

**Lyme Triathlon - Swim event**  
**Sunday, August 1, 2010 Lyme, NY**  
**Timed by YellowJacket Racing**

**Total Finishers - 119, (Males - 62, Female - 40, Teams - 16)**

Pos	Bib	Fullname	Gender	M/F/T	Place	Class	Ages	City	Race	SwimTm	T1Tm	BikeTm	T2Tm	RunTm	TotalTm
1	112	Dave Burger	M		1	Overall Male	42	Pennellville	Swim	12:03	00:41	0:43:37	00:45	26:26	1:23:32
2	19	Andrew Starowicz	M		2	Overall Male	37	Syracuse	Swim	10:44	00:46	0:47:28	00:59	25:27	1:25:24
3	30	Kelsey Brady	M		3	Overall Male	16	Carthage	Swim	11:08	00:39	0:48:54	00:32	25:15	1:26:26
4	107	Team Nitardy Schilling Rockwell	T		1	Overall Team	Team		Swim	12:36	00:29	0:43:20	00:14	30:35	1:27:14
5	29	James Brady	M		4	M40-44	43	Carthage	Swim	13:38	00:42	0:49:11	00:31	23:45	1:27:48
6	26	Patrick Turley	M		5	M45-49	47	Syracuse	Swim	11:26	01:30	0:47:38	00:54	26:21	1:27:50
7	45	Scott Stewart	M		6	M25-29	26	Cicero	Swim	11:56	00:39	0:49:25	00:36	26:09	1:28:45
8	86	Nathan Traynor	M		7	M19UNDER	17	Adams Center	Swim	13:01	01:51	0:48:03	01:14	24:53	1:29:01
9	125	Team Kellogg Vantassel	T		2	Overall Team	Team		Swim	13:09	01:05	0:43:45	01:48	29:53	1:29:41
10	106	Marc Rusctt	M		8	M45-49	46	Redwood	Swim	13:01	00:39	0:46:50	00:34	28:55	1:29:58
11	40	Shawn Parkhurst	M		9	M19UNDER	18	Oswego	Swim	09:09	00:35	0:53:16	00:20	27:07	1:30:28
12	113	Sean Severance	M		10	M40-44	43	Central Square	Swim	15:19	01:13	0:47:15	00:40	26:08	1:30:34
13	50	Chip OHara	M		11	M25-29	29	Auburn	Swim	19:19	00:37	0:47:43	00:30	22:47	1:30:55
14	54	Brandi Belinda Boyanski	F		1	Overall Female	32	Syracuse	Swim	12:23	00:36	0:49:03	00:38	29:17	1:31:57
15	118	Michael Centore	M		12	M40-44	42	Syracuse	Swim	15:04	00:44	0:49:48	01:29	25:16	1:32:21
16	70	Russ K. Pfister	M		13	M40-44	43	Newton	Swim	15:39	01:38	0:47:07	01:24	26:39	1:32:28
17	51	Joe Maskalis	M		14	M25-29	29	Fort Drum	Swim	12:56	01:07	0:51:38	00:48	26:31	1:32:59
18	87	Team Longmore Hall	T		3	Overall Team	Team		Swim	16:13	00:25	0:48:47	01:02	26:53	1:33:20
19	31	Team Barr/Mckinney	T		4	T35-39	Team	Norwood	Swim	13:44	00:24	0:46:15	00:47	32:31	1:33:41
20	120	Roger Learn	M		15	M50-54	54	Troy	Swim	13:13	01:11	0:51:48	00:45	27:16	1:34:13
21	131	James Szczygiel	M		16	M50-54	50	Baldwinsville	Swim	13:35	00:58	0:49:24	00:47	30:34	1:35:18
22	6	Tyler Reynolds	M		17	M19UNDER	18	Watertown	Swim	12:48	00:31	0:55:13	00:32	27:54	1:36:58
23	71	Phillip Banazek	M		18	M40-44	44	Watertown	Swim	16:19	02:24	0:51:08	00:54	26:39	1:37:24
24	69	Shawn Ramey	M		19	M40-44	43	Dunwoody	Swim	14:23	01:02	0:51:32	00:48	30:53	1:38:38
25	15	Maryjo Swizdor	F		2	Overall Female	45	Jamesville	Swim	15:09	01:00	0:51:13	01:00	30:28	1:38:50
26	127	Jordan Hoffman	M		20	M19UNDER	16	Watertown	Swim	15:24	01:51	0:51:58	01:14	28:40	1:39:07
27	81	Steven Plante	M		21	M50-54	54	Fayateville	Swim	13:55	01:08	0:50:50	00:57	32:48	1:39:38
28	122	Team Learn	T		5	T19UNDER	Team		Swim	12:05	00:28	0:59:40	00:20	27:30	1:40:04
29	41	Tara Nitardy	F		3	Overall Female	19	New Bern	Swim	12:13	01:06	0:57:42	00:40	29:17	1:40:58
30	133	Team Harris	T		6	T35-40	Team		Swim	11:49	00:23	0:52:14	00:20	36:26	1:41:12
31	39	Betsy Marie Nicol	F		4	F50-54	51	Copenhagen	Swim	14:08	00:38	0:55:47	00:41	30:14	1:41:28
32	17	Andrew Carey	M		22	M20-24	24	E Syracuse	Swim	15:37	03:10	0:54:00	02:00	26:48	1:41:36
33	83	Peter Sichak	M		23	M40-44	40	Spencerport	Swim	12:58	01:40	0:49:43	01:16	36:07	1:41:44
34	74	Skip Nitardy	M		24	M45-49	47	New Bern	Swim	11:38	01:50	0:52:47	01:13	34:22	1:41:51
35	123	Christina Lowery	F		5	F40-44	41	Cenral Square	Swim	15:02	01:39	0:54:09	00:51	30:48	1:42:30
36	12	Lauren Jamieson	F		6	F19UNDER	19	Adams	Swim	14:43	00:34	0:59:03	00:33	27:50	1:42:42
37	68	Robert Shawn Pullease	M		25	M40-44	42	Watertown	Swim	14:31	01:42	0:53:16	01:35	32:10	1:43:15
38	132	Team Nelto Burker	T		7	T40-44	Team		Swim	18:12	00:26	0:56:59	00:10	27:38	1:43:25

39	103	Team Deeney Moore Thesier	T	8	T19UNDER	Team	Swim	12:15	00:25	0:54:53	00:20	35:48	1:43:42
40	16	Scott Reinhart	M	26	M50-54	53 Jamesville	Swim	16:08	01:44	0:52:46	01:28	31:40	1:43:47
41	117	Frank Andrews	M	27	M40-44	42 Fort Drum	Swim	15:22	01:56	0:57:34	00:42	28:35	1:44:09
42	121	Susan Learn	F	7	F19UNDER	17 Troy	Swim	12:16	00:42	1:02:44	00:22	28:09	1:44:13
43	5	Kerri Shoulette	F	8	F30-34	33 Rochester	Swim	13:36	01:03	0:57:25	00:43	31:54	1:44:41
44	98	Callin Reeve	M	28	M19UNDER	18	Swim	09:49	01:08	0:58:10	00:49	34:53	1:44:49
45	78	Team Goodbody	T	9	T55-59	Team	Swim	17:44	00:35	1:01:34	00:10	24:54	1:44:57
46	119	Aubrey Kettrick	F	9	F19UNDER	19 Watertown	Swim	11:16	01:23	0:56:28	00:48	35:10	1:45:05
47	84	Jeffrey Wiley	M	29	M40-44	42 Watertown	Swim	15:21	01:53	0:52:51	01:05	34:03	1:45:14
48	169	Terry Gardner	M	30	M60-64	60 Watertown	Swim	17:15	01:56	0:49:26	01:18	36:15	1:46:10
49	88	Teresa Stone	F	10	F40-44	43 Potsdam	Swim	16:30	00:51	0:57:15	00:50	30:54	1:46:19
50	48	James Schibuk	M	31	M25-29	27 New York	Swim	20:52	00:34	0:54:26	00:56	30:15	1:47:04
51	102	Team Deeney Lundy Erickson	T	10	T40-44	Team	Swim	14:28	00:22	0:54:44	00:18	37:20	1:47:13
52	47	Elizabeth Kennedy	F	11	F25-29	27 Pleasantville	Swim	13:35	00:41	1:01:23	00:47	31:09	1:47:34
53	82	Matthew Compton	M	32	M35-39	39 Northwood	Swim	17:06	01:47	0:57:33	01:19	30:25	1:48:10
54	96	Steve Gambino	M	33	M45-49	45 Newark	Swim	14:48	01:59	0:54:15	00:49	36:21	1:48:13
55	13	Sandra Jamieson	F	12	F45-49	49 Adams	Swim	13:54	00:36	0:57:08	00:43	36:04	1:48:26
56	58	Kristine S Cole	F	13	F35-39	35 Watertown	Swim	15:58	01:21	0:56:48	01:02	33:24	1:48:33
57	89	Christopher Stone	M	34	M45-49	45 Potsdam	Swim	16:52	01:10	0:54:48	00:49	34:56	1:48:35
58	32	Michele Dobson	F	14	F50-54	50 Phoenix	Swim	16:00	01:24	0:56:45	01:32	33:10	1:48:52
59	128	Sharon Morey	F	15	F60-64	64 Oswego	Swim	16:40	01:09	0:55:23	01:05	35:04	1:49:20
60	114	Patrick Best	M	35	M50-54	50 Chaumont	Swim	14:56	01:03	1:00:34	00:48	32:13	1:49:35
61	44	Mark W Thompson	M	36	M25-29	26 Liverpool	Swim	17:11	01:25	1:00:39	00:49	29:39	1:49:42
62	67	Phil O'Reilly	M	37	M40-44	42 Painted Post	Swim	16:07	00:56	1:02:35	00:54	29:12	1:49:44
63	168	Lorraine Turturro	F	16	F45-49	49 Watertown	Swim	18:21	01:47	0:55:45	00:38	33:13	1:49:44
64	56	Angela C. Paternostro-Pfister	F	17	F30-34	34 Newton	Swim	17:25	01:17	0:56:31	00:51	34:18	1:50:23
65	92	Jan Guypers	M	38	M40-44	44 Arlington	Swim	18:37	00:44	0:58:04	00:36	32:26	1:50:26
66	27	James Scordo	M	39	M50-54	52 Watertown	Swim	18:14	00:38	0:59:05	00:32	32:46	1:51:16
67	23	Lori Peters	F	18	F35-39	38 Chaumont	Swim	12:58	01:41	0:59:37	00:26	36:57	1:51:39
68	109	Peter Derouchie	M	40	M30-34	33 Dexter	Swim	19:58	03:00	0:57:24	01:53	29:23	1:51:39
69	108	Stephen Fitzgerald	M	41	M60-64	62 Adams	Swim	16:51	02:34	0:55:38	01:28	36:44	1:53:15
70	60	Joseph Allen Vanderzanden	M	42	M35-39	35 Westland	Swim	18:39	02:07	0:58:49	01:16	33:10	1:54:02
71	65	Carlos Millan	M	43	M40-44	41 Rensselaer	Swim	18:11	04:03	0:55:44	02:19	34:02	1:54:19
72	61	Virginia Ruth Desens	F	19	F35-39	36 Williamson	Swim	16:59	01:08	0:59:00	01:08	36:12	1:54:27
73	101	Nick Sherwood	M	44	M30-34	32 Evans Mills	Swim	16:28	02:17	1:00:13	01:35	35:23	1:55:57
74	95	Bruce Alexander	M	45	M50-54	51 Webster	Swim	14:15	01:26	0:58:37	00:50	41:37	1:56:45
75	90	Jay Berkman	M	46	M30-34	34 Canton	Swim	18:11	02:28	0:55:44	01:29	39:17	1:57:08
76	42	Joseph Christopher Babcock	M	47	M20-24	24 Lawrenceville	Swim	01:09	21:40	0:57:33		37:05	1:57:26
77	36	Team Sample/Harvey/Everett	T	11	T19UNDER	Team Evans Mills	Swim	16:46	00:30	1:08:02	00:15	32:54	1:58:27
78	99	Denise Moore	F	20	F50-54	50 Watertown	Swim	19:44	01:37	0:58:55	01:28	36:49	1:58:32
79	129	Lisa Conroy	F	21	F45-49	47 Oswego	Swim	18:54	02:08	0:59:48	01:35	36:50	1:59:15
80	24	Team Koster	T	12	T45-49	Team Oswego	Swim	26:50	00:28	0:55:09	00:18	36:34	1:59:19
81	14	Robert Rhea	M	48	M50-54	53 Cortland	Swim	14:40	01:48	1:06:56	01:17	35:13	1:59:54

82	105	Hillary Ryan-Rusch	F	22	F45-49	46	Redwood	Swim	23:40	01:53	1:00:11	01:23	32:55	2:00:02
83	115	Elaine Andrews	F	23	F40-44	41	Fort Drum	Swim	17:40	00:49	1:05:47	00:32	35:24	2:00:12
84	2	Nicole Noce	F	24	F30-34	34	Rochester	Swim	16:21	01:39	1:03:13	01:09	37:54	2:00:16
85	130	Joanne McKinney	F	25	F45-49	49	Dexter	Swim	17:04	02:50	1:00:41	01:32	39:52	2:01:59
86	126	Eric Franz	M	49	M45-49	49	Cazenovia	Swim	17:49	01:46	1:06:30	01:06	35:48	2:03:00
87	28	Team Sargent/Gray/Rafferty	T	13	T50-54	Team	Watertown	Swim	27:33	00:35	1:01:32	00:22	33:22	2:03:23
88	174	Gene Baran	M	50	M55-59	59	Lancaster	Swim	17:25	02:12	1:05:50	01:07	37:54	2:04:28
89	104	Thomas Schwartz	M	51	M55-59	55	LaFayette	Swim	19:45	02:44	0:59:11	01:33	41:20	2:04:34
90	18	Sean Hennigan	M	52	M19UNDER	19	Baldwinsville	Swim	18:55	01:23	1:06:26	00:49	37:25	2:04:58
91	35	Team Brady/Marshall/Desnoyers	T	14	T20-24	Team	Evans Mills	Swim	34:49	00:25	1:00:52	00:15	28:44	2:05:06
92	62	Sheena Dionne Cornell	F	26	F35-39	37	Sandy Creek	Swim	14:55	03:13	1:04:08	01:25	41:32	2:05:13
93	64	Tracy O'Reilly	F	27	F40-44	41	Painted Post	Swim	16:00	01:16	1:06:25	01:02	43:02	2:07:45
94	1	Shannon Anderson	F	28	F45-49	45	Cortland	Swim	18:36	01:40	1:05:57	01:27	40:05	2:07:46
95	52	Larry Hayes Jr	M	53	M30-34	30	Nedrow	Swim	24:25	01:38	1:00:20	01:11	40:43	2:08:18
96	34	Team Gibbs/Robinson/Ellingwood	T	15	T19UNDER	Team	Evans Mills	Swim	21:43	00:32	1:11:05	00:20	36:05	2:09:45
97	85	Patrick Sharlow	M	54	M20-24	20	Delmar	Swim	24:17	00:39	1:10:13	00:46	37:09	2:13:05
98	94	Mary Pease	F	29	F40-44	40	Hammond	Swim	19:46	01:13	1:11:24	00:47	40:39	2:13:49
99	116	Paige LaBarr	F	30	F19UNDER	18	Watertown	Swim	14:47	02:21	1:08:26	00:59	47:56	2:14:29
100	75	Cynthia Peck	F	31	F45-49	48	Jordan	Swim	21:14	01:37	1:06:12	01:29	44:50	2:15:22
101	7	Kathleen Fernau	F	32	F40-44	42	Ballston Spa	Swim	18:28	00:48	1:11:40	00:39	44:58	2:16:33
102	10	Dan Berkman	M	55	M55-59	55	Milton	Swim	22:25	02:34	1:03:00	02:13	47:52	2:18:03
103	66	Lance Ronas Ronas	M	56	M40-44	41	Antwerp	Swim	20:36	02:25	1:09:12	01:20	46:40	2:20:14
104	97	Cheryl Veit	F	33	F50-54	51	Windsor	Swim	22:41	02:32	1:13:11	01:21	42:07	2:21:51
105	38	Lindsey Breeden	F	34	F25-29	29	Fort Drum	Swim	19:18	01:50	1:04:52	01:35	54:27	2:22:02
106	57	Jennifer J Van Dyke	F	35	F30-34	34	Pulaski	Swim	22:57	02:07	1:11:58	01:03	47:06	2:25:12
107	59	Tove L Peyton	F	36	F35-39	35	Ellisburg	Swim	22:58	02:10	1:12:01	00:56	47:05	2:25:12
108	46	Jon Singer	M	57	M25-29	26	Watertown	Swim	13:59	00:58	1:21:14	00:44	49:10	2:26:05
109	172	Oren Kellogg	M	58	M19UNDER	18	Adams Center	Swim	15:50	02:59	1:18:12	00:59	51:17	2:29:16
110	110	Adam Christenson	M	59	M25-29	28	Fort Drum	Swim	20:55	02:47	1:12:23	02:08	52:16	2:30:29
111	111	David Christenson	M	60	M20-24	23	Fort Drum	Swim	20:56	03:21	1:11:56	02:00	52:16	2:30:30
112	100	Team Clancy	T	16	T25-29	Team		Swim	16:33	02:37	1:17:17	01:53	1:02:30	2:40:51
113	3	Jennifer Akins	F	37	F25-29	27	Blaxk River	Swim	22:22	02:02	1:18:32	03:21	54:46	2:41:04
114	91	Paul Crossman	M	61	M60-64	63	Warrenburg	Swim	22:27	03:14	1:18:33	00:51	56:19	2:41:24
115	9	Curt Drury	M	62	M30-34	34	Camillus	Swim	27:34	02:23	1:16:26	01:29	58:14	2:46:08
116	63	Dana Stover	F	38	F35-39	38	Summerville	Swim	20:52	01:23	1:35:40	00:58	49:46	2:48:39
117	93	Meg Ludlum	F	39	F65-69	66	Seattle	Swim	23:02	01:05	1:26:51	01:04	1:03:40	2:55:41
119	8	Karla Thomas	F	40	F50-54	52	Theresa	Swim	40:40	01:17	1:36:32	07:41	1:14:11	3:40:21
DNF	25	Deborah Rhea	F		F60-64	60	Cortland	Swim	16:52	02:04	0:30:14			
DNF	124	Clark Sargeant	M		M30-34	32	Fulton	Swim	20:01	01:21	0:00:24	01:01		
DNF	73	Kevin Peck	M		M45-49	46	Jordan	Swim	32:57	04:19	0:45:51			