

PowerBar Trail Race - 4.5 Mile
Saturday, June 7, 2008 in Mendon Ponds Park, Mendon, NY
Timed and Produced by YellowJacket Racing
Total Finishers 107 (Male 60, Female 47)

Pos	Bib	Fullname	Gender	M/F	Place	Class	Age	City	FinishTm
1	142	Zachary Nelson	M		1	Overall Male Short Course	17	Victor	0:34:06
2	143	Peter Francia	M		2	SM19UNDER	17	Rochester	0:36:35
3	112	Gabriel Sloane	M		3	SM30-34	34	Pittsford	0:37:18
4	103	Rick Royce	M		4	SM45-49	49	Kingston	0:38:26
5	171	Dan Schwenk	M		5	SM50-54	54	Corfu	0:39:09
6	181	Tyler Magnan	M		6	SM20-24	24	Victor	0:40:11
7	178	Martin Avila	M		7	SM25-29	27	Canandaigua	0:40:18
8	60	Karen Howe	F		1	Overall Female Short Course	31	Rochester	0:40:18
9	18	Michael Collins	M		8	SM30-34	32	Churchville	0:40:37
10	47	Linda Goodridge	F		2	SF19UNDER	18	Marion	0:40:49
11	6	Matt Benedict	M		9	SM20-24	23	Caledonia	0:41:12
12	174	Kimberly Law	F		3	SF19UNDER	19	Newark	0:41:12
13	59	Eric Howe	M		10	SM30-34	30	Rochester	0:41:14
14	7	Larry Bernstein	M		11	SM45-49	48	Honeoye Falls	0:41:20
15	128	Jonathan Willistein	M		12	SM20-24	22	Scottsville	0:41:21
16	188	Kraig Conner	M		13	SM19UNDER	19	Rochester	0:41:24
17	41	Brian J. Geary	M		14	SM50-54	50	Rochester	0:41:39
18	51	Scott Hauser	M		15	SM40-44	44	Rochester	0:42:26
19	27	Julie Donlon	F		4	SF25-29	29	Farmington	0:42:33
20	195	Chris Achter	M		16	SM25-29	25	Rochester	0:42:48
21	63	Lesley Johnson	F		5	SF45-49	48	Bloomfield	0:42:50
22	108	Kathy Schwenk	F		6	SF45-49	45	Corfu	0:44:02
23	24	Heather Danielson	F		7	SF30-34	33	Rochester	0:44:07
24	138	Peter McCandlish	M		17	SM40-44	43	Rochester	0:44:08
25	28	Linda Drinkwater	F		8	SF50-54	52	Fairport	0:44:32
26	189	Kelly Jackson	F		9	SF20-24	22	Rochester	0:44:44
27	179	Michael Shannon	M		18	SM45-49	45	Honeoye Falls	0:45:40
28	190	Christopher Barry	M		19	SM55-59	56	Newark	0:45:41
29	141	David Snyder	M		20	SM50-54	52	Pittsford	0:45:49
30	145	Kristen Ryan	F		10	SF20-24	23	Rochester	0:46:12
31	133	Chuck Giordano	M		21	SM45-49	48	Hilton	0:46:32
32	29	Robin Driver	F		11	SF40-44	44	Henrietta	0:46:32
33	105	Darlene Saeva	F		12	SF45-49	49	Rochester	0:47:05
34	35	Michael Follan	M		22	SM40-44	43	Rochester	0:47:31
35	110	Kaitlyn Sennet	F		13	SF20-24	22	Rochester	0:47:32
36	90	Richard Pirson	M		23	SM30-34	31	Rochester	0:47:43
37	102	Jeannine Rossi	F		14	SF20-24	23	Clifton Springs	0:47:46
38	116	Brian Staples	M		24	SM20-24	22	Shortsville	0:47:46
39	131	Amber Wyman	F		15	SF40-44	44	Farmington	0:47:57
40	80	Mark Monachino	M		25	SM45-49	49	Macedon	0:48:01
41	32	Andrew T. Farmer	M		26	SM35-39	36	Avon	0:48:01
42	169	Charles Edkins	M		27	SM40-44	42	Hunlock Creek	0:48:17
43	42	Jennifer Gelfuso	F		16	SF30-34	33	Rochester	0:48:31
44	148	William Boyle	M		28	SM50-54	53	Canandaigua	0:48:42
45	115	John Stanford	M		29	SM45-49	47	Rochester	0:48:48
46	121	Rodolfo Valladares	M		30	SM20-24	22	Rochester	0:49:09
47	106	Frances Salgado-Givens	F		17	SF40-44	42	Rochester	0:49:19
48	46	Michele Goldstein	F		18	SF30-34	34	Mt. Morris	0:49:21
49	62	David Johnson	M		31	SM50-54	50	Bloomfield	0:49:30
50	124	Marie White	F		19	SF45-49	47	Henrietta	0:49:31
51	183	Kelly DArgeto	F		20	SF25-29	29	Fairport	0:50:26
52	17	Chris Collins	M		32	SM50-54	52	Penfield	0:51:12
53	118	Stefani Szalay-Domm	F		21	SF40-44	42	Rochester	0:51:14
54	132	Leah Yates	F		22	SF25-29	28	Farmington	0:51:29
55	45	Dane Gifford	M		33	SM55-59	59	Penn Yan	0:51:47
56	91	Bill Polito	M		34	SM55-59	55	Webster	0:52:35
57	96	Laura Rekkerth	F		23	SF20-24	21	Scottsville	0:52:49
58	109	Jean-Paul Scott	M		35	SM35-39	39	Rochester	0:53:02

59	77 Ben Melos	M	36	SM30-34	32	Rochester	0:53:32
60	136 David Bernacki	M	37	SM40-44	43	Lima	0:53:43
61	144 Michael Ryan	M	38	SM25-29	28	Rochester	0:53:48
62	134 Kathryn Montinarelli	F	24	SF25-29	26	Rochester	0:53:56
63	43 John Ghidiu	M	39	SM25-29	29	Rochester	0:54:12
64	20 Margaret Crandall	F	25	SF19UNDER	17	W. Henrietta	0:54:28
65	52 Sean Hendrick	M	40	SM45-49	45	Rochester	0:54:30
66	65 Jeffrey Katz	M	41	SM40-44	42	Pittsford	0:54:34
67	89 Ed Owen	M	42	SM40-44	41	Avon	0:54:51
68	74 Ann Maine	F	26	SF30-34	30	Rochester	0:55:17
69	79 Bob Merberg	M	43	SM45-49	48	Fairport	0:55:32
70	92 Gary Preece	M	44	SM55-59	55	Shortsville	0:56:35
71	14 Andrew Ciaio	M	45	SM40-44	42	Victor	0:56:55
72	67 Jessica Kilpatrick	F	27	SF30-34	32	Rochester	0:57:04
73	88 Becky Owen	F	28	SF40-44	40	Avon	0:57:50
74	129 Richard Withrow	M	46	SM65-69	66	Spencerport	0:57:53
75	99 Mari Rivers	F	29	SF45-49	47	Victor	0:58:12
76	191 Anna Janssen	F	30	SF40-44	40	Pittsford	0:58:14
77	31 Amy Ensign	F	31	SF25-29	26	Rochester	0:59:01
78	101 Sally Rocks	F	32	SF25-29	26	Rochester	0:59:01
79	185 Scott Standhart	M	47	SM35-39	35	Churchville	0:59:04
80	25 Tamara DiNolfo	F	33	SF45-49	47	Rochester	0:59:30
81	83 Christine Nabinger	F	34	SF40-44	42	Honeoye Falls	0:59:31
82	58 Jamie Howard	M	48	SM40-44	42	Albany	0:59:33
83	16 Cassandra Coffey	F	35	SF35-39	38	Pittsford	1:00:34
84	150 Beth Goldenberg	F	36	SF50-54	52	Rochester	1:00:35
85	12 Lauren Burruto	F	37	SF45-49	48	Pittsford	1:00:44
86	54 Kathy Henrie	F	38	SF50-54	54	Rochester	1:00:49
87	40 Tiffany Garnsey	F	39	SF25-29	26	Honeoye	1:01:10
88	158 Nancy Allinger	F	40	SF45-49	48	Honeoye Falls	1:01:21
89	30 Kimberly Dziabis	F	41	SF50-54	50	Leesburg	1:01:22
90	184 Walter Standhart	M	49	SM60-64	63	Rochester	1:01:43
91	76 Kimberly McGann	F	42	SF30-34	33	Avon	1:02:12
92	175 Nicholas Fuerst	M	50	SM55-59	59	Washington	1:02:21
93	36 Michael Foster	M	51	SM35-39	36	Penfield	1:02:48
94	84 Juliann Nelson	F	43	SF50-54	50	Victor	1:02:58
95	5 Denise Becker	F	44	SF30-34	32	Henrietta	1:03:03
96	23 Matthew Daniels	M	52	SM25-29	28	Walworth	1:03:28
97	147 Anthony Testa	M	53	SM35-39	37	Pittsford	1:03:35
98	164 Lynn Sullivan	F	45	SF45-49	46	Rochester	1:04:37
99	13 Larry Byron	M	54	SM45-49	49	Hamlin	1:09:00
100	53 James Hendy	M	55	SM60-64	64	Webster	1:12:20
101	114 Mary Stamp	F	46	SF55-59	57	Macedon	1:15:31
102	73 Matthew Mack	M	56	SM25-29	28	Rochester	1:16:31
103	176 Josh Larwin	M	57	SM19UNDER	19	Middleburg	1:16:31
104	127 Ethan Willistein	M	58	SM25-29	25	Scottsville	1:16:31
105	154 Bess Englehardt	F	47	SF20-24	20	Springwater	1:19:21
106	210 David Boutillier	M	59	SM35-39	38	Rochester	1:19:21
107	82 William Murphy	M	60	SM55-59	59	Rochester	1:24:12