

**Freezero Race 4 - Hearnish 10K**  
**Saturday, January 26th, 2008 at Powder Mills Park**  
**Timed by YellowJacket Racing**

**Total Finishers 224 (Men 155, Women - 69)**

Pos	Bib	Fullname	Gender	M/F	Place	Class	Age	Series	TotalTm
1	257	Dave Bradshaw	M		1	Overall Male	29		0:37:31
2	89	Paul Glor	M		2	M25-29	29	S	0:38:06
3	5	Charlie Andrews	M		3	M50-54	50	S	0:38:47
4	179	Alan Powers	M		4	M30-34	31	S	0:39:21
5	68	Tim Dwyer	M		5	M45-49	45	S	0:39:40
6	225	Ted Thull	M		6	M45-49	46	S	0:39:53
7	188	Matthew Roberts	M		7	M20-24	23	S	0:39:56
8	108	Jochen Hoppert	M		8	M30-34	30	S	0:39:58
9	140	Mark Madigan	M		9	M45-49	46	S	0:40:16
10	74	Brian Emelson	M		10	M40-44	42	S	0:40:25
11	256	Edward Juliani	M		11	M40-44	44		0:41:03
12	264	Matt Blodgett	M		12	M30-34	30		0:41:26
13	204	Keith Scott	M		13	M45-49	45	S	0:41:44
14	282	Glenn Kofahl	M		14	M45-49	47		0:41:57
15	287	Brian Murray	M		15	M45-49	45		0:42:08
16	50	Michael Coyle	M		16	M30-34	32	S	0:42:31
17	24	Michael Brown	M		17	M40-44	43	S	0:42:33
18	263	Jill Skivington	F		1	Overall Female	28		0:42:37
19	200	John Salvador	M		18	M35-39	37	S	0:42:43
20	310	Josh Rossi	M		19	M30-34	34		0:42:46
21	85	Jim Gagnier	M		20	M40-44	43	S	0:42:54
22	261	Aaron Hoven	M		21	M19UNDER	17		0:43:11
23	78	George Fawcett	M		22	M45-49	47	S	0:43:14
24	80	Joe Flanagan	M		23	M25-29	29	S	0:43:23
25	66	Randy Dunham	M		24	M45-49	46	S	0:43:34
26	153	Brian McElroy	M		25	M45-49	46	S	0:43:38
27	88	Tony Gingello	M		26	M60-64	61	S	0:43:42
28	251	Bob Yax	M		27	M50-54	53	S	0:43:50
29	127	Thomas Lamme	M		28	M60-64	61	S	0:44:04
30	112	Todd Janssen	M		29	M40-44	40	S	0:44:06
31	18	Chris Boshnack	M		30	M40-44	42	S	0:44:07
32	142	Jennifer Malik	F		2	F25-29	28	S	0:44:08
33	170	Jeffrey M. Ouriel	M		31	M35-39	39	S	0:44:33
34	67	Michael Dunn	M		32	M50-54	51	S	0:44:38
35	113	Alex Johnson	M		33	M40-44	41	S	0:44:41
36	252	Kristen Veltz	F		3	F20-24	23		0:44:44
37	42	Martin J Coffey	M		34	M35-39	38	S	0:44:48
38	39	Tim Ciancione	M		35	M40-44	42	S	0:44:49
39	202	David B. Sauter	M		36	M40-44	40	S	0:44:53
40	58	Matthew Davis	M		37	M35-39	35	S	0:44:55
41	268	Patrick Montalbano	M		38	M19UNDER	19		0:45:01
42	295	Daniel King	M		39	M25-29	27		0:45:08
43	260	Tom Moran	M		40	M55-59	55		0:45:11
44	86	Dan Giblin	M		41	M45-49	45	S	0:45:28
45	205	Steve Scott	M		42	M50-54	52	S	0:45:47
46	163	Audra Naujokas-knapp	F		4	F35-39	38	S	0:46:13
47	249	Mark Woodhams	M		43	M50-54	50	S	0:46:13
48	254	Josh Blair	M		44	M20-24	21		0:46:17
49	270	David Howe	M		45	M20-24	21		0:46:21
50	274	Alan Heyer	M		46	M50-54	51		0:46:28
51	79	Laura Feller	F		5	F25-29	28	S	0:46:37
52	83	Anna Fox	F		6	F45-49	47	S	0:46:40
53	237	Eric Wamsley	M		47	M20-24	21	S	0:46:47
54	36	Jeff Chester	M		48	M40-44	42	S	0:46:50
55	303	Amie Francisco	F		7	F20-24	24		0:46:56

56	283	Charley Plummer	M	49	M20-24	24		0:46:57
57	59	Matt Degma	M	50	M50-54	53	S	0:46:58
58	151	Peter McCandlish	M	51	M40-44	43	S	0:47:01
59	90	Tim Gordon	M	52	M45-49	48	S	0:47:07
60	292	Megan Hyland	F	8	F25-29	29		0:47:15
61	305	David Goodband	M	53	M35-39	37		0:47:24
62	120	Josh Keefe	M	54	M25-29	26	S	0:47:37
63	23	Jim Broderick	M	55	M45-49	46	S	0:47:42
64	49	Katie Courtney	F	9	F25-29	26	S	0:47:46
65	281	Elizabeth Madore	F	10	F25-29	27		0:47:57
66	176	Steven Philips	M	56	M30-34	31	S	0:48:01
67	273	Marc Consler	M	57	M45-49	45		0:48:26
68	278	Jennifer Fosegan	F	11	F35-39	35		0:48:37
69	13	John Benson	M	58	M45-49	49	S	0:48:37
70	297	Luke Curley	M	59	M19UNDER	17		0:48:51
71	187	Steve Rivers	M	60	M45-49	46	S	0:48:54
72	56	Jim Davis	M	61	M50-54	52	S	0:48:54
73	241	Christopher Washburn	M	62	M45-49	46	S	0:48:57
74	110	Roger Howe	M	63	M60-64	60	S	0:49:08
75	181	Douglas Prindle	M	64	M45-49	47	S	0:49:15
76	259	William Harris	M	65	M35-39	35		0:49:16
77	280	Steve Tonek	M	66	M35-39	36		0:49:46
78	54	Heather Danielson	F	12	F30-34	32	S	0:49:47
79	29	Steve Cahoon	M	67	M25-29	25	S	0:49:48
80	103	Stephen Hedges	M	68	M55-59	58	S	0:49:56
81	8	Alejandro Ashe	M	69	M35-39	37	S	0:50:02
82	146	Ed Martin	M	70	M40-44	44	S	0:50:03
83	19	JoAnne Bradt	F	13	F40-44	43	S	0:50:17
84	177	Josh Platt	M	71	M19UNDER	14	S	0:50:19
85	16	Marc Bigsby	M	72	M35-39	39	S	0:50:29
86	248	Mary Wojnowski	F	14	F40-44	40	S	0:50:32
87	271	James Beaujon	M	73	M40-44	43		0:50:43
88	111	Deb Iovoli	F	15	F40-44	43	S	0:50:45
89	15	Bill Beyerbach	M	74	M50-54	52	S	0:50:47
90	21	Lisa Brassaw	F	16	F25-29	25	S	0:51:01
91	253	Kraig Conner	M	75	M19UNDER	18		0:51:10
92	93	Lawrence Guskowski	M	76	M50-54	51	S	0:51:13
93	160	Mike Mullane	M	77	M40-44	44	S	0:51:15
94	214	Carolyn Smith-Hanna	F	17	F55-59	57	S	0:51:22
95	64	Jackie Dowdeswell	F	18	F40-44	40		0:51:37
96	133	Steven Levitsky	M	78	M40-44	40	S	0:51:38
97	284	Kate Smith	F	19	F35-39	39		0:51:40
98	46	Robert D. Cope	M	79	M45-49	47	S	0:51:50
99	266	Adam Cornwell	M	80	M20-24	22		0:52:02
100	293	David Levitsky	M	81	M35-39	38		0:52:07
101	63	Julie Donlon	F	20	F25-29	28		0:52:10
102	130	Mark Lehman	M	82	M50-54	53	S	0:52:20
103	186	Mike Reinhardt	M	83	M40-44	44	S	0:52:30
104	95	Cheryl Guth	F	21	F50-54	53	S	0:52:35
105	189	(Martha) Marty Roberts	F	22	F50-54	50	S	0:52:44
106	102	Alan Hayter	M	84	M55-59	56	S	0:52:45
107	300	Emily Flagg	F	23	F30-34	33		0:52:46
108	157	Joseph P McMahan	M	85	M35-39	38	S	0:52:57
109	122	Matt Kellman	M	86	M40-44	43	S	0:52:58
110	132	Anthony A. Leonardis	M	87	M40-44	41	S	0:53:02
111	17	Ashlie Bonadonna	F	24	F20-24	22	S	0:53:18
112	230	Gary R. Updyke	M	88	M55-59	59	S	0:53:32
113	216	Marty Sochia	M	89	M45-49	47	S	0:53:47
114	149	Scott McAllister	M	90	M40-44	40	S	0:53:52
115	55	David Davenport	M	91	M55-59	56	S	0:53:54
116	121	Kevin R. Kehoe	M	92	M30-34	32	S	0:53:55

117	123	Karin Kellman	F	25	F40-44	40	S	0:54:03
118	114	Pam Johnson	F	26	F45-49	45	S	0:54:05
119	75	Rick Erb	M	93	M55-59	59	S	0:54:05
120	197	Jennifer Rybak	F	27	F35-39	37	S	0:54:07
121	72	Mary Eggers	F	28	F30-34	34		0:54:09
122	37	Sandy Churchill	F	29	F40-44	42	S	0:54:11
123	155	Lynda McGuire	F	30	F55-59	59	S	0:54:12
124	208	Daniel Sillick	M	94	M50-54	51	S	0:54:14
125	150	Mark McArdle	M	95	M50-54	53	S	0:54:24
126	304	Bill Boyle	M	96	M50-54	51		0:54:27
127	87	Tom Gibson	M	97	M45-49	45	S	0:54:33
128	309	Mike Nichting	M	98	M40-44	42		0:54:36
129	296	Rebecca Ryan	F	31	F25-29	27		0:54:44
130	228	Jeffrey Tress	M	99	M25-29	28		0:54:46
131	137	Craig Litt	M	100	M50-54	54	S	0:54:52
132	288	Ken Johnson	M	101	M40-44	43		0:54:53
133	73	Timothy Eilinger	M	102	M40-44	43	S	0:54:58
134	4	Steve Anderson	M	103	M50-54	52	S	0:55:01
135	291	Katherine Fleming	F	32	F35-39	37		0:55:05
136	255	Katrin Haase	F	33	F30-34	34		0:55:08
137	38	Andrew Ciaio	M	104	M40-44	42	S	0:55:22
138	277	Ryan Fosegan	M	105	M30-34	34		0:55:26
139	40	Kevin R. Clary	M	106	M50-54	50	S	0:55:26
140	199	Karen Sable	F	34	F50-54	50	S	0:55:37
141	275	Karen Kryder	F	35	F50-54	51		0:55:38
142	14	David A. Bernacki	M	107	M40-44	42	S	0:55:40
143	299	Juliann Soule	F	36	F35-39	37		0:55:46
144	290	David VanDeVoorde	M	108	M35-39	35		0:55:51
145	226	Julie Tobolski	F	37	F30-34	30	S	0:56:10
146	289	Julie VanDeVoorde	F	38	F30-34	31		0:56:23
147	301	Paul Sikorski	M	109	M35-39	36		0:56:34
148	258	Bruce Lavner	M	110	M50-54	54		0:56:42
149	62	Dale D. Dimick	M	111	M40-44	40	S	0:56:47
150	106	Rob Hilton	M	112	M35-39	39		0:56:57
151	1	Wilt Alston	M	113	M45-49	49	S	0:56:58
152	91	Lisa Gordon	F	39	F40-44	44	S	0:57:17
153	172	Ronald Paeth	M	114	M40-44	44	S	0:57:29
154	35	Douglas Caswell	M	115	M35-39	38	S	0:57:30
155	143	Philip Mann	M	116	M55-59	56	S	0:57:38
156	298	Calla Brown	F	40	F25-29	26		0:57:44
157	118	Paul M. Kato	M	117	M45-49	48	S	0:58:01
158	198	Charlie Sabatine	M	118	M70UP	74	S	0:58:04
159	25	Kerri Brown	F	41	F35-39	39	S	0:58:09
160	69	Bob Dyjak	M	119	M55-59	55	S	0:58:20
161	250	Leah Yates	F	42	F25-29	28		0:58:21
162	286	Danielle Brown	F	43	F19UNDER	16		0:58:23
163	232	Jeff Van Riper	M	120	M50-54	51	S	0:58:56
164	34	Joey Carr	M	121	M19UNDER	12	S	0:58:56
165	212	Douglas Smith	M	122	M40-44	41	S	0:59:13
166	276	Andrew Claus	M	123	M35-39	36		0:59:27
167	206	Rena Senner	F	44	F35-39	37	S	0:59:42
168	31	Jay Capers	M	124	M40-44	41	S	0:59:58
169	159	Bob Merberg	M	125	M45-49	47	S	1:00:06
170	44	Thomas Collins	M	126	M40-44	42	S	1:00:09
171	162	Krista Muszak	F	45	F35-39	37	S	1:00:11
172	267	Garrison Verdon	M	127	M20-24	22		1:00:18
173	100	Dudley Hallstead	M	128	M45-49	49	S	1:00:36
174	285	Nathalie Spocheli	F	46	F19UNDER	17		1:00:38
175	180	Jennifer Prest	F	47	F30-34	31	S	1:00:50
176	168	Dale ODell	M	129	M50-54	53	S	1:00:56
177	262	John Doody	M	130	M70UP	72		1:01:00

178	2 Cory Andalora	M	131	M25-29	27	S	1:01:09
179	131 Chris Leonardi	M	132	M45-49	47		1:01:18
180	210 David Smith	M	133	M40-44	44	S	1:01:30
181	272 Edward Daubert	M	134	M40-44	40		1:01:44
182	269 Doug Pereira	M	135	M35-39	38		1:02:19
183	183 Pamela Puthoor	F	48	F25-29	27		1:02:21
184	311 Ben McClintic	M	136	M25-29	28		1:02:21
185	152 Kate McClintic	F	49	F25-29	28		1:02:21
186	211 Laurie Smith	F	50	F45-49	49	S	1:02:29
187	144 Al Marciano	M	137	M40-44	41	S	1:02:40
188	306 Ken Rosenfield	M	138	M40-44	44		1:02:44
189	219 Samantha Strang	F	51	F19UNDER	17	S	1:02:50
190	302 Howard Voletsky	M	139	M70UP	83		1:02:59
191	41 Earl M. Cliffel	M	140	M65-69	68	S	1:03:08
192	51 Tom Crilly	M	141	M45-49	45	S	1:03:54
193	105 Sean Hendrick	M	142	M45-49	45	S	1:04:09
194	194 Robin Rudy	F	52	F45-49	47	S	1:04:18
195	158 Carleen Meers	F	53	F40-44	40	S	1:04:18
196	265 Anne Shigley	M	143	M20-24	20		1:05:24
197	96 Chuck Haendiges	M	144	M70UP	74	S	1:05:43
198	279 Dennis Culhane	M	145	M50-54	53		1:06:07
199	195 Christina Ruhland	F	54	F35-39	39	S	1:07:03
200	192 Kristy Rose	F	55	F25-29	27	S	1:07:10
201	175 Lisa Perticone	F	56	F40-44	40	S	1:07:41
202	154 Tamii McGraw	F	57	F30-34	34	S	1:07:43
203	104 Dave Heeks	M	146	M70UP	70	S	1:08:07
204	30 Stephanie Capers	F	58	F19UNDER	17	S	1:08:13
205	294 Stacey Vandunburgh	F	59	F40-44	44		1:09:25
206	164 Juliann Nelson	F	60	F45-49	49	S	1:09:41
207	182 Marilee Pryor	F	61	F50-54	52	S	1:09:55
208	33 Joe Carr	M	147	M40-44	44	S	1:10:07
209	307 Joe DeMarco	M	148	M50-54	53		1:10:27
210	308 Cheyenne DeMarco	F	62	F19UNDER	17		1:10:27
211	61 David Dilgard	M	149	M50-54	53	S	1:11:09
212	244 David Weiss	M	150	M60-64	63	S	1:11:33
213	135 Dick Lewandowski	M	151	M60-64	63	S	1:12:08
214	6 Maura Arendt	F	63	F35-39	39	S	1:12:28
215	191 Joan Rosati	F	64	F65-69	68	S	1:12:39
216	27 Thomas Butler	M	152	M40-44	43	S	1:12:46
217	28 Mary Ann Butler	F	65	F40-44	42		1:13:32
218	124 Jennifer Kelly	F	66	F35-39	36	S	1:16:34
219	213 Al Smith	M	153	M65-69	69	S	1:16:34
220	32 Joanne Carr	F	67	F65-69	69	S	1:18:56
221	227 Sandy Toole	M	154	M65-69	69	S	1:22:45
222	193 Mary Rowe	F	68	F25-29	28	S	1:31:59
223	3 Marie Andalora	F	69	F25-29	27	S	1:31:59
	161 William Murphy	M	155	M55-59	59	S	1:34:39