43:46 | 08:45 |
| 7 | 12 | Annette Brenner | F | F35-39 | 39 | Honeoye Falls | S | 0:49:57 | 09:59 |
| 8 | 184 | Leslie Lusk | F | F35-39 | 39 | Rochester | S | 0:50:25 | 10:05 |
| 9 | 203 | Tami McGraw | F | F35-39 | 35 | Brockport | S | 0:51:47 | 10:21 |
| F40-44 | | | | | | | | | |
| 1 | 121 | Amy Fakterowitz | F | F40-44 | 40 | Williamsville | S | 0:34:39 | 06:56 |
| 2 | 131 | Joanne Bradt | F | F40-44 | 44 | Scottsville | S | 0:36:25 | 07:17 |
| 3 | 157 | Karin Kellman | F | F40-44 | 41 | Penfield | S | 0:36:29 | 07:18 |
| 4 | 171 | Kerri Brown | F | F40-44 | 44 | Pittsford | S | 0:41:23 | 08:17 |
| 5 | 235 | Karen Godshall | F | F40-44 | 40 | Spencerport | S | 0:41:52 | 08:22 |
| 6 | 68 | Sarah Klimasewski | F | F40-44 | 40 | Fairport | S | 0:43:00 | 08:36 |
| 7 | 98 | Diane Prystajko | F | F40-44 | 44 | Spencerport | S | 0:43:25 | 08:41 |
| 8 | 92 | Patricia M Palmieri-phelan | F | F40-44 | 40 | N. Chili | S | 0:46:24 | 09:17 |
| 9 | 186 | Christina Ruhland | F | F40-44 | 40 | North Chili | S | 0:47:42 | 09:32 |
| 10 | 196 | Molly Golebiewski | F | F40-44 | 44 | Rochester | S | 0:48:39 | 09:44 |
| 11 | 93 | Lisa Perticone | F | F40-44 | 41 | Rochester | S | 0:52:21 | 10:28 |
| 12 | 182 | Brenda Tremblay | F | F40-44 | 40 | Brockport | S | 0:53:13 | 10:39 |
| 13 | 4 | Maura C Arendt | F | F40-44 | 40 | Rochester | S | 0:54:04 | 10:49 |
| F45-49 | | | | | | | | | |
| 1 | 124 | Pam Johnson | F | F45-49 | 46 | Canandaigua | S | 0:39:42 | 07:56 |
| 2 | 42 | Lisa Gordon | F | F45-49 | 45 | Brockport | S | 0:42:17 | 08:27 |
| 3 | 23 | Emily Cook | F | F45-49 | 45 | Pittsford | S | 0:43:33 | 08:43 |
| 4 | 30 | Amy Deyaegar | F | F45-49 | 46 | Rochester | S | 0:53:27 | 10:41 |
| 5 | 227 | Donna Kaplan | F | F45-49 | 48 | Rochester | S | 0:58:19 | 11:40 |
| 6 | 181 | Amy Butler | F | F45-49 | 49 | Rochester | S | 0:59:48 | 11:58 |
| F50-54 | | | | | | | | | |
| 1 | 47 | Cheryl Guth | F | F50-54 | 54 | Rochester | S | 0:37:05 | 07:25 |
| 2 | 99 | Marty (Martha) Roberts | F | F50-54 | 51 | PennYan | S | 0:41:11 | 08:14 |
| 3 | 179 | Karen Sable | F | F50-54 | 51 | Keuka Park | S | 0:42:07 | 08:25 |
| 4 | 89 | Mary Norman | F | F50-54 | 52 | Canandaigua | S | 0:46:52 | 09:22 |
| 5 | 213 | Nancy Phillips | F | F50-54 | 50 | North Chili | S | 0:49:47 | 09:57 |
| 6 | 97 | Marilee Pryor | F | F50-54 | 53 | Scottsville | S | 0:51:19 | 10:16 |

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|----------|----|-----------------------|---|----------|----|----------------|---|---------|-------|
| | 7 | 85 Juliann Nelson | F | F50-54 | 50 | Victor | S | 0:53:49 | 10:46 |
| | 8 | 163 Sarah Schifferer | F | F50-54 | 51 | Rochester | S | 0:57:15 | 11:27 |
| F55-59 | | | | | | | | | |
| | 1 | 216 Lynn Maxim | F | F55-59 | 55 | Pittsford | S | 0:45:42 | 09:08 |
| | 2 | 148 Kathy Henrie | F | F55-59 | 55 | Rochester | S | 0:47:10 | 09:26 |
| | 3 | 198 Jane Mahoney | F | F55-59 | 59 | Rochester | S | 0:49:06 | 09:49 |
| F60-64 | | | | | | | | | |
| | 1 | 164 Lynda Mcguire | F | F60-64 | 60 | Scottsville | S | 0:41:42 | 08:20 |
| | 2 | 73 Mitzie Lewandowski | F | F60-64 | 61 | Rochester | S | 0:46:51 | 09:22 |
| F65-69 | | | | | | | | | |
| | 1 | 69 Carolyn Kriesen | F | F65-69 | 65 | Webster | S | 0:46:17 | 09:15 |
| | 2 | 100 Joan Rosati | F | F65-69 | 69 | North Chili | S | 0:53:33 | 10:43 |
| F70-74 | | | | | | | | | |
| | 1 | 16 Joanne Carr | F | F70-74 | 70 | Churchville | S | 0:57:28 | 11:30 |
| M19UNDER | | | | | | | | | |
| | 1 | 58 Ben Ivie | M | M19UNDER | 14 | Scottsville | S | 0:36:54 | 07:23 |
| | 2 | 204 Lukas Curley | M | M19UNDER | 18 | Churchville | S | 0:37:43 | 07:33 |
| | 3 | 161 Joey Carr | M | M19UNDER | 13 | Churchville | S | 0:40:57 | 08:11 |
| | 4 | 29 Jack Deyaegar | M | M19UNDER | 13 | Rochester | S | 0:48:26 | 09:41 |
| | 5 | 175 Matt Trudeau | M | M19UNDER | 13 | Rochester | S | 1:00:03 | 12:01 |
| M20-24 | | | | | | | | | |
| | 1 | 150 Matthew Roberts | M | M20-24 | 24 | Henrietta | S | 0:29:04 | 05:49 |
| | 2 | 129 Philip Nesbitt | M | M20-24 | 22 | Rochester | S | 0:32:55 | 06:35 |
| | 3 | 127 Andy Frank | M | M20-24 | 24 | Hilton | S | 0:33:50 | 06:46 |
| M25-29 | | | | | | | | | |
| | 1 | 15 Steve Cahoon | M | M25-29 | 26 | Cheektowaga | S | 0:32:51 | 06:34 |
| | 2 | 170 Seth Adanti | M | M25-29 | 29 | Rochester | S | 0:33:27 | 06:41 |
| | 3 | 51 Joe Halter | M | M25-29 | 27 | West Seneca | S | 0:34:02 | 06:48 |
| | 4 | 205 Keith Olson | M | M25-29 | 26 | Rochester | S | 0:34:15 | 06:51 |
| | 5 | 144 Adam Insalaco | M | M25-29 | 28 | Irondequoit | S | 0:38:04 | 07:37 |
| | 6 | 207 Brian Glass | M | M25-29 | 29 | Rochester | S | 0:41:21 | 08:16 |
| | 7 | 3 Corey Andalora | M | M25-29 | 28 | W. Henrietta | S | 0:44:46 | 08:57 |
| M30-34 | | | | | | | | | |
| | 1 | 153 Matt Blodgett | M | M30-34 | 31 | Fairport | S | 0:29:11 | 05:50 |
| | 2 | 40 Paul Glor | M | M30-34 | 30 | Rochester | S | 0:30:00 | 06:00 |
| | 3 | 223 Alan Powers | M | M30-34 | 32 | Rochester | S | 0:31:07 | 06:13 |
| | 4 | 145 Michael Coyle | M | M30-34 | 33 | Irondequoit | S | 0:31:36 | 06:19 |
| | 5 | 146 Colby Shores | M | M30-34 | 33 | Irondequoit | S | 0:32:16 | 06:27 |
| | 6 | 219 Kevin Nasman | M | M30-34 | 34 | Churchville | S | 0:32:19 | 06:28 |
| | 7 | 220 Joe Flanigan | M | M30-34 | 30 | Claredon | S | 0:34:55 | 06:59 |
| | 8 | 34 Raymond Dry | M | M30-34 | 34 | Rochester | S | 0:38:19 | 07:40 |
| | 9 | 123 James Collins | M | M30-34 | 33 | Penfield | S | 0:39:10 | 07:50 |
| | 10 | 75 Steve Lynch | M | M30-34 | 34 | w. Henrietta | S | 0:40:34 | 08:07 |
| | 11 | 190 Kevin Kehoe | M | M30-34 | 33 | Rochester | S | 0:41:43 | 08:21 |
| | 12 | 194 Eric Shoen | M | M30-34 | 32 | Rochester | S | 0:45:15 | 09:03 |
| M35-39 | | | | | | | | | |
| | 1 | 158 Matt Tytler | M | M35-39 | 36 | Irondequoit | S | 0:29:22 | 05:52 |
| | 2 | 224 John Farrell | M | M35-39 | 39 | Penfield | S | 0:30:44 | 06:09 |
| | 3 | 135 John Hair | M | M35-39 | 39 | West Henrietta | S | 0:31:34 | 06:19 |
| | 4 | 55 Matt Hortop | M | M35-39 | 35 | Pittsford | S | 0:32:38 | 06:32 |
| | 5 | 185 Boots | M | M35-39 | 39 | Rochester | S | 0:32:59 | 06:36 |
| | 6 | 19 Martin Coffey | M | M35-39 | 39 | Pittsford | S | 0:33:08 | 06:38 |
| | 7 | 132 Alan McAllister | M | M35-39 | 39 | Rochester | S | 0:34:40 | 06:56 |
| | 8 | 128 Matthew Davis | M | M35-39 | 36 | Rochester | S | 0:35:01 | 07:00 |
| | 9 | 218 Chris Cody | M | M35-39 | 35 | Churchville | S | 0:36:15 | 07:15 |
| | 10 | 103 Jean-Paul Scott | M | M35-39 | 39 | Rochester | S | 0:36:37 | 07:19 |
| | 11 | 208 Paul Sikorski | M | M35-39 | 36 | Rochester | S | 0:37:30 | 07:30 |
| | 12 | 187 Joseph McMahon | M | M35-39 | 39 | Rochester | S | 0:38:52 | 07:46 |
| | 13 | 154 Steve Phillips | M | M35-39 | 39 | Avon | S | 0:39:22 | 07:52 |
| | 14 | 156 Paul Fiorica | M | M35-39 | 35 | Rochester | S | 0:40:23 | 08:05 |
| | 15 | 193 David VanDeVoorde | M | M35-39 | 36 | Fairport | S | 0:40:34 | 08:07 |
| | 16 | 17 Doug Caswell | M | M35-39 | 39 | Penfield | S | 0:44:08 | 08:50 |
| M40-44 | | | | | | | | | |
| | 1 | 160 Matt Kellman | M | M40-44 | 44 | Penfield | S | 0:30:03 | 06:01 |
| | 2 | 172 Michael Brown | M | M40-44 | 44 | Pittsford | S | 0:32:41 | 06:32 |
| | 3 | 18 Tim Ciancione | M | M40-44 | 43 | Rochester | S | 0:32:46 | 06:33 |
| | 4 | 13 John Brindamonr | M | M40-44 | 42 | Rochester | S | 0:33:44 | 06:45 |
| | 5 | 149 Patrick Milligan | M | M40-44 | 44 | Rochester | S | 0:33:46 | 06:45 |
| | 6 | 60 Alex Johnson | M | M40-44 | 42 | Liverpool | S | 0:34:18 | 06:52 |
| | 7 | 192 Jeff Chester | M | M40-44 | 43 | Rochester | S | 0:35:23 | 07:05 |

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|----|----------------------|---|--------|----|-------------|---|---------|-------|
| 8 | 199 Gary Dill | M | M40-44 | 43 | Rochester | S | 0:35:47 | 07:09 |
| 9 | 71 Steven Levitski | M | M40-44 | 41 | Rochester | S | 0:36:08 | 07:14 |
| 10 | 8 Marc Bigsby | M | M40-44 | 40 | Rochester | S | 0:36:17 | 07:15 |
| 11 | 151 Paul Dittman | M | M40-44 | 40 | Hilton | | 0:36:24 | 07:17 |
| 12 | 80 Peter McCandlish | M | M40-44 | 44 | Rochester | S | 0:36:40 | 07:20 |
| 13 | 87 Bill Nobes | M | M40-44 | 40 | Fairport | | 0:37:23 | 07:29 |
| 14 | 226 David Sauter | M | M40-44 | 41 | Penfield | S | 0:37:41 | 07:32 |
| 15 | 20 Thomas Collins | M | M40-44 | 43 | Pittsford | S | 0:39:27 | 07:53 |
| 16 | 44 Brian Grant | M | M40-44 | 41 | Rochester | S | 0:39:27 | 07:53 |
| 17 | 168 Scott McAllister | M | M40-44 | 41 | Webster | S | 0:39:55 | 07:59 |
| 18 | 188 Kenneth Johnson | M | M40-44 | 44 | Canandaigua | S | 0:40:12 | 08:02 |
| 19 | 159 Dale Dimick | M | M40-44 | 41 | Webster | S | 0:40:47 | 08:09 |
| 20 | 191 Al Marciano | M | M40-44 | 42 | Spencerport | S | 0:44:59 | 09:00 |
| 21 | 211 George Barido | M | M40-44 | 41 | Bethesda | | 0:45:27 | 09:05 |
| 22 | 37 Matthew Fleig | M | M40-44 | 42 | Rochester | S | 0:45:35 | 09:07 |
| 23 | 21 Rob Commisso | M | M40-44 | 43 | Pittsford | S | 0:45:45 | 09:09 |
| 24 | 228 Fred Krampe | M | M40-44 | 44 | Hilton | S | 0:52:17 | 10:27 |
| 25 | 217 Shannon Silvus | M | M40-44 | 41 | Penfield | S | 0:54:25 | 10:53 |
| 26 | 183 Thomas Butler | M | M40-44 | 44 | Rochester | S | 0:59:13 | 11:51 |

M45-49

| | | | | | | | | |
|----|------------------------|---|--------|----|---------------|---|---------|-------|
| 1 | 162 Tim Dwyer | M | M45-49 | 49 | Rochester | S | 0:29:46 | 05:57 |
| 2 | 77 Mark Madigan | M | M45-49 | 47 | Rochester | S | 0:30:15 | 06:03 |
| 3 | 76 Tony Machulskis | M | M45-49 | 49 | Rochester | S | 0:31:15 | 06:15 |
| 4 | 122 Don Seitz | M | M45-49 | 49 | Williamsville | | 0:31:50 | 06:22 |
| 5 | 113 Randy Dunham | M | M45-49 | 47 | Spencerport | S | 0:33:23 | 06:41 |
| 6 | 115 Daniel Giblin | M | M45-49 | 47 | Rochester | S | 0:34:49 | 06:58 |
| 7 | 43 Tim Gordon | M | M45-49 | 49 | Brockport | S | 0:36:01 | 07:12 |
| 8 | 210 Lee Cohen | M | M45-49 | 48 | Brockport | | 0:36:30 | 07:18 |
| 9 | 114 Chris Washburn | M | M45-49 | 47 | Newark | S | 0:37:17 | 07:27 |
| 10 | 134 Douglas Prindle | M | M45-49 | 48 | Fairport | S | 0:37:46 | 07:33 |
| 11 | 119 Mark Monachino | M | M45-49 | 49 | Macedon | S | 0:37:48 | 07:34 |
| 12 | 14 Steve Cackett | M | M45-49 | 45 | Pittsford | S | 0:37:58 | 07:36 |
| 13 | 209 Daniel Taggerty | M | M45-49 | 45 | Rochester | S | 0:38:16 | 07:39 |
| 14 | 130 Chuck Giordano | M | M45-49 | 49 | Hilton | | 0:38:16 | 07:39 |
| 15 | 38 Bob Gates | M | M45-49 | 47 | Hamlin | S | 0:38:16 | 07:39 |
| 16 | 173 Jim Broderick | M | M45-49 | 47 | Canandaigua | | 0:39:10 | 07:50 |
| 17 | 81 Bob Merberg | M | M45-49 | 48 | Fairport | S | 0:39:36 | 07:55 |
| 18 | 138 John Tarduno | M | M45-49 | 47 | Rochester | S | 0:39:43 | 07:57 |
| 19 | 112 Sean Hendrick | M | M45-49 | 46 | Rochester | S | 0:40:46 | 08:09 |
| 20 | 24 Robert Cope | M | M45-49 | 48 | Livonia | S | 0:41:01 | 08:12 |
| 21 | 50 Dudley Hallstead | M | M45-49 | 49 | Canandaigua | S | 0:42:37 | 08:31 |
| 22 | 189 Michael Mullane | M | M45-49 | 45 | Fairport | S | 0:42:38 | 08:32 |
| 23 | 91 Ronald R Paeth | M | M45-49 | 45 | Kendall | S | 0:44:08 | 08:50 |
| 24 | 142 William Lerkins | M | M45-49 | 48 | Rochester | S | 0:47:13 | 09:27 |
| 25 | 222 James VanBrederode | M | M45-49 | 45 | Spencerport | | 0:47:55 | 09:35 |
| 26 | 212 Steve Maier | M | M45-49 | 46 | Brockport | | 0:50:11 | 10:02 |
| 27 | 231 Dave Smith | M | M45-49 | 45 | Hilton | S | 0:52:39 | 10:32 |
| 28 | 177 Mark Trudeau | M | M45-49 | 46 | Rochester | S | 1:03:15 | 12:39 |

M50-54

| | | | | | | | | |
|----|---------------------------|---|--------|----|----------------|---|---------|-------|
| 1 | 133 Leslie Stephen Mentel | M | M50-54 | 50 | Rochester | S | 0:32:16 | 06:27 |
| 2 | 111 Bob Yax | M | M50-54 | 54 | Springwater | S | 0:34:06 | 06:49 |
| 3 | 116 Dick Moriarty | M | M50-54 | 52 | Churchville | | 0:34:19 | 06:52 |
| 4 | 166 Rod Potter | M | M50-54 | 53 | Rochester | S | 0:34:47 | 06:57 |
| 5 | 143 Frank Quattrone | M | M50-54 | 53 | Webster | S | 0:35:09 | 07:02 |
| 6 | 26 Matt Degma | M | M50-54 | 54 | Rochester | S | 0:35:34 | 07:07 |
| 7 | 233 Wilt Alston | M | M50-54 | 50 | Rochester | S | 0:36:31 | 07:18 |
| 8 | 136 Mark Harrison | M | M50-54 | 54 | West Henrietta | S | 0:37:22 | 07:28 |
| 9 | 54 David Henderson | M | M50-54 | 50 | Honeoye Falls | S | 0:37:54 | 07:35 |
| 10 | 79 Mark McArdle | M | M50-54 | 54 | Rochester | S | 0:38:02 | 07:36 |
| 11 | 46 Lawrence P Guskowski | M | M50-54 | 52 | Rochester | S | 0:38:39 | 07:44 |
| 12 | 169 Dan English | M | M50-54 | 51 | Pittsford | S | 0:38:42 | 07:44 |
| 13 | 7 Bill Beyerbach | M | M50-54 | 53 | Rochester | S | 0:38:50 | 07:46 |
| 14 | 65 Jim Kerr | M | M50-54 | 54 | Canandaigua | S | 0:39:03 | 07:49 |
| 15 | 57 Rich Ivie | M | M50-54 | 54 | Scottsville | S | 0:39:17 | 07:51 |
| 16 | 221 John Curry | M | M50-54 | 51 | Brockport | S | 0:39:59 | 08:00 |
| 17 | 141 John Schaefer | M | M50-54 | 54 | Henrietta | S | 0:40:07 | 08:01 |
| 18 | 140 Tom Hawkins | M | M50-54 | 50 | Williamson | S | 0:41:48 | 08:22 |
| 19 | 234 Mark Lincoln | M | M50-54 | 51 | Pittsford | S | 0:43:42 | 08:44 |
| 20 | 118 Daniel Silick | M | M50-54 | 52 | Hilton | S | 0:43:49 | 08:46 |
| 21 | 62 Jim Kaiser | M | M50-54 | 50 | Webster | S | 0:47:21 | 09:28 |
| 22 | 165 Dan Katz | M | M50-54 | 54 | Pittsford | S | 0:47:51 | 09:34 |
| 23 | 229 Dennis Culhane | M | M50-54 | 54 | Rochester | S | 0:48:12 | 09:38 |
| 24 | 33 David Dilgard | M | M50-54 | 54 | Penfield | S | 0:54:52 | 10:58 |

M55-59

| | | | | | | | | |
|---|-----------------|---|--------|----|-----------|---|---------|-------|
| 1 | 202 Mark Barry | M | M55-59 | 56 | Rochester | S | 0:33:33 | 06:43 |
| 2 | 232 Paul Persia | M | M55-59 | 57 | Batavia | S | 0:34:33 | 06:55 |
| 3 | 9 David Blake | M | M55-59 | 59 | Stafford | S | 0:35:36 | 07:07 |

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|----|-----|-----------------|---|--------|----|------------|---|---------|-------|
| 4 | 139 | Glen Burkhart | M | M55-59 | 58 | Fariport | S | 0:37:03 | 07:25 |
| 5 | 52 | Stephen Hedges | M | M55-59 | 59 | Rochester | S | 0:38:30 | 07:42 |
| 6 | 214 | David Davenport | M | M55-59 | 57 | Rochester | S | 0:38:45 | 07:45 |
| 7 | 6 | Chris Barry | M | M55-59 | 56 | Newark | S | 0:39:14 | 07:51 |
| 8 | 63 | Jack Kasperski | M | M55-59 | 57 | Fairport | S | 0:39:25 | 07:53 |
| 9 | 200 | John Zonitch | M | M55-59 | 55 | Albion | S | 0:41:00 | 08:12 |
| 10 | 180 | Philip Mann | M | M55-59 | 57 | Keuka Park | S | 0:44:23 | 08:53 |
| 11 | 215 | Mark Maxim | M | M55-59 | 59 | Pittsford | S | 0:46:35 | 09:19 |

M60-64

| | | | | | | | | | |
|---|-----|------------------|---|--------|----|-----------|---|---------|-------|
| 1 | 147 | Tony Gingello | M | M60-64 | 61 | Rochester | S | 0:33:02 | 06:36 |
| 2 | 56 | Roger Howe | M | M60-64 | 61 | Rochester | S | 0:36:04 | 07:13 |
| 3 | 120 | Rick Erb | M | M60-64 | 60 | Rushville | S | 0:36:20 | 07:16 |
| 4 | 106 | Gary Updyke | M | M60-64 | 60 | Pittsford | S | 0:39:15 | 07:51 |
| 5 | 195 | Barry Watkins | M | M60-64 | 63 | Rochester | S | 0:39:29 | 07:54 |
| 6 | 22 | James Conklin | M | M60-64 | 60 | Walworth | S | 0:42:13 | 08:27 |
| 7 | 72 | Dick Lewandowski | M | M60-64 | 64 | Rochester | S | 0:56:00 | 11:12 |
| 8 | 84 | William Murphy | M | M60-64 | 60 | Rochester | S | 1:04:07 | 12:49 |

M65-69

| | | | | | | | | | |
|---|-----|-----------------|---|--------|----|-----------|---|---------|-------|
| 1 | 110 | Bill White | M | M65-69 | 66 | Hilton | S | 0:41:39 | 08:20 |
| 2 | 10 | Sid Bolton | M | M65-69 | 66 | Albion | S | 0:44:10 | 08:50 |
| 3 | 225 | Robert Carafice | M | M65-69 | 65 | Rochester | S | 0:53:36 | 10:43 |

M70-74

| | | | | | | | | | |
|---|-----|---------------|---|--------|----|-----------|---|---------|-------|
| 1 | 53 | Dave Heeks | M | M70-74 | 71 | Rochester | S | 0:51:19 | 10:16 |
| 2 | 105 | Al Smith | M | M70-74 | 70 | Rochester | S | 0:52:52 | 10:34 |
| 3 | 126 | Sanford Toole | M | M70-74 | 70 | Rochester | S | 0:59:01 | 11:48 |

No Age

| | | | | | | | | | |
|---|-----|----------------|---|--------|---|-----------|---|---------|-------|
| 1 | 64 | Jennifer Kelly | F | No Age | ? | Rochester | | 0:44:38 | 08:56 |
| 2 | 125 | Michael Burns | M | No Age | ? | Rochester | S | 0:46:15 | 09:15 |
| 3 | 61 | Art Jones | M | No Age | ? | Rochester | S | 0:48:16 | 09:39 |

Overall Results

| Pos | Bib | Name | Gender | M/F Place | Class | Age | City | Series | Time | Pace |
|-----|-----|-----------------------|--------|-----------|----------------|-----|----------------|--------|---------|-------|
| 1 | 155 | Dave Bradshaw | M | 1 | Overall Male | 30 | Macedon | S | 0:27:20 | 05:28 |
| 2 | 150 | Matthew Roberts | M | 2 | M20-24 | 24 | Henrietta | S | 0:29:04 | 05:49 |
| 3 | 153 | Matt Blodgett | M | 3 | M30-34 | 31 | Fairport | S | 0:29:11 | 05:50 |
| 4 | 158 | Matt Tytler | M | 4 | M35-39 | 36 | Irondequoit | S | 0:29:22 | 05:52 |
| 5 | 162 | Tim Dwyer | M | 5 | M45-49 | 49 | Rochester | S | 0:29:46 | 05:57 |
| 6 | 40 | Paul Glor | M | 6 | M30-34 | 30 | Rochester | S | 0:30:00 | 06:00 |
| 7 | 160 | Matt Kellman | M | 7 | M40-44 | 44 | Penfield | S | 0:30:03 | 06:01 |
| 8 | 77 | Mark Madigan | M | 8 | M45-49 | 47 | Rochester | S | 0:30:15 | 06:03 |
| 9 | 224 | John Farrell | M | 9 | M35-39 | 39 | Penfield | | 0:30:44 | 06:09 |
| 10 | 223 | Alan Powers | M | 10 | M30-34 | 32 | Rochester | S | 0:31:07 | 06:13 |
| 11 | 76 | Tony Machulskis | M | 11 | M45-49 | 49 | Rochester | S | 0:31:15 | 06:15 |
| 12 | 135 | John Hair | M | 12 | M35-39 | 39 | West Henrietta | S | 0:31:34 | 06:19 |
| 13 | 145 | Michael Coyle | M | 13 | M30-34 | 33 | Irondequoit | S | 0:31:36 | 06:19 |
| 14 | 122 | Don Seitz | M | 14 | M45-49 | 49 | Williamsville | | 0:31:50 | 06:22 |
| 15 | 146 | Colby Shores | M | 15 | M30-34 | 33 | Irondequoit | S | 0:32:16 | 06:27 |
| 16 | 133 | Leslie Stephen Mentel | M | 16 | M50-54 | 50 | Rochester | S | 0:32:16 | 06:27 |
| 17 | 219 | Kevin Nasman | M | 17 | M30-34 | 34 | Churchville | S | 0:32:19 | 06:28 |
| 18 | 55 | Matt Hortop | M | 18 | M35-39 | 35 | Pittsford | S | 0:32:38 | 06:32 |
| 19 | 172 | Michael Brown | M | 19 | M40-44 | 44 | Pittsford | S | 0:32:41 | 06:32 |
| 20 | 18 | Tim Ciancione | M | 20 | M40-44 | 43 | Rochester | S | 0:32:46 | 06:33 |
| 21 | 15 | Steve Cahoon | M | 21 | M25-29 | 26 | Cheektowaga | S | 0:32:51 | 06:34 |
| 22 | 129 | Philip Nesbitt | M | 22 | M20-24 | 22 | Rochester | S | 0:32:55 | 06:35 |
| 23 | 185 | Boots | M | 23 | M35-39 | 39 | Rochester | S | 0:32:59 | 06:36 |
| 24 | 147 | Tony Gingello | M | 24 | M60-64 | 61 | Rochester | S | 0:33:02 | 06:36 |
| 25 | 19 | Martin Coffey | M | 25 | M35-39 | 39 | Pittsford | S | 0:33:08 | 06:38 |
| 26 | 117 | Dana Woody | F | 1 | Overall Female | 39 | Webster | S | 0:33:12 | 06:38 |
| 27 | 113 | Randy Dunham | M | 26 | M45-49 | 47 | Spencerport | S | 0:33:23 | 06:41 |
| 28 | 170 | Seth Adanti | M | 27 | M25-29 | 29 | Rochester | S | 0:33:27 | 06:41 |
| 29 | 202 | Mark Barry | M | 28 | M55-59 | 56 | Rochester | S | 0:33:33 | 06:43 |
| 30 | 13 | John Brindamonr | M | 29 | M40-44 | 42 | Rochester | S | 0:33:44 | 06:45 |
| 31 | 149 | Patrick Milligan | M | 30 | M40-44 | 44 | Rochester | S | 0:33:46 | 06:45 |
| 32 | 127 | Andy Frank | M | 31 | M20-24 | 24 | Hilton | | 0:33:50 | 06:46 |
| 33 | 35 | Rebecca A Duberry | F | 2 | F35-39 | 38 | Rochester | S | 0:33:57 | 06:47 |
| 34 | 51 | Joe Halter | M | 32 | M25-29 | 27 | West Seneca | S | 0:34:02 | 06:48 |
| 35 | 111 | Bob Yax | M | 33 | M50-54 | 54 | Springwater | S | 0:34:06 | 06:49 |
| 36 | 205 | Keith Olson | M | 34 | M25-29 | 26 | Rochester | | 0:34:15 | 06:51 |
| 37 | 60 | Alex Johnson | M | 35 | M40-44 | 42 | Liverpool | S | 0:34:18 | 06:52 |
| 38 | 116 | Dick Moriarty | M | 36 | M50-54 | 52 | Churchville | | 0:34:19 | 06:52 |
| 39 | 232 | Paul Persia | M | 37 | M55-59 | 57 | Batavia | S | 0:34:33 | 06:55 |
| 40 | 121 | Amy Fakterowitz | F | 3 | F40-44 | 40 | Williamsville | S | 0:34:39 | 06:56 |
| 41 | 132 | Alan McAllister | M | 38 | M35-39 | 39 | Rochester | S | 0:34:40 | 06:56 |
| 42 | 166 | Rod Potter | M | 39 | M50-54 | 53 | Rochester | S | 0:34:47 | 06:57 |

| | | | | | | | | | | |
|-----|-----|----------------------|---|-----|----------|----|----------------|---|---------|-------|
| 43 | 115 | Daniel Giblin | M | 40 | M45-49 | 47 | Rochester | S | 0:34:49 | 06:58 |
| 44 | 220 | Joe Flanigan | M | 41 | M30-34 | 30 | Claredon | S | 0:34:55 | 06:59 |
| 45 | 128 | Matthew Davis | M | 42 | M35-39 | 36 | Rochester | S | 0:35:01 | 07:00 |
| 46 | 143 | Frank Quattrone | M | 43 | M50-54 | 53 | Webster | S | 0:35:09 | 07:02 |
| 47 | 192 | Jeff Chester | M | 44 | M40-44 | 43 | Rochester | S | 0:35:23 | 07:05 |
| 48 | 26 | Matt Degma | M | 45 | M50-54 | 54 | Rochester | S | 0:35:34 | 07:07 |
| 49 | 9 | David Blake | M | 46 | M55-59 | 59 | Stafford | S | 0:35:36 | 07:07 |
| 50 | 199 | Gary Dill | M | 47 | M40-44 | 43 | Rochester | S | 0:35:47 | 07:09 |
| 51 | 174 | Elizabeth Madore | F | 4 | F25-29 | 28 | Rochester | S | 0:35:50 | 07:10 |
| 52 | 43 | Tim Gordon | M | 48 | M45-49 | 49 | Brockport | S | 0:36:01 | 07:12 |
| 53 | 56 | Roger Howe | M | 49 | M60-64 | 61 | Rochester | S | 0:36:04 | 07:13 |
| 54 | 71 | Steven Levitski | M | 50 | M40-44 | 41 | Rochester | S | 0:36:08 | 07:14 |
| 55 | 218 | Chris Cody | M | 51 | M35-39 | 35 | Churchville | S | 0:36:15 | 07:15 |
| 56 | 8 | Marc Bigsby | M | 52 | M40-44 | 40 | Rochester | S | 0:36:17 | 07:15 |
| 57 | 82 | Muldair Moore | F | 5 | F25-29 | 26 | W. Henrietta | S | 0:36:19 | 07:16 |
| 58 | 120 | Rick Erb | M | 53 | M60-64 | 60 | Rushville | S | 0:36:20 | 07:16 |
| 59 | 151 | Paul Dittman | M | 54 | M40-44 | 40 | Hilton | S | 0:36:24 | 07:17 |
| 60 | 131 | Joanne Bradt | F | 6 | F40-44 | 44 | Scottsville | S | 0:36:25 | 07:17 |
| 61 | 157 | Karin Kellman | F | 7 | F40-44 | 41 | Penfield | S | 0:36:29 | 07:18 |
| 62 | 210 | Lee Cohen | M | 55 | M45-49 | 48 | Brockport | S | 0:36:30 | 07:18 |
| 63 | 233 | Wilt Alston | M | 56 | M50-54 | 50 | Rochester | S | 0:36:31 | 07:18 |
| 64 | 103 | Jean-Paul Scott | M | 57 | M35-39 | 39 | Rochester | S | 0:36:37 | 07:19 |
| 65 | 80 | Peter McCandlish | M | 58 | M40-44 | 44 | Rochester | S | 0:36:40 | 07:20 |
| 66 | 167 | Pam Ayers | F | 8 | F30-34 | 32 | Rochester | S | 0:36:45 | 07:21 |
| 67 | 58 | Ben Ivie | M | 59 | M19UNDER | 14 | Scottsville | S | 0:36:54 | 07:23 |
| 68 | 139 | Glen Burkhart | M | 60 | M55-59 | 58 | Fariport | S | 0:37:03 | 07:25 |
| 69 | 47 | Cheryl Guth | F | 9 | F50-54 | 54 | Rochester | S | 0:37:05 | 07:25 |
| 70 | 114 | Chris Washburn | M | 61 | M45-49 | 47 | Newark | S | 0:37:17 | 07:27 |
| 71 | 136 | Mark Harrison | M | 62 | M50-54 | 54 | West Henrietta | S | 0:37:22 | 07:28 |
| 72 | 87 | Bill Nobes | M | 63 | M40-44 | 40 | Fairport | S | 0:37:23 | 07:29 |
| 73 | 208 | Paul Sikorski | M | 64 | M35-39 | 36 | Rochester | S | 0:37:30 | 07:30 |
| 74 | 226 | David Sauter | M | 65 | M40-44 | 41 | Penfield | S | 0:37:41 | 07:32 |
| 75 | 204 | Lukas Curley | M | 66 | M19UNDER | 18 | Churchville | S | 0:37:43 | 07:33 |
| 76 | 134 | Douglas Prindle | M | 67 | M45-49 | 48 | Fariport | S | 0:37:46 | 07:33 |
| 77 | 119 | Mark Monachino | M | 68 | M45-49 | 49 | Macedon | S | 0:37:48 | 07:34 |
| 78 | 54 | David Henderson | M | 69 | M50-54 | 50 | Honeoye Falls | S | 0:37:54 | 07:35 |
| 79 | 197 | Jennifer Fosegan | F | 10 | F35-39 | 36 | Fairport | S | 0:37:54 | 07:35 |
| 80 | 14 | Steve Cackett | M | 70 | M45-49 | 45 | Pittsford | S | 0:37:58 | 07:36 |
| 81 | 79 | Mark McArdle | M | 71 | M50-54 | 54 | Rochester | S | 0:38:02 | 07:36 |
| 82 | 144 | Adam Insalaco | M | 72 | M25-29 | 28 | Irondequoit | S | 0:38:04 | 07:37 |
| 83 | 209 | Daniel Taggerty | M | 73 | M45-49 | 45 | Rochester | S | 0:38:16 | 07:39 |
| 84 | 130 | Chuck Giordano | M | 74 | M45-49 | 49 | Hilton | S | 0:38:16 | 07:39 |
| 85 | 38 | Bob Gates | M | 75 | M45-49 | 47 | Hamlin | S | 0:38:16 | 07:39 |
| 86 | 34 | Raymond Dry | M | 76 | M30-34 | 34 | Rochester | S | 0:38:19 | 07:40 |
| 87 | 52 | Stephen Hedges | M | 77 | M55-59 | 59 | Rochester | S | 0:38:30 | 07:42 |
| 88 | 28 | Christine Deutsch | F | 11 | F30-34 | 34 | Rochester | S | 0:38:32 | 07:42 |
| 89 | 46 | Lawrence P Guskowski | M | 78 | M50-54 | 52 | Rochester | S | 0:38:39 | 07:44 |
| 90 | 169 | Dan English | M | 79 | M50-54 | 51 | Pittsford | S | 0:38:42 | 07:44 |
| 91 | 214 | David Davenport | M | 80 | M55-59 | 57 | Rochester | S | 0:38:45 | 07:45 |
| 92 | 7 | Bill Beyerbach | M | 81 | M50-54 | 53 | Rochester | S | 0:38:50 | 07:46 |
| 93 | 187 | Joseph McMahon | M | 82 | M35-39 | 39 | Rochester | S | 0:38:52 | 07:46 |
| 94 | 201 | Heather Danielson | F | 12 | F30-34 | 33 | Rochester | S | 0:39:00 | 07:48 |
| 95 | 65 | Jim Kerr | M | 83 | M50-54 | 54 | Canandaigua | S | 0:39:03 | 07:49 |
| 96 | 173 | Jim Broderick | M | 84 | M45-49 | 47 | Canandaigua | S | 0:39:10 | 07:50 |
| 97 | 123 | James Collins | M | 85 | M30-34 | 33 | Penfield | S | 0:39:10 | 07:50 |
| 98 | 6 | Chris Barry | M | 86 | M55-59 | 56 | Newark | S | 0:39:14 | 07:51 |
| 99 | 106 | Gary Updyke | M | 87 | M60-64 | 60 | Pittsford | S | 0:39:15 | 07:51 |
| 100 | 57 | Rich Ivie | M | 88 | M50-54 | 54 | Scottsville | S | 0:39:17 | 07:51 |
| 101 | 154 | Steve Phillips | M | 89 | M35-39 | 39 | Avon | S | 0:39:22 | 07:52 |
| 102 | 63 | Jack Kasperski | M | 90 | M55-59 | 57 | Fairport | S | 0:39:25 | 07:53 |
| 103 | 20 | Thomas Collins | M | 91 | M40-44 | 43 | Pittsford | S | 0:39:27 | 07:53 |
| 104 | 44 | Brian Grant | M | 92 | M40-44 | 41 | Rochester | S | 0:39:27 | 07:53 |
| 105 | 74 | Debbie Liana | F | 13 | F20-24 | 24 | Rochester | S | 0:39:27 | 07:53 |
| 106 | 195 | Barry Watkins | M | 93 | M60-64 | 63 | Rochester | S | 0:39:29 | 07:54 |
| 107 | 81 | Bob Merberg | M | 94 | M45-49 | 48 | Fairport | S | 0:39:36 | 07:55 |
| 108 | 124 | Pam Johnson | F | 14 | F45-49 | 46 | Canandaigua | S | 0:39:42 | 07:56 |
| 109 | 138 | John Tarduno | M | 95 | M45-49 | 47 | Rochester | S | 0:39:43 | 07:57 |
| 110 | 168 | Scott McAllister | M | 96 | M40-44 | 41 | Webster | S | 0:39:55 | 07:59 |
| 111 | 221 | John Curry | M | 97 | M50-54 | 51 | Brockport | S | 0:39:59 | 08:00 |
| 112 | 206 | Joanna Touger Olsen | F | 15 | F25-29 | 25 | Rochester | S | 0:40:01 | 08:00 |
| 113 | 141 | John Schaefer | M | 98 | M50-54 | 54 | Henrietta | S | 0:40:07 | 08:01 |
| 114 | 137 | Marissa Gordon | F | 16 | F35-39 | 39 | Fairport | S | 0:40:10 | 08:02 |
| 115 | 188 | Kenneth Johnson | M | 99 | M40-44 | 44 | Canandaigua | S | 0:40:12 | 08:02 |
| 116 | 156 | Paul Fiorica | M | 100 | M35-39 | 35 | Rochester | S | 0:40:23 | 08:05 |
| 117 | 193 | David VanDeVoorde | M | 101 | M35-39 | 36 | Fairport | S | 0:40:34 | 08:07 |
| 118 | 75 | Steve Lynch | M | 102 | M30-34 | 34 | w. Henrietta | S | 0:40:34 | 08:07 |
| 119 | 152 | Ashlie Bonadonna | F | 17 | F20-24 | 23 | Henrietta | S | 0:40:41 | 08:08 |
| 120 | 112 | Sean Hendrick | M | 103 | M45-49 | 46 | Rochester | S | 0:40:46 | 08:09 |
| 121 | 159 | Dale Dimick | M | 104 | M40-44 | 41 | Webster | S | 0:40:47 | 08:09 |
| 122 | 161 | Joey Carr | M | 105 | M19UNDER | 13 | Churchville | S | 0:40:57 | 08:11 |

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|-----|-----|----------------------------|---|-----|----------|----|---------------|---|---------|-------|
| 123 | 200 | John Zonitch | M | 106 | M55-59 | 55 | Albion | S | 0:41:00 | 08:12 |
| 124 | 24 | Robert Cope | M | 107 | M45-49 | 48 | Livonia | S | 0:41:01 | 08:12 |
| 125 | 99 | Marty (Martha) Roberts | F | 18 | F50-54 | 51 | PennYan | S | 0:41:11 | 08:14 |
| 126 | 207 | Brian Glass | M | 108 | M25-29 | 29 | Rochester | S | 0:41:21 | 08:16 |
| 127 | 171 | Kerri Brown | F | 19 | F40-44 | 40 | Pittsford | S | 0:41:23 | 08:17 |
| 128 | 110 | Bill White | M | 109 | M65-69 | 66 | Hilton | S | 0:41:39 | 08:20 |
| 129 | 164 | Lynda Mcguire | F | 20 | F60-64 | 60 | Scottsville | S | 0:41:42 | 08:20 |
| 130 | 190 | Kevin Kehoe | M | 110 | M30-34 | 33 | Rochester | S | 0:41:43 | 08:21 |
| 131 | 1 | Wendy Abbot | F | 21 | F35-39 | 35 | Rochester | S | 0:41:44 | 08:21 |
| 132 | 140 | Tom Hawkins | M | 111 | M50-54 | 50 | Williamson | S | 0:41:48 | 08:22 |
| 133 | 235 | Karen Godshall | F | 22 | F40-44 | 44 | Spencerport | S | 0:41:52 | 08:22 |
| 134 | 179 | Karen Sable | F | 23 | F50-54 | 51 | Keuka Park | S | 0:42:07 | 08:25 |
| 135 | 22 | James Conklin | M | 112 | M60-64 | 60 | Walworth | S | 0:42:13 | 08:27 |
| 136 | 42 | Lisa Gordon | F | 24 | F45-49 | 45 | Brockport | S | 0:42:17 | 08:27 |
| 137 | 27 | Rachael DellaPietra | F | 25 | F25-29 | 29 | Webster | S | 0:42:31 | 08:30 |
| 138 | 90 | Emily OShea | F | 26 | F30-34 | 30 | Hilton | S | 0:42:34 | 08:31 |
| 139 | 50 | Dudley Hallstead | M | 113 | M45-49 | 49 | Canandaigua | S | 0:42:37 | 08:31 |
| 140 | 189 | Michael Mullane | M | 114 | M45-49 | 45 | Fairport | S | 0:42:38 | 08:32 |
| 141 | 67 | Lexie Klimasewski | F | 27 | F19UNDER | 13 | Fairport | S | 0:42:54 | 08:35 |
| 142 | 68 | Sarah Klimasewski | F | 28 | F40-44 | 40 | Fairport | S | 0:43:00 | 08:36 |
| 143 | 86 | Mari Niver-Gennarino | F | 29 | F35-39 | 38 | Rochester | S | 0:43:02 | 08:36 |
| 144 | 66 | Jennifer Kerr | F | 30 | F25-29 | 29 | Rochester | S | 0:43:16 | 08:39 |
| 145 | 98 | Diane Prystajko | F | 31 | F40-44 | 44 | Spencerport | S | 0:43:25 | 08:41 |
| 146 | 23 | Emily Cook | F | 32 | F45-49 | 45 | Pittsford | S | 0:43:33 | 08:43 |
| 147 | 176 | Shannon Toot | F | 33 | F19UNDER | 14 | Rochester | S | 0:43:41 | 08:44 |
| 148 | 234 | Mark Lincoln | M | 115 | M50-54 | 51 | Pittsford | S | 0:43:42 | 08:44 |
| 149 | 70 | Kathleen Leonard | F | 34 | F35-39 | 35 | Pittsford | S | 0:43:46 | 08:45 |
| 150 | 118 | Daniel Silick | M | 116 | M50-54 | 52 | Hilton | S | 0:43:49 | 08:46 |
| 151 | 91 | Ronald R Paeth | M | 117 | M45-49 | 45 | Kendall | S | 0:44:08 | 08:50 |
| 152 | 17 | Doug Caswell | M | 118 | M35-39 | 39 | Penfield | S | 0:44:08 | 08:50 |
| 153 | 10 | Sid Bolton | M | 119 | M65-69 | 66 | Albion | S | 0:44:10 | 08:50 |
| 154 | 180 | Philip Mann | M | 120 | M55-59 | 57 | Keuka Park | S | 0:44:23 | 08:53 |
| 155 | 64 | Jennifer Kelly | F | 35 | No Age | ? | Rochester | S | 0:44:38 | 08:56 |
| 156 | 3 | Corey Andalora | M | 121 | M25-29 | 28 | W. Henrietta | S | 0:44:46 | 08:57 |
| 157 | 191 | Al Marciano | M | 122 | M40-44 | 42 | Spencerport | S | 0:44:59 | 09:00 |
| 158 | 194 | Eric Shoen | M | 123 | M30-34 | 32 | Rochester | S | 0:45:15 | 09:03 |
| 159 | 211 | George Barido | M | 124 | M40-44 | 41 | Bethesda | S | 0:45:27 | 09:05 |
| 160 | 37 | Matthew Fleig | M | 125 | M40-44 | 42 | Rochester | S | 0:45:35 | 09:07 |
| 161 | 216 | Lynn Maxim | F | 36 | F55-59 | 55 | Pittsford | S | 0:45:42 | 09:08 |
| 162 | 21 | Rob Commisso | M | 126 | M40-44 | 43 | Pittsford | S | 0:45:45 | 09:09 |
| 163 | 125 | Michael Burns | M | 127 | No Age | ? | Rochester | S | 0:46:15 | 09:15 |
| 164 | 69 | Carolyn Kriesen | F | 37 | F65-69 | 65 | Webster | S | 0:46:17 | 09:15 |
| 165 | 92 | Patricia M Palmieri-phelan | F | 38 | F40-44 | 40 | N. Chili | S | 0:46:24 | 09:17 |
| 166 | 215 | Mark Maxim | M | 128 | M55-59 | 59 | Pittsford | S | 0:46:35 | 09:19 |
| 167 | 73 | Mitzie Lewandowski | F | 39 | F60-64 | 61 | Rochester | S | 0:46:51 | 09:22 |
| 168 | 89 | Mary Norman | F | 40 | F50-54 | 52 | Canandaigua | S | 0:46:52 | 09:22 |
| 169 | 148 | Kathy Henrie | F | 41 | F55-59 | 55 | Rochester | S | 0:47:10 | 09:26 |
| 170 | 142 | William Lerkins | M | 129 | M45-49 | 48 | Rochester | S | 0:47:13 | 09:27 |
| 171 | 62 | Jim Kaiser | M | 130 | M50-54 | 50 | Webster | S | 0:47:21 | 09:28 |
| 172 | 186 | Christina Ruhland | F | 42 | F40-44 | 40 | North Chili | S | 0:47:42 | 09:32 |
| 173 | 165 | Dan Katz | M | 131 | M50-54 | 54 | Pittsford | S | 0:47:51 | 09:34 |
| 174 | 222 | James VanBrederode | M | 132 | M45-49 | 45 | Spencerport | S | 0:47:55 | 09:35 |
| 175 | 229 | Dennis Culhane | M | 133 | M50-54 | 54 | Rochester | S | 0:48:12 | 09:38 |
| 176 | 61 | Art Jones | M | 134 | No Age | ? | Rochester | S | 0:48:16 | 09:39 |
| 177 | 29 | Jack Deyaegar | M | 135 | M19UNDER | 13 | Rochester | S | 0:48:26 | 09:41 |
| 178 | 196 | Molly Golebiewski | F | 43 | F40-44 | 44 | Rochester | S | 0:48:39 | 09:44 |
| 179 | 198 | Jane Mahoney | F | 44 | F55-59 | 59 | Rochester | S | 0:49:06 | 09:49 |
| 180 | 213 | Nancy Phillips | F | 45 | F50-54 | 50 | North Chili | S | 0:49:47 | 09:57 |
| 181 | 12 | Annette Brenner | F | 46 | F35-39 | 39 | Honeoye Falls | S | 0:49:57 | 09:59 |
| 182 | 101 | Mary Rowe | F | 47 | F25-29 | 29 | Rochester | S | 0:50:03 | 10:01 |
| 183 | 212 | Steve Maier | M | 136 | M45-49 | 46 | Brockport | S | 0:50:11 | 10:02 |
| 184 | 184 | Leslie Lusk | F | 48 | F35-39 | 39 | Rochester | S | 0:50:25 | 10:05 |
| 185 | 53 | Dave Heeks | M | 137 | M70-74 | 71 | Rochester | S | 0:51:19 | 10:16 |
| 186 | 97 | Marilee Pryor | F | 49 | F50-54 | 53 | Scottsville | S | 0:51:19 | 10:16 |
| 187 | 203 | Tami McGraw | F | 50 | F35-39 | 35 | Brockport | S | 0:51:47 | 10:21 |
| 188 | 228 | Fred Krampe | M | 138 | M40-44 | 44 | Hilton | S | 0:52:17 | 10:27 |
| 189 | 93 | Lisa Perticone | F | 51 | F40-44 | 41 | Rochester | S | 0:52:21 | 10:28 |
| 190 | 231 | Dave Smith | M | 139 | M45-49 | 45 | Hilton | S | 0:52:39 | 10:32 |
| 191 | 105 | Al Smith | M | 140 | M70-74 | 70 | Rochester | S | 0:52:52 | 10:34 |
| 192 | 182 | Brenda Tremblay | F | 52 | F40-44 | 40 | Brockport | S | 0:53:13 | 10:39 |
| 193 | 30 | Amy Deyaegar | F | 53 | F45-49 | 48 | Rochester | S | 0:53:27 | 10:41 |
| 194 | 100 | Joan Rosati | F | 54 | F65-69 | 69 | North Chili | S | 0:53:33 | 10:43 |
| 195 | 225 | Robert Carafice | M | 141 | M65-69 | 65 | Rochester | S | 0:53:36 | 10:43 |
| 196 | 85 | Juliann Nelson | F | 55 | F50-54 | 50 | Victor | S | 0:53:49 | 10:46 |
| 197 | 4 | Maura C Arendt | F | 56 | F40-44 | 40 | Rochester | S | 0:54:04 | 10:49 |
| 198 | 217 | Shannon Silvus | M | 142 | M40-44 | 41 | Penfield | S | 0:54:25 | 10:53 |
| 199 | 33 | David Dilgard | M | 143 | M50-54 | 54 | Penfield | S | 0:54:52 | 10:58 |
| 200 | 178 | Shannon Trudeau | F | 57 | F19UNDER | 15 | Rochester | S | 0:55:59 | 11:12 |
| 201 | 72 | Dick Lewandowski | M | 144 | M60-64 | 64 | Rochester | S | 0:56:00 | 11:12 |
| 202 | 163 | Sarah Schifferer | F | 58 | F50-54 | 51 | Rochester | S | 0:57:15 | 11:27 |

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|-----|-------------------|---|-----|----------|----|--------------|---|---------|-------|
| 203 | 230 Erin McNelis | F | 59 | F25-29 | 25 | Rochester | S | 0:57:27 | 11:29 |
| 204 | 16 Joanne Carr | F | 60 | F70-74 | 70 | Churchville | S | 0:57:28 | 11:30 |
| 205 | 227 Donna Kaplan | F | 61 | F45-49 | 46 | Rochester | S | 0:58:19 | 11:40 |
| 206 | 126 Sanford Toole | M | 145 | M70-74 | 70 | Rochester | S | 0:59:01 | 11:48 |
| 207 | 183 Thomas Butler | M | 146 | M40-44 | 44 | Rochester | S | 0:59:13 | 11:51 |
| 208 | 181 Amy Butler | F | 62 | F45-49 | 49 | Rochester | S | 0:59:48 | 11:58 |
| 209 | 175 Matt Trudeau | M | 147 | M19UNDER | 13 | Rochester | S | 1:00:03 | 12:01 |
| 210 | 48 Lara Haas | F | 63 | F25-29 | 28 | Rochester | S | 1:01:45 | 12:21 |
| 211 | 177 Mark Trudeau | M | 148 | M45-49 | 46 | Rochester | S | 1:03:15 | 12:39 |
| 212 | 84 William Murphy | M | 149 | M60-64 | 60 | Rochester | S | 1:04:07 | 12:49 |
| 213 | 2 Marie Andalora | F | 64 | F25-29 | 28 | W. Henrietta | S | 1:13:06 | 14:37 |