

Spring Forward 15K
Sunday, April 6, 2008 at Mendon Ponds Park
Produced & Timed by YellowJacket Racing
Total 359 Finishers (Men - 215, Women - 144)

Pos	Bib	Fullname	Gender	M/F	Place	Class	Age	City	StartTm	Chip Time	Gun Time	Pace
1	125	Neal Holtschulte	M		1	OVERALL MALE	24	Rochester	0:00:02	0:49:49	0:49:51	0:05:22
2	257	Dan Verdi	M		2	OVERALL MALE	25	Rochester	0:00:02	0:52:12	0:52:14	0:05:37
3	91	Marcus Gage	M		3	OVERALL MALE	36	W. Henrietta	0:00:00	0:52:38	0:52:38	0:05:40
4	133	Carl Johnston	M		4	M40-44	42	Ontario	0:00:01	0:54:55	0:54:56	0:05:54
5	77	Travis Earley	M		5	M25-29	25	Rochester	0:00:02	0:55:08	0:55:10	0:05:56
6	303	Charlie Andrews	M		6	M50-54	50	Rochester	0:00:02	0:55:22	0:55:24	0:05:57
7	316	Kurt Spaker	M		7	M35-39	36	Spencerport	0:00:02	0:56:05	0:56:07	0:06:02
8	208	Alan Powers	M		8	M30-34	31	Rochester	0:00:02	0:56:12	0:56:14	0:06:03
9	254	John VanKerkhove	M		9	M45-49	46	Rochester	0:00:02	0:56:20	0:56:21	0:06:04
10	44	Mike Cocquyt	M		10	M20-24	21	Hilton	0:00:02	0:56:58	0:57:01	0:06:08
11	250	Mike Twohig	M		11	M25-29	28	North Chili	0:00:02	0:57:24	0:57:26	0:06:11
12	76	Tim Dwyer	M		12	M45-49	48	Rochester	0:00:02	0:58:08	0:58:10	0:06:15
13	10	Jeremiah Bailey	M		13	M20-24	22	Lyons	0:00:02	0:58:28	0:58:30	0:06:17
14	348	Glenn Kofahl	M		14	M45-49	47	Farmington	0:00:03	0:59:02	0:59:05	0:06:21
15	166	Brian Matthews	M		15	M25-29	27	Rochester	0:00:02	0:59:15	0:59:18	0:06:23
16	164	Mark Madigan	M		16	M45-49	47	Rochester	0:00:02	0:59:26	0:59:28	0:06:24
17	240	David Tannascoli	M		17	M25-29	25	Webster	0:00:02	0:59:34	0:59:36	0:06:25
18	281	Andy Wooding	M		18	M35-39	37	North Chili	0:00:03	0:59:55	0:59:58	0:06:27
19	313	Keith Scott	M		19	M45-49	45		0:00:03	1:00:27	1:00:30	0:06:30
20	324	Kristen Veltz	F		1	OVERALL FEMALE	24	Brockport	0:00:02	1:00:56	1:00:58	0:06:33
21	220	James Roche	M		20	M45-49	47	Fairport	0:00:03	1:01:07	1:01:10	0:06:35
22	56	Tom Curran Jr.	M		21	M45-49	47	Fayetteville	0:00:02	1:01:16	1:01:18	0:06:35
23	304	Michael Coyle	M		22	M30-34	33	Rochester	0:00:03	1:01:20	1:01:23	0:06:36
24	153	Adam Laycock	M		23	M20-24	23	Rochester	0:00:03	1:01:26	1:01:29	0:06:37
25	115	Alan Hatch	M		24	M30-34	32	Pittsford	0:00:03	1:01:50	1:01:53	0:06:39
26	255	Steve VanKerkhove	M		25	M45-49	45	Webster	0:00:03	1:02:08	1:02:11	0:06:41
27	116	Joe Haungs	M		26	M45-49	46	Rochester	0:00:00	1:02:28	1:02:28	0:06:43
28	82	George Fawcett	M		27	M45-49	47	Rochester	0:00:04	1:02:58	1:03:02	0:06:47
29	134	Matt Jones	M		28	M30-34	31	Webster	0:00:06	1:03:01	1:03:06	0:06:47
30	75	Dennis Dwyer	M		29	M45-49	45	Batavia	0:00:04	1:03:18	1:03:22	0:06:49
31	204	Charley Plummer	M		30	M20-24	24	Rochester	0:00:02	1:03:24	1:03:26	0:06:49
32	59	Beth DeCiantis	F		2	OVERALL FEMALE	45	Rochester	0:00:03	1:03:25	1:03:28	0:06:49
33	337	Jen Malik	F		3	OVERALL FEMALE	29	Rochester	0:00:03	1:03:31	1:03:35	0:06:50
34	259	Justin Voldman	M		31	M25-29	27	Rochester	0:00:04	1:03:45	1:03:49	0:06:52
35	317	Michelle Weiler	F		4	F40-44	40	Pittsford	0:00:03	1:03:51	1:03:55	0:06:52
36	100	Daniel Giblin	M		32	M45-49	46	Rochester	0:00:03	1:03:57	1:04:01	0:06:53
37	128	Tim Howland	M		33	M30-34	30	Rochester	0:00:03	1:04:00	1:04:03	0:06:53
38	129	David Hughes	M		34	M40-44	40	Pittsford	0:00:04	1:04:11	1:04:15	0:06:55
39	370	Luke Perry	M		35	M19UNDER	17	Rochester	0:00:04	1:04:17	1:04:21	0:06:55
40	74	Michael Dunn	M		36	M50-54	51	Rochester	0:00:03	1:04:22	1:04:24	0:06:56
41	179	Patrick Miller	M		37	M40-44	42	Spencerport	0:00:05	1:04:23	1:04:28	0:06:56
42	181	Travis Money	M		38	M25-29	27	Canandaigua	0:00:02	1:04:36	1:04:39	0:06:57
43	376	Audra Naujokas-Knapp	F		5	F35-39	38	Rochester	0:00:02	1:04:40	1:04:43	0:06:57
44	382	Dahl Angus	M		39	M35-39	39	Rochester	0:00:07	1:04:55	1:05:02	0:07:00
45	273	Paul Wheeler	M		40	M19UNDER	19	Rochester	0:00:06	1:05:04	1:05:10	0:07:00
46	46	Martin Coffey	M		41	M35-39	38	Pittsford	0:00:03	1:05:10	1:05:14	0:07:01
47	358	Tom Moran	M		42	M55-59	55	Batavia	0:00:03	1:05:19	1:05:22	0:07:02
48	143	Mike Kochan	M		43	M45-49	45	Fairport	0:00:05	1:05:28	1:05:32	0:07:03
49	36	Sean Carnahan	M		44	M40-44	43	Rochester	0:00:04	1:05:31	1:05:35	0:07:03
50	319	William Harris	M		45	M35-39	35	Henrietta	0:00:11	1:05:44	1:05:55	0:07:05
51	321	Bryce Mankowski	M		46	M19UNDER	19	Rochester	0:00:05	1:06:06	1:06:11	0:07:07
52	212	Frank Quattrone	M		47	M50-54	52	Webster	0:00:03	1:06:18	1:06:21	0:07:08
53	65	Christina deVries	F		6	F25-29	27	Rochester	0:00:03	1:06:25	1:06:28	0:07:09
54	21	Larry Bernstein	M		48	M45-49	47	Honeoye Falls	0:00:07	1:06:25	1:06:32	0:07:09
55	170	Jon McDonough	M		49	M35-39	37	North Chili	0:00:08	1:06:37	1:06:45	0:07:11
56	127	Dave Howe	M		50	M20-24	21	Utica	0:00:08	1:06:39	1:06:47	0:07:11
57	264	Steve Ward	M		51	M40-44	41	Pittsford	0:00:04	1:06:50	1:06:54	0:07:12
58	156	Chris Levey	M		52	M40-44	42	Penfield	0:00:04	1:06:51	1:06:55	0:07:12
59	341	Tom Dutton	M		53	M60-64	62	Livonia	0:00:03	1:06:53	1:06:56	0:07:12
60	86	Jason Fitzgerald	M		54	M35-39	36	Livonia	0:00:12	1:06:48	1:07:00	0:07:12
61	105	David Goodband	M		55	M35-39	37	Lockport	0:00:03	1:07:04	1:07:07	0:07:13
62	271	Mike Weinpress	M		56	M50-54	52	Spencerport	0:00:06	1:07:15	1:07:20	0:07:14
63	354	Dennis Danella	M		57	M30-34	33	West Henrietta	0:00:10	1:07:14	1:07:25	0:07:15
64	83	Laura Feller	F		7	F25-29	28	Rochester	0:00:03	1:07:23	1:07:26	0:07:15
65	294	Mark Barry	M		58	M55-59	55	Rochester	0:00:04	1:07:26	1:07:30	0:07:15
66	121	James Hobbs	M		59	M30-34	33	Brooklyn	0:00:07	1:07:26	1:07:33	0:07:16
67	38	Jeff Chester	M		60	M40-44	42	Rochester	0:00:04	1:07:31	1:07:35	0:07:16
68	150	Mark Larson	M		61	M35-39	38	Rochester	0:00:04	1:07:38	1:07:41	0:07:17
69	32	Michael Burns	M		62	M45-49	47	Syracuse	0:00:03	1:07:50	1:07:53	0:07:18

70	322	Robin Mitchell	M	63	M25-29	29	Rochester	0:00:06	1:07:55	1:08:02	0:07:19
71	50	Brett Crandall	M	64	M25-29	28	Rochester	0:00:04	1:08:00	1:08:03	0:07:19
72	384	Kevin Walter	M	65	M35-39	39	Pittsford	0:00:11	1:08:06	1:08:17	0:07:21
73	383	Matt Ward	M	66	M40-44	44	Rochester	0:00:05	1:08:22	1:08:26	0:07:22
74	343	Lisa Brassaw	F	8	F25-29	25	Rochester	0:00:03	1:08:25	1:08:28	0:07:22
75	345	Daniel Curtis	M	67	M35-39	36	Cortsville	0:00:07	1:08:42	1:08:49	0:07:24
76	244	Joshua Thomson	M	68	M19UNDER	19	Rochester	0:00:13	1:08:37	1:08:51	0:07:24
77	216	Laura Richenderfer	F	9	F20-24	22	Rochester	0:00:14	1:08:41	1:08:55	0:07:25
78	243	Lawrence Taylor	M	69	M50-54	51	Fairport	0:00:04	1:08:56	1:09:00	0:07:25
79	90	Anna Fox	F	10	F45-49	47	Palmyra	0:00:03	1:09:02	1:09:05	0:07:26
80	79	Alan Embrey	M	70	M35-39	36	Webster	0:00:12	1:08:59	1:09:10	0:07:26
81	108	Tim Gordon	M	71	M45-49	48	Brockport	0:00:05	1:09:14	1:09:19	0:07:27
82	97	Brian Geary	M	72	M45-49	49	Rochester	0:00:04	1:09:16	1:09:20	0:07:27
83	368	Ralf Senner	M	73	M40-44	41	Pittsford	0:00:07	1:09:21	1:09:28	0:07:28
84	33	Steve Cahoon	M	74	M25-29	25	Cheektowaga	0:00:05	1:09:25	1:09:30	0:07:28
85	173	Jim McLaughlin	M	75	M35-39	38	Webster	0:00:09	1:09:27	1:09:35	0:07:29
86	51	Wayne Crandall	M	76	M45-49	45	W. Henrietta	0:00:04	1:09:39	1:09:42	0:07:30
87	70	Zack Dix	M	77	M19UNDER	14	Palmyra	0:00:13	1:09:33	1:09:46	0:07:30
88	154	Mark Lehman	M	78	M50-54	53	Honeoye Falls	0:00:10	1:09:47	1:09:56	0:07:31
89	53	John Creary	M	79	M45-49	47	Pittsford	0:00:10	1:09:56	1:10:05	0:07:32
90	26	Alan Borrelli	M	80	M35-39	39	Fairport	0:00:06	1:10:05	1:10:11	0:07:33
91	287	David Zimpfer	M	81	M30-34	33	Rochester	0:00:05	1:10:16	1:10:20	0:07:34
92	146	Kevin Krueger	M	82	M45-49	45	Penfield	0:00:10	1:10:13	1:10:23	0:07:34
93	94	Doug Gardner	M	83	M40-44	41	Utica	0:00:11	1:10:21	1:10:32	0:07:35
94	306	Sarah Stanistreet	F	11	F20-24	23	Victor	0:00:11	1:10:27	1:10:38	0:07:36
95	323	John Rose	M	84	M40-44	43	Rochester	0:00:06	1:10:50	1:10:56	0:07:38
96	60	Matt Degma	M	85	M50-54	53	Rochester	0:00:04	1:10:53	1:10:58	0:07:38
97	372	Doug Buerkle	M	86	M40-44	41	Rochester	0:00:13	1:10:50	1:11:03	0:07:38
98	159	Steven Levitsky	M	87	M40-44	41	Rochester	0:00:10	1:10:56	1:11:06	0:07:39
99	290	Nicole Busschaent	F	12	F30-34	31	Webster	0:00:04	1:11:23	1:11:27	0:07:41
100	66	Douglas DeWeaver	M	88	M50-54	50	Newark	0:00:15	1:11:21	1:11:35	0:07:42
101	29	John BrindAmour	M	89	M40-44	41	Rochester	0:00:02	1:11:34	1:11:36	0:07:42
102	200	Jonathan Petruccelli	M	90	M25-29	27	Rochester	0:00:13	1:11:28	1:11:40	0:07:42
103	344	Lou Katz	M	91	M55-59	56	Spencerport	0:00:06	1:11:40	1:11:46	0:07:43
104	265	Christopher Washburn	M	92	M45-49	46	Newark	0:00:06	1:11:57	1:12:03	0:07:45
105	362	Mitch Moore	M	93	M50-54	53	Rochester	0:00:07	1:12:05	1:12:12	0:07:46
106	215	Jean Regan	F	13	F50-54	50	Cazenovia	0:00:11	1:12:05	1:12:17	0:07:46
107	325	Pete Woodams	M	94	M45-49	45	Pittsford	0:00:05	1:12:15	1:12:20	0:07:47
108	371	Roger Bolton	M	95	M35-39	38	Albion	0:00:06	1:12:17	1:12:23	0:07:47
109	339	Darlene Saeva	F	14	F45-49	49		0:00:08	1:12:20	1:12:28	0:07:47
110	112	Lawrence Guskowski	M	96	M50-54	51	Rochester	0:00:12	1:12:24	1:12:36	0:07:48
111	176	Kevin McPherson	M	97	M40-44	43	Pittsford	0:00:04	1:12:35	1:12:39	0:07:49
112	78	Mary Eggers	F	15	F30-34	34	Henrietta	0:00:11	1:12:32	1:12:43	0:07:49
113	252	Mark Valites	M	98	M25-29	29	Buffalo	0:00:16	1:12:27	1:12:43	0:07:49
114	222	Greg Rowe	M	99	M25-29	29	Rochester	0:00:17	1:12:28	1:12:44	0:07:49
115	169	Sarah McCarthy	F	16	F30-34	33	Canandaigua	0:00:04	1:12:52	1:12:56	0:07:51
116	16	James Beaujon	M	100	M40-44	43	Canandaigua	0:00:03	1:12:55	1:12:58	0:07:51
117	361	Sharon Moore	F	17	F50-54	53	Rochester	0:00:08	1:13:02	1:13:10	0:07:52
118	258	Catalina Vial	F	18	F40-44	41	Pittsford	0:00:07	1:13:30	1:13:37	0:07:55
119	276	Steven Wilcox	M	101	M40-44	42	Brockport	0:00:13	1:13:27	1:13:40	0:07:55
120	72	Linda Drinkwater	F	19	F50-54	51	Fairport	0:00:08	1:13:33	1:13:41	0:07:55
121	194	Bob OShaughnessy	M	102	M35-39	38	Webster	0:00:09	1:13:35	1:13:44	0:07:56
122	210	Douglas Prosser	M	103	M40-44	44	Rochester	0:00:12	1:13:34	1:13:45	0:07:56
123	89	Jennifer Fosegan	F	20	F35-39	35	Fairport	0:00:08	1:13:40	1:13:48	0:07:56
124	192	John OConnor	M	104	M40-44	42	W. Henrietta	0:00:10	1:13:40	1:13:50	0:07:56
125	171	Jack McGowan	M	105	M45-49	48	Fairport	0:00:07	1:13:53	1:14:00	0:07:57
126	292	Jerry Roberts	M	106	M55-59	58	Rochester	0:00:08	1:13:55	1:14:03	0:07:58
127	331	Josh Keefe	M	107	M25-29	26	Rochester	0:00:12	1:13:58	1:14:10	0:07:58
128	35	Daniel Carmen	M	108	M35-39	37	North Chili	0:00:06	1:14:05	1:14:11	0:07:59
129	136	Diane Jozefski	F	21	F40-44	44	Rochester	0:00:12	1:14:10	1:14:22	0:08:00
130	351	Stephen Amato	M	109	M35-39	36	Rochester	0:00:19	1:14:08	1:14:26	0:08:00
131	328	Matt Asquino	M	110	M30-34	31	Honeoye	0:00:05	1:14:28	1:14:33	0:08:01
132	57	Heather Danielson	F	22	F30-34	33	Rochester	0:00:05	1:14:34	1:14:39	0:08:02
133	305	Gary Dill	M	111	M40-44	42	Rochester	0:00:05	1:14:35	1:14:39	0:08:02
134	117	Alan Hayter	M	112	M55-59	56	Victor	0:00:11	1:14:29	1:14:41	0:08:02
135	110	Carol Griffin	F	23	F35-39	38	Geneva	0:00:13	1:14:41	1:14:55	0:08:03
136	178	Jamie Melos	F	24	F25-29	27	Rochester	0:00:10	1:14:47	1:14:57	0:08:04
137	49	Adam Cornwell	M	113	M20-24	22	Rochester	0:00:08	1:14:49	1:14:57	0:08:04
138	58	David Davenport	M	114	M55-59	57	Rochester	0:00:06	1:14:57	1:15:03	0:08:04
139	135	Chet Jozefski	M	115	M50-54	54	Rochester	0:00:12	1:15:05	1:15:18	0:08:06
140	353	Dianne Gwynn	F	25	F40-44	41	Canandaigua	0:00:04	1:15:15	1:15:19	0:08:06
141	80	Marcia Enck	F	26	F40-44	43	Pittsford	0:00:04	1:15:15	1:15:19	0:08:06
142	374	Dennis Flynn	M	116	M50-54	50	Fairport	0:00:21	1:15:15	1:15:37	0:08:08
143	336	Paul Watkins	M	117	M50-54	54	Rochester	0:00:04	1:15:48	1:15:52	0:08:09

144	256	Julia Varble	F	27	F45-49	45	Henrietta	0:00:09	1:15:44	1:15:52	0:08:10
145	161	Bill Lofquist	M	118	M40-44	44	Geneseo	0:00:11	1:15:46	1:15:57	0:08:10
146	288	Valerie Zombek	F	28	F30-34	33	Webster	0:00:08	1:15:51	1:15:59	0:08:10
147	54	Bill Crowe	M	119	M55-59	58	Rochester	0:00:15	1:15:59	1:16:13	0:08:12
148	111	Carmen Gumina	M	120	M40-44	43	Webster	0:00:08	1:16:08	1:16:17	0:08:12
149	251	Gary Updyke	M	121	M55-59	59	Pittsford	0:00:06	1:16:13	1:16:18	0:08:12
150	282	Thomas Wurzer	M	122	M35-39	39	Fairport	0:00:13	1:16:06	1:16:19	0:08:12
151	88	Tim Fogal	M	123	M50-54	52	Pittsford	0:00:11	1:16:22	1:16:34	0:08:14
152	168	Mark McArdle	M	124	M50-54	53	Rochester	0:00:05	1:16:36	1:16:41	0:08:15
153	8	Steve Anderson	M	125	M50-54	53	Rochester	0:00:05	1:16:39	1:16:44	0:08:15
154	356	Andrew Kless	M	126	M20-24	21	Rochester	0:00:07	1:16:37	1:16:44	0:08:15
155	357	Kate Callahan	F	29	F19UNDER	19	Rochester	0:00:07	1:16:37	1:16:44	0:08:15
156	350	Chuck Depoint	M	127	M50-54	51	Palmyra	0:00:07	1:16:53	1:17:00	0:08:17
157	332	Kerri Brown	F	30	F35-39	39	Pittsford	0:00:09	1:16:53	1:17:02	0:08:17
158	333	Michael Brown	M	128	M40-44	43	Pittsford	0:00:10	1:16:54	1:17:04	0:08:17
159	375	Steve Tomek	M	129	M35-39	35	East Rochester	0:00:11	1:16:54	1:17:05	0:08:17
160	219	Marty Roberts	F	31	F50-54	51	Penn Yan	0:00:06	1:17:07	1:17:13	0:08:18
161	284	Bob Young	M	130	M45-49	46	Pittsford	0:00:06	1:17:09	1:17:15	0:08:18
162	132	Kelly Jackson	F	32	F20-24	22	Rochester	0:00:07	1:17:14	1:17:21	0:08:19
163	84	Rebecca Ferraro	F	33	F40-44	40	Webster	0:00:10	1:17:13	1:17:22	0:08:19
164	102	Amy Glover	F	34	F20-24	23	Rochester	0:00:04	1:17:23	1:17:27	0:08:20
165	101	Tom Gibson	M	131	M45-49	46	Canandaigua	0:00:15	1:17:16	1:17:30	0:08:20
166	378	Samantha Grenier	F	35	F35-39	39	East Rochester	0:00:08	1:17:34	1:17:42	0:08:21
167	266	Barry Watkins	M	132	M60-64	63	Rochester	0:00:04	1:17:52	1:17:57	0:08:23
168	217	Kevin Richman	M	133	M30-34	32	Webster	0:00:18	1:17:41	1:17:59	0:08:23
169	4	Brian Adriance	M	134	M20-24	22	Rochester	0:00:08	1:17:58	1:18:06	0:08:24
170	157	David Levitsky	M	135	M35-39	38	Rochester	0:00:06	1:18:03	1:18:08	0:08:24
171	99	John Ghidiu	M	136	M25-29	29	Rochester	0:00:16	1:17:53	1:18:10	0:08:24
172	20	Paul Benz	M	137	M35-39	39	Webster	0:00:08	1:18:02	1:18:10	0:08:24
173	274	Glenn Widor	M	138	M40-44	40	Webster	0:00:08	1:18:15	1:18:23	0:08:26
174	205	Bill Polito	M	139	M50-54	54	Webster	0:00:04	1:18:20	1:18:25	0:08:26
175	381	Ken Katz	M	140	M50-54	53	Pittsford	0:00:07	1:18:20	1:18:27	0:08:26
176	23	Bill Beyerbach	M	141	M50-54	52	Rochester	0:00:12	1:18:20	1:18:32	0:08:27
177	5	Wilton Alston	M	142	M45-49	49	Rochester	0:00:12	1:18:21	1:18:33	0:08:27
178	278	Mary Wojnowski	F	36	F40-44	40	Rochester	0:00:12	1:18:21	1:18:34	0:08:27
179	236	Jessica Stern	F	37	F25-29	27	Rochester	0:00:07	1:18:33	1:18:41	0:08:28
180	308	Sharon Outler	F	38	F40-44	44	Rochester	0:00:09	1:18:46	1:18:54	0:08:29
181	297	Katrin Haase	F	39	F30-34	34	Pittsford	0:00:06	1:18:49	1:18:55	0:08:29
182	311	Richard Metzger	M	143	M45-49	49	Webster	0:00:11	1:18:45	1:18:55	0:08:29
183	196	David Parks	M	144	M25-29	27	Rochester	0:00:09	1:19:20	1:19:29	0:08:33
184	123	Larry Hoffman	M	145	M35-39	39	Ontario	0:00:09	1:19:28	1:19:36	0:08:34
185	180	Mark Monachino	M	146	M45-49	48	Macedon	0:00:14	1:19:30	1:19:44	0:08:34
186	291	Tim Doherty	M	147	M60-64	64	Rochester	0:00:12	1:19:43	1:19:55	0:08:36
187	98	Bill Gertzog	M	148	M55-59	57	Rochester	0:00:10	1:19:49	1:19:59	0:08:36
188	93	David Gallipeau	M	149	M35-39	39	Rush	0:00:06	1:19:56	1:20:01	0:08:36
189	211	Nicole Pulcino	F	40	F25-29	27	Rochester	0:00:13	1:19:52	1:20:05	0:08:37
190	360	David VanDeVoorde	M	150	M35-39	35	Fairport	0:00:12	1:20:00	1:20:12	0:08:37
191	223	Adam Bates	M	151	M25-29	29	Rochester	0:00:16	1:19:56	1:20:13	0:08:37
192	147	Brian Kusak	M	152	M30-34	31	Rochester	0:00:24	1:19:50	1:20:14	0:08:38
193	379	Karin Kellman	F	41	F40-44	40	Penfield	0:00:08	1:20:08	1:20:16	0:08:38
194	203	Melinda Pizzo	F	42	F25-29	29	Penfield	0:00:13	1:20:05	1:20:18	0:08:38
195	238	David Swinson	M	153	M35-39	36	Webster	0:00:08	1:20:17	1:20:25	0:08:39
196	13	Kevin Bambury	M	154	M45-49	45	Fairport	0:00:10	1:20:17	1:20:27	0:08:39
197	81	Laurie Enright	F	43	F40-44	44	Rochester	0:00:10	1:20:17	1:20:27	0:08:39
198	140	Kevin Kehoe	M	155	M30-34	33	Rochester	0:00:11	1:20:18	1:20:29	0:08:39
199	329	Gregg Griebel	M	156	M35-39	35	Pittsford	0:00:14	1:20:19	1:20:33	0:08:40
200	334	Danielle Brown	F	44	F19UNDER	16	Pittsford	0:00:10	1:20:27	1:20:37	0:08:40
201	365	Sharon Henderson	F	45	F45-49	43	Batavia	0:00:05	1:20:34	1:20:39	0:08:40
202	307	Chris Leonardi	M	157	M45-49	47	Pittsford	0:00:13	1:20:34	1:20:47	0:08:41
203	293	Lynda McGuire	F	46	F60-64	60	Scottsville	0:00:06	1:20:44	1:20:51	0:08:42
204	207	Bart Power	M	158	M50-54	52	Scottsville	0:00:14	1:20:54	1:21:08	0:08:43
205	242	John Tarduno	M	159	M45-49	47	Rochester	0:00:09	1:21:06	1:21:15	0:08:44
206	214	Kathy Reardon	F	47	F45-49	46	Honeoye Falls	0:00:11	1:21:17	1:21:28	0:08:46
207	167	Lisa Mauger	F	48	F40-44	41	Fairport	0:00:18	1:21:12	1:21:30	0:08:46
208	224	Kristen Ryan	F	49	F20-24	23	Rochester	0:00:12	1:21:20	1:21:32	0:08:46
209	239	Stefani Szalay-Domm	F	50	F40-44	42	Rochester	0:00:15	1:21:24	1:21:39	0:08:47
210	113	Mike Haines	M	160	M40-44	40	Victor	0:00:15	1:21:28	1:21:43	0:08:47
211	380	Heidi Nelson	F	51	F45-49	49	Pittsford	0:00:11	1:21:37	1:21:49	0:08:48
212	221	David Ross	M	161	M55-59	56	Rochester	0:00:09	1:21:43	1:21:52	0:08:48
213	131	Carolyn Jackson	F	52	F40-44	40	Rochester	0:00:10	1:21:43	1:21:53	0:08:48
214	235	John Stanford	M	162	M45-49	47	Rochester	0:00:10	1:21:44	1:21:54	0:08:48
215	15	Lorraine Beach	F	53	F40-44	40	Webster	0:00:16	1:21:40	1:21:56	0:08:49
216	245	Julie Tobolski	F	54	F30-34	30	Oakfield	0:00:05	1:21:52	1:21:57	0:08:49
217	22	Melinda Bewley	F	55	F25-29	29	Buffalo	0:00:12	1:21:48	1:21:59	0:08:49

218	202	Colleen Piccone	F	56	F55-59	56	Pittsford	0:00:16	1:21:45	1:22:01	0:08:49
219	364	Craig Watkins	M	163	M45-49	49	Palmyra	0:00:16	1:21:46	1:22:02	0:08:49
220	63	Rachael Della Pietra	F	57	F25-29	29	Webster	0:00:06	1:22:03	1:22:09	0:08:50
221	130	Dan Hulliher	M	164	M35-39	37	Caledonia	0:00:14	1:21:59	1:22:13	0:08:50
222	246	Colleen Tomasso	F	58	F20-24	23	Buffalo	0:00:03	1:22:17	1:22:20	0:08:51
223	387	Lynn Mullen	F	59	F30-34	34	Rochester	0:00:08	1:22:27	1:22:35	0:08:53
224	385	Kelly Sandeen	F	60	F30-34	30	Rochester	0:00:08	1:22:27	1:22:35	0:08:53
225	342	Zachary Maben	M	165	M20-24	21	Ithaca	0:00:08	1:22:34	1:22:42	0:08:54
226	268	Julie Watkins	F	61	F35-39	36	Rochester	0:00:14	1:22:44	1:22:58	0:08:55
227	52	Charles Crary	M	166	M60-64	60	Syracuse	0:00:07	1:22:52	1:22:59	0:08:55
228	17	Judy Beers	F	62	F55-59	55	Honeoye Falls	0:00:07	1:22:56	1:23:03	0:08:56
229	286	Brian Zimmerman	M	167	M30-34	32	Rochester	0:00:10	1:22:57	1:23:07	0:08:56
230	107	Lisa Gordon	F	63	F40-44	44	Brockport	0:00:05	1:23:08	1:23:13	0:08:57
231	262	Mary Warchocki	F	64	F50-54	51	Rochester	0:00:15	1:23:02	1:23:17	0:08:57
232	363	Ryan Fosege	M	168	M30-34	34	Fairport	0:00:12	1:23:21	1:23:33	0:08:59
233	42	Andrew Claus	M	169	M35-39	37	Pittsford	0:00:08	1:23:28	1:23:36	0:08:59
234	198	Tracey Perazone	F	65	F25-29	25	Rochester	0:00:17	1:23:23	1:23:40	0:09:00
235	189	Hanna Norman	F	66	F25-29	28	Rochester	0:00:10	1:23:33	1:23:44	0:09:00
236	162	Bonnie Mace	F	67	F40-44	40	Rochester	0:00:08	1:23:52	1:24:00	0:09:02
237	277	Dina Williams	F	68	F35-39	38	Victor	0:00:08	1:23:52	1:24:00	0:09:02
238	261	Mary Vosburgh	F	69	F20-24	24	Pittsford	0:00:09	1:23:54	1:24:03	0:09:02
239	270	Eileen Weinpress	F	70	F50-54	53	Spencerport	0:00:07	1:24:00	1:24:08	0:09:03
240	11	Rod Bailey	M	170	M65-69	65	Rochester	0:00:16	1:24:02	1:24:18	0:09:04
241	151	Bruce Lavner	M	171	M50-54	54	Rochester	0:00:14	1:24:09	1:24:23	0:09:04
242	320	Sharon Maddock	F	71	F25-29	29	Henrietta	0:00:11	1:24:13	1:24:25	0:09:05
243	346	Darren Traub	M	172	M35-39	35	Rochester	0:00:21	1:24:06	1:24:28	0:09:05
244	95	Susan Gardner	F	72	F40-44	43	Victor	0:00:15	1:24:14	1:24:30	0:09:05
245	41	Kevin Clary	M	173	M50-54	50	Pavilion	0:00:15	1:24:15	1:24:30	0:09:05
246	388	Marie White	F	73	F45-49	47	Rochester	0:00:12	1:24:20	1:24:32	0:09:05
247	177	Abby McQueeney Penamonte	F	74	F25-29	25	Rochester	0:02:07	1:22:33	1:24:40	0:09:06
248	247	Marybeth Tonkery	F	75	F35-39	35	Livonia	0:00:12	1:24:31	1:24:43	0:09:07
249	301	Susan Schiffhauer	F	76	F45-49	49	Hilton	0:00:14	1:24:31	1:24:45	0:09:07
250	300	Kelley Stoll	F	77	F45-49	46	Rochester	0:00:14	1:24:31	1:24:45	0:09:07
251	174	Joseph McMahon	M	174	M35-39	38	Rochester	0:00:13	1:24:40	1:24:53	0:09:08
252	188	David Nixon	M	175	M45-49	47	Lima	0:00:12	1:24:44	1:24:56	0:09:08
253	85	Danielle Fisher	F	78	F25-29	26	Webster	0:00:10	1:24:48	1:24:58	0:09:08
254	31	Nathalie Bruneau	F	79	F35-39	39	Fairport	0:00:11	1:24:52	1:25:03	0:09:09
255	163	MaryAnn Macintosh	F	80	F45-49	48	Cazenovia	0:00:11	1:25:08	1:25:19	0:09:10
256	47	Thomas Collins	M	176	M40-44	43	Pittsford	0:00:06	1:25:16	1:25:23	0:09:11
257	190	James Norris	M	177	M45-49	48	Fairport	0:00:21	1:25:10	1:25:31	0:09:12
258	186	Ron Newman	M	178	M55-59	56	Pittsford	0:00:10	1:25:24	1:25:34	0:09:12
259	40	Andrew Ciaio	M	179	M40-44	42	Victor	0:00:15	1:25:20	1:25:34	0:09:12
260	335	Beth Jorgensen	F	81	F50-54	54	Rochester	0:00:09	1:25:30	1:25:39	0:09:13
261	231	Anne Schwartz	F	82	F50-54	51	Webster	0:00:17	1:25:37	1:25:54	0:09:14
262	195	Peter Parker	M	180	M40-44	42	Rochester	0:00:09	1:25:50	1:26:00	0:09:15
263	366	Mariana Zanandria	F	83	F45-49	45	Webster	0:00:09	1:25:50	1:26:00	0:09:15
264	386	Cathy Smith	F	84	F40-44	41	Victor	0:00:15	1:25:54	1:26:09	0:09:16
265	141	Jennifer Kelly	F	85	F35-39	36	Rochester	0:00:16	1:25:57	1:26:13	0:09:16
266	237	Joanne Swetman	F	86	F50-54	50	Honeoye Falls	0:00:16	1:26:00	1:26:16	0:09:17
267	55	Pat Curran	M	181	M40-44	43	Rochester	0:00:16	1:26:01	1:26:18	0:09:17
268	225	Michael Ryan	M	182	M25-29	28	Rochester	0:00:12	1:26:07	1:26:18	0:09:17
269	298	Rena Senner	F	87	F35-39	38	Pittsford	0:00:11	1:26:12	1:26:22	0:09:17
270	92	Jamie Galligan	M	183	M35-39	36	Pittsford	0:00:17	1:26:07	1:26:24	0:09:17
271	230	Annie Schuster	F	88	F50-54	52	Collins	0:00:08	1:26:18	1:26:27	0:09:18
272	2	Tammy Abbe	F	89	F40-44	40	Webster	0:00:16	1:26:12	1:26:28	0:09:18
273	263	Judy Ward	F	90	F40-44	41	Williamson	0:00:16	1:26:12	1:26:28	0:09:18
274	3	Wendy Abbott	F	91	F30-34	34	Rochester	0:00:19	1:26:10	1:26:29	0:09:18
275	218	James Riley	M	184	M50-54	52	Fairport	0:00:16	1:26:21	1:26:36	0:09:19
276	226	Charles Sabatine	M	185	M70OVER	74	Victor	0:00:05	1:26:51	1:26:56	0:09:21
277	6	Wendy Amidon	F	92	F30-34	34	Clifton Springs	0:00:13	1:26:50	1:27:03	0:09:22
278	61	Andrew DeHaas	M	186	M25-29	28	Rochester	0:00:13	1:27:15	1:27:28	0:09:24
279	48	Katherine Cooley	F	93	F20-24	21	Fairport	0:00:13	1:27:15	1:27:28	0:09:24
280	148	Kristi Kusak	F	94	F30-34	31	Rochester	0:00:24	1:27:14	1:27:38	0:09:25
281	289	Rahul Zutshi	M	187	M35-39	39	Webster	0:00:10	1:27:31	1:27:42	0:09:26
282	122	Andrew Hoelperl	M	188	M35-39	35	Hilton	0:00:23	1:27:27	1:27:51	0:09:27
283	103	Mark Golebiewski	M	189	M40-44	44	Rochester	0:00:11	1:27:42	1:27:53	0:09:27
284	285	Trisha Zeller	F	95	F25-29	26	Rochester	0:00:09	1:27:48	1:27:57	0:09:27
285	68	Linda Dirksen	F	96	F30-34	33	Rochester	0:00:09	1:27:49	1:27:57	0:09:27
286	7	Corey Andalora	M	190	M25-29	27	W. Henrietta	0:00:16	1:27:41	1:27:58	0:09:27
287	233	Shaun Speicher	M	191	M40-44	44	Webster	0:00:17	1:28:08	1:28:25	0:09:30
288	373	Amy Buerkle	F	97	F35-39	37	Rochester	0:00:13	1:28:19	1:28:32	0:09:31
289	275	Michelle Wilcox	F	98	F35-39	39	Brockport	0:00:13	1:28:47	1:29:00	0:09:34
290	338	Timothy Williams	M	192	M50-54	50	Rochester	0:00:12	1:29:01	1:29:13	0:09:36
291	326	Lauren Buckpitt	F	99	F25-29	26	Rochester	0:00:10	1:29:09	1:29:19	0:09:36

292	327	Katie Prock	F	100	F25-29	26	Rochester	0:00:10	1:29:10	1:29:20	0:09:36
293	369	Sid Bolton	M	193	M65-69	65	Albion	0:00:14	1:29:07	1:29:21	0:09:36
294	295	Heather Spiegel	F	101	F30-34	33	Webster	0:00:11	1:29:12	1:29:23	0:09:37
295	96	Bob Gathercole	M	194	M50-54	53	Victor	0:00:14	1:29:17	1:29:31	0:09:38
296	310	David Parfitt	M	195	M35-39	39	Rochester	0:00:14	1:29:25	1:29:39	0:09:38
297	248	Chuck Traub	M	196	M45-49	48	Rochester	0:00:16	1:29:25	1:29:41	0:09:39
298	312	Sherry Hecker	F	102	F35-39	36	Rochester	0:00:19	1:29:31	1:29:50	0:09:40
299	25	Kitima Boonvisudhi	F	103	F35-39	39	Victor	0:00:19	1:29:31	1:29:50	0:09:40
300	175	Kelly McNelis	F	104	F25-29	26	Rochester	0:00:17	1:29:47	1:30:04	0:09:41
301	9	Sue Bachorski	F	105	F40-44	44	Le Roy	0:00:15	1:29:59	1:30:14	0:09:42
302	12	Margaret Baleno	F	106	F35-39	36	Rochester	0:00:18	1:30:21	1:30:39	0:09:45
303	359	Laurie Ehms	F	107	F45-49	46	Webster	0:00:13	1:31:19	1:31:32	0:09:51
304	106	David Gordon	M	197	M60-64	60	Pittsford	0:00:21	1:32:16	1:32:37	0:09:58
305	355	Bill Williamson	M	198	M35-39	37	Rochester	0:00:14	1:32:46	1:33:00	0:10:00
306	352	Jason Polito	M	199	M35-39	37	Rochester	0:00:20	1:32:43	1:33:03	0:10:00
307	309	Kim Gaylord	F	108	F40-44	42	Avon	0:00:11	1:33:17	1:33:27	0:10:03
308	120	Amy Hibbard	F	109	F30-34	34	Geneva	0:00:17	1:33:20	1:33:37	0:10:04
309	160	Donna Loeb	F	110	F45-49	47	Geneva	0:00:17	1:33:20	1:33:37	0:10:04
310	182	Kathryn Montinarelli	F	111	F25-29	26	Rochester	0:00:10	1:33:39	1:33:49	0:10:05
311	137	Dan Katz	M	200	M50-54	53	Fairport	0:00:05	1:33:45	1:33:50	0:10:05
312	349	Linda Depoint	F	112	F50-54	51	Palmyra	0:00:13	1:33:46	1:34:00	0:10:06
313	201	Nina Piccini	F	113	F20-24	24	Hamlin	0:00:12	1:34:08	1:34:19	0:10:09
314	139	Gianina Keenan	F	114	F30-34	30	Rochester	0:00:18	1:34:03	1:34:21	0:10:09
315	30	Kara Brown	F	115	F20-24	24	Fairport	0:00:18	1:34:03	1:34:21	0:10:09
316	260	Bob Volk	M	201	M60-64	63	Port Gibson	0:00:14	1:34:16	1:34:30	0:10:10
317	184	Valerie Myntti	F	116	F55-59	56	Rochester	0:00:10	1:34:22	1:34:32	0:10:10
318	367	David Stern	M	202	M45-49	45	Webster	0:00:10	1:34:22	1:34:32	0:10:10
319	37	MaryJoan Case	F	117	F45-49	47	Bloomfield	0:00:19	1:34:17	1:34:36	0:10:10
320	109	Suzanne Graney	F	118	F35-39	38	Spencerport	0:00:10	1:34:52	1:35:02	0:10:13
321	241	Beth Tarduno	F	119	F50-54	51	Rochester	0:00:12	1:35:08	1:35:20	0:10:15
322	118	Sean Hendrick	M	203	M45-49	45	Rochester	0:00:21	1:35:02	1:35:23	0:10:15
323	296	Shannon Robinson	F	120	F30-34	34	Piffard	0:00:20	1:35:13	1:35:33	0:10:16
324	302	Lisa Camillaci	F	121	F45-49	45	Hilton	0:00:09	1:35:27	1:35:36	0:10:17
325	172	Tami McGraw	F	122	F30-34	34	Brockport	0:00:19	1:35:33	1:35:52	0:10:18
326	39	Dawn Chock	F	123	F55-59	58	Rochester	0:00:18	1:36:00	1:36:18	0:10:21
327	227	Cheryl Schmidt	F	124	F30-34	34	Rochester	0:00:19	1:36:09	1:36:28	0:10:22
328	142	Sibatu Khahaifa	M	204	M60-64	62	Buffalo	0:00:09	1:36:27	1:36:35	0:10:23
329	165	Jane Mahoney	F	125	F55-59	58	Rochester	0:00:05	1:36:34	1:36:39	0:10:24
330	62	George DeHaas	M	205	M60-64	61	Manlius	0:00:13	1:37:05	1:37:17	0:10:28
331	45	Cassandra Coffey	F	126	F35-39	38	Pittsford	0:00:10	1:37:35	1:37:45	0:10:31
332	158	Kimberly Levitsky	F	127	F35-39	38	Rochester	0:00:20	1:37:48	1:38:08	0:10:33
333	279	Diane Wolfe	F	128	F45-49	49	Fairport	0:00:21	1:38:10	1:38:30	0:10:36
334	280	Heather Wolfe	F	129	F20-24	21	Fairport	0:00:21	1:38:10	1:38:30	0:10:36
335	152	Erin Lawler	F	130	F30-34	31	W. Henrietta	0:00:15	1:38:22	1:38:37	0:10:36
336	228	Edward Schultz	M	206	M45-49	45	Rochester	0:00:17	1:38:22	1:38:40	0:10:37
337	229	Janet Schultz	F	131	F45-49	48	Rochester	0:00:17	1:38:22	1:38:40	0:10:37
338	119	James Hendy	M	207	M60-64	64	Webster	0:00:07	1:38:44	1:38:51	0:10:38
339	249	Chris Tryon	F	132	F40-44	40	Rochester	0:00:07	1:39:30	1:39:36	0:10:43
340	14	Duane Basch	M	208	M45-49	48	Honeoye Falls	0:00:20	1:40:10	1:40:30	0:10:48
341	104	Molly Golebiewski	F	133	F40-44	43	Rochester	0:00:14	1:40:38	1:40:52	0:10:51
342	34	Robert Carafice	M	209	M60-64	64	Rochester	0:00:22	1:41:31	1:41:53	0:10:57
343	377	Daniel Palka	M	210	M35-39	39	Pittsford	0:00:13	1:43:25	1:43:38	0:11:09
344	318	Connie Haag	F	134	F50-54	50	Rochester	0:00:20	1:43:47	1:44:07	0:11:12
345	185	Julieann Nelson	F	135	F45-49	49	Victor	0:00:18	1:44:11	1:44:29	0:11:14
346	347	Bonnie Blatner	F	136	F35-39	36	Tonawanda	0:00:17	1:44:18	1:44:35	0:11:15
347	199	Erica Perry	F	137	F20-24	24	Hamlin	0:00:15	1:45:49	1:46:05	0:11:24
348	232	Al Smith	M	211	M70OVER	70	Rochester	0:00:15	1:46:16	1:46:31	0:11:27
349	69	Scott Dix	M	212	M40-44	43	Palmyra	0:00:15	1:46:35	1:46:50	0:11:29
350	209	Wendy Prince	F	138	F40-44	43	Palmyra	0:00:20	1:49:42	1:50:02	0:11:50
351	340	Joan Rosati	F	139	F65-69	68	N. Chili	0:00:20	1:50:29	1:50:49	0:11:55
352	124	Crystal Holm	F	140	F45-49	47	Rochester	0:00:22	1:51:04	1:51:26	0:11:59
353	28	Annette Brenner	F	141	F35-39	38	Honeoye Falls	0:00:13	1:52:25	1:52:37	0:12:07
354	126	Jamie Howard	M	213	M40-44	42	Albany	0:00:16	1:54:02	1:54:18	0:12:17
355	213	Edye Radice	F	142	F70OVER	71	Buffalo	0:00:20	1:55:41	1:56:01	0:12:28
356	114	Paul Hassall	M	214	M60-64	61	Tonawanda	0:00:19	1:56:56	1:57:15	0:12:36
357	71	Winona Dixon	F	143	F30-34	32	W. Henrietta	0:00:17	1:58:27	1:58:43	0:12:46
358	27	Theresa Bowick	F	144	F40-44	40	Rochester	0:00:21	2:14:54	2:15:14	0:14:33
359	183	William Murphy	M	215	M55-59	59	Rochester	0:00:22	2:20:23	2:20:45	0:15:08