

Race on the Ridge 5K
November 14th, 2010 - Greece, NY
Total Finishers 210 (110 Male, 100 Female)
Timed by YellowJacket Racing

Pos	Bib	Fullname	Gender	M/F	Place	Class	Ages	TotalTm	Pace
1	6	Mark Andrews	M		1	Open Men	40	15:35	05:02
2	187	Alex Ngabo	M		2	Open Men	17	17:11	05:33
3	106	Ron Saxton	M		3	Masters Men	49	17:26	05:38
4	167	Chris Cowden	M		4	Open Men	37	17:34	05:40
5	81	Mike Nier	M		5	M40-49	45	18:02	05:49
6	158	Michael Kozlowski	M		6	M10-14	14	18:13	05:53
7	138	Edward Juiliani	M		7	Masters Men	47	18:15	05:53
8	163	Jay Laitenberger	M		8	M30-39	37	18:23	05:56
9	156	Kevin Sheehan	M		9	Masters Men	48	18:36	06:00
10	172	Kimberly Mills	F		1	Open Women	20	18:41	06:01
11	161	Ronald Crandall	M		10	M40-49	42	19:01	06:08
12	170	Steven Derks	M		11	M40-49	47	19:09	06:11
13	262	Normand Turcotte	M		12	M30-39	32	19:11	06:11
14	247	Jacob McManus	M		13	M15-19	17	19:14	06:12
15	185	Scott Hoot	M		14	M50-59	50	19:27	06:16
16	76	Patrick Milligan	M		15	M40-49	46	19:37	06:20
17	36	George Fawcett	M		16	M50-59	50	19:41	06:21
18	40	Dominic Freudenvoll	M		17	M15-19	15	19:49	06:23
19	135	Jim Werven	M		18	M40-49	44	19:49	06:24
20	49	Joey Haungs	M		19	M40-49	49	19:53	06:25
21	133	Devin Wade	M		20	M20-29	29	19:57	06:26
22	2	Bryan Adams	M		21	M20-29	26	20:19	06:33
23	165	Kyle Mattle	M		22	M10-14	14	20:22	06:34
24	73	Todd Malanowski	M		23	M30-39	37	20:35	06:38
25	259	Joshua Buri	M		24	M10-14	14	20:40	06:40
26	21	David Carson	M		25	M30-39	35	20:41	06:40
27	240	Mark Welden	M		26	M20-29	28	20:51	06:43
28	173	Kerry Mills	F		2	Open Women	15	21:10	06:50
29	48	Keith Hadley	M		27	M50-59	51	21:12	06:50
30	186	Russ Herman	M		28	M40-49	49	21:14	06:51
31	162	Tom Dutton	M		29	Veteran Men	64	21:18	06:52
32	62	Roger Klatt	M		30	M50-59	50	21:19	06:53
33	90	Gerard Porter	M		31	M20-29	27	21:28	06:55
34	67	Dan Leicht	M		32	M20-29	22	21:31	06:56
35	198	Steven DeLorme	M		33	M30-39	31	21:34	06:57
36	166	Lou Iovoli	M		34	M40-49	45	21:39	06:59
37	168	Pamela Ayers	F		3	Open Women	34	21:46	07:01
38	145	Steven Johns	M		35	M50-59	50	21:47	07:02
39	30	Richard Dirmyer	M		36	M20-29	25	21:54	07:04
40	267	Andrea Zaffino	F		4	F30-39	32	22:01	07:06

41	269	Bryan Bisnett	M	37	M15-19	18	22:10	07:09
42	239	Michael Harshany	M	38	M30-39	34	22:10	07:09
43	14	Sarah Butler	M	39	F15-19	15	22:12	07:10
44	7	John Barsic	M	40	M30-39	34	22:26	07:14
45	199	Rick Borrelli	M	41	M50-59	52	22:29	07:15
46	244	Michael Cavanaugh	M	42	M50-59	56	22:39	07:19
47	134	Shane Watson	M	43	M40-49	40	22:41	07:19
48	169	Joanne Bradt	F	5	Masters Women	46	22:41	07:19
49	174	Diane Prystajko	F	6	Masters Women	46	23:09	07:28
50	45	Miranda Graham	F	7	F15-19	15	23:18	07:31
51	68	Ron Leicht	M	44	M50-59	51	23:32	07:35
52	248	Katie Mann	F	8	F30-39	36	23:43	07:39
53	132	Melinda Vilarinho	F	9	F10-14	14	23:48	07:41
54	142	Scott Standhart	M	45	M30-39	38	23:50	07:41
55	200	Barry Cherney	M	46	M40-49	43	23:51	07:42
56	105	Katie Saxton	F	10	F15-19	17	23:55	07:43
57	147	Bridget Clifford	F	11	F15-19	19	24:05	07:46
58	86	Kate Olscamp	F	12	F20-29	22	24:10	07:48
59	65	Michael Larche	M	47	M50-59	52	24:14	07:49
60	183	Robert Kuehl	M	48	Veteran Men	61	24:15	07:49
61	131	Rhett VanScoter	M	49	M30-39	32	24:21	07:51
62	50	Connie Hibbard	F	13	Veteran Women	66	24:27	07:53
63	270	David Bisnett	M	50	M50-59	51	24:27	07:53
64	126	Joan Torres	F	14	F40-49	44	24:28	07:54
65	109	Steve Schmitz	M	51	M50-59	56	24:29	07:54
66	260	Mark Buri	M	52	M40-49	40	24:29	07:54
67	159	Jim Webster	M	53	Veteran Men	67	24:39	07:57
68	114	Peter Sichak III	M	54	M40-49	40	24:44	07:59
69	250	Paul Smith	M	55	M50-59	52	24:45	07:59
70	189	Donald Mann	M	56	M40-49	46	24:50	08:01
71	144	Joe Werner	M	57	M30-39	34	24:50	08:01
72	152	Monica Merlau	F	15	F10-14	14	24:53	08:02
73	151	Frances Mance	F	16	F30-39	33	24:57	08:03
74	100	Bruce Rychwalski	M	58	M60OVER	61	24:58	08:03
75	176	Karen Kryder	F	17	Masters Women	54	25:15	08:09
76	196	Kristen Progno	F	18	F40-49	40	25:18	08:10
77	3	Tyler Amo	M	59	M15-19	15	25:18	08:10
78	12	Alex Butler	M	60	M10-14	10	25:18	08:10
79	104	Jan Saxton	F	19	F40-49	46	25:20	08:10
80	182	Kerry Coogan	F	20	F50-59	54	25:20	08:10
81	171	Mark Stellman	M	61	M50-59	50	25:21	08:11
82	95	Jay Riley	M	62	M30-39	37	25:27	08:12
83	266	Shannon Truneau	F	21	F15-19	17	25:28	08:13
84	181	Natalie Werner	F	22	F30-39	34	25:55	08:22
85	46	Elizabeth Grizzanti	F	23	F20-29	28	25:58	08:23
86	184	Ron Colavecchia	M	63	M50-59	55	26:02	08:24
87	117	Robert Slebodnik	M	64	M50-59	54	26:16	08:28

88	143	Samantha Tuzzolino	F	24	F20-29	22	26:23	08:31
89	141	Walter Standhart	M	65	M60OVER	66	26:23	08:31
90	27	Dominic DiMonda	M	66	M10-14	11	26:25	08:31
91	84	Pam Nudd	F	25	F40-49	49	26:27	08:32
92	263	Tyler Standish	F	26	F20-29	28	26:30	08:33
93	52	Jacob Huber	M	67	M10-14	11	26:33	08:34
94	149	Gerard Flansburg	M	68	M50-59	52	26:35	08:35
95	80	Carole Nier	F	27	F40-49	49	26:38	08:35
96	154	David Nacca	M	69	M40-49	49	26:39	08:36
97	188	Jacquie Mann	F	28	F40-49	45	26:42	08:37
98	252	Brigid Clark	F	29	F20-29	29	26:51	08:40
99	155	Keith Sheehan	M	70	M15-19	17	26:54	08:41
100	97	Nathan Romagnola	M	71	M20-29	29	27:06	08:45
101	96	Loren Romagnola	M	72	M60OVER	61	27:07	08:45
102	103	Lori Saunders	F	30	F40-49	43	27:11	08:46
103	129	Andrea VanBortel	F	31	F20-29	22	27:14	08:47
104	190	Lisa Milligan	F	32	F30-39	36	27:15	08:47
105	257	Brooke Zaidel	F	33	F20-29	23	27:17	08:48
106	56	Hiram Johnson	M	73	M40-49	43	27:20	08:49
107	102	Lori Sass	F	34	F50-59	51	27:20	08:49
108	63	Amy Krieg	F	35	F20-29	23	27:20	08:49
109	53	Joey Huber	M	74	M10-14	13	27:27	08:51
110	112	Elizabeth Sharpe	F	36	F20-29	26	27:30	08:52
111	108	Mike Sayers	M	75	M50-59	51	27:30	08:52
112	107	Kaitlyn Sayers	F	37	F20-29	24	27:31	08:52
113	18	Thomas Callery	M	76	M0-9	8	27:34	08:54
114	93	Randy Raetz	M	77	M40-49	44	27:41	08:56
115	175	Jill Letta	F	38	F30-39	39	27:48	08:58
116	120	Brooke Stickles	F	39	F10-14	11	27:51	08:59
117	146	Mary Bourret	F	40	F40-49	42	27:57	09:01
118	34	Robert Ealy	M	78	M60OVER	81	28:01	09:02
119	35	Don Eldridge	M	79	M40-49	43	28:06	09:04
120	113	Kimberly Shepard	F	41	F40-49	40	28:06	09:04
121	110	Melissa Scialdone	F	42	F40-49	40	28:07	09:04
122	192	Danielle Price	M	80	M20-29	26	28:08	09:04
123	43	David Gordon	M	81	M60OVER	63	28:12	09:06
124	160	Mary Lou Stein	F	43	F40-49	49	28:16	09:07
125	54	David Isabella	M	82	M60OVER	63	28:18	09:08
126	91	Lindsay Porter	F	44	F20-29	27	28:20	09:08
127	177	Michelle Prinzi	F	45	F40-49	43	28:26	09:10
128	121	Barbara Sturnick	F	46	F50-59	53	28:28	09:11
129	59	Grant Kelly	M	83	M10-14	11	28:29	09:11
130	157	Michael Kozlowski	M	84	M40-49	49	28:32	09:12
131	33	Sean Dougherty	M	85	M30-39	35	28:33	09:13
132	148	Julie Clifford	F	47	F50-59	50	28:35	09:13
133	254	Roderick Spratling	M	86	M50-59	56	28:39	09:15
134	38	Tim Flaherty	M	87	M50-59	50	28:41	09:15

135	28	Gina DiMonda	F	48	F40-49	42	28:42	09:16
136	5	Maria Anderson	F	49	F40-49	47	28:42	09:16
137	94	Deborah Raymond	F	50	F40-49	47	29:08	09:24
138	66	Maryanne LaRuez	F	51	F30-39	33	29:17	09:27
139	193	Melissa Zavaglia	F	52	F30-39	38	29:26	09:30
140	15	Ken Callahan	M	88	M60OVER	68	29:28	09:30
141	139	Donna Humby	F	53	F50-59	58	29:29	09:31
142	140	Douglas Humby	M	89	M60OVER	62	29:29	09:31
143	87	Paige Olscamp	F	54	F15-19	15	29:38	09:34
144	85	Francis Olscamp	M	90	M50-59	52	29:40	09:34
145	83	James Norris	M	91	M50-59	50	29:50	09:38
146	82	Cyndi Niziurski	F	55	F50-59	51	29:55	09:39
147	127	Chris Trabold	F	56	F40-49	45	29:59	09:40
148	243	William Lerkins	M	92	M50-59	50	30:00	09:41
149	11	Julie Burke	F	57	F30-39	36	30:01	09:41
150	60	James Kelly	M	93	M40-49	47	30:01	09:41
151	22	Vickie Ciccariello	F	58	F40-49	43	30:07	09:43
152	20	Mona Carbonel	F	59	F40-49	40	30:08	09:43
153	256	Nicole Nock	F	60	F30-39	34	30:16	09:46
154	70	Paul Magliocco	M	94	M50-59	54	30:23	09:48
155	255	Patrick Nock	M	95	M40-49	42	30:31	09:51
156	130	Danielle VanBortel	F	61	F20-29	25	30:33	09:51
157	180	Bruce Alexander	M	96	M50-59	52	30:35	09:52
158	69	Karen Linder	F	62	F30-39	33	30:50	09:57
159	261	Kim Morse	F	63	F20-29	23	31:12	10:04
160	118	Al Smith	M	97	M60OVER	72	31:28	10:09
161	31	Kathleen DiVencenzo	F	64	F40-49	44	31:41	10:13
162	246	John Palmeri	M	98	M30-39	35	31:45	10:15
163	16	Joseph Callery	M	99	M10-14	11	31:47	10:15
164	17	Patrick Callery	M	100	M40-49	42	31:47	10:15
165	41	Amy Fromm	F	65	F30-39	38	31:57	10:18
166	51	Theresa Hoffman	F	66	F40-49	48	31:58	10:19
167	249	Patricia Anthony	F	67	F50-59	50	31:58	10:19
168	111	Mike Scotney	M	101	M60OVER	61	32:00	10:19
169	195	Ryan Papke	M	102	M10-14	10	32:14	10:24
170	264	Gina Williamson	F	68	F50-59	50	32:16	10:25
171	251	William Lux	M	103	M40-49	44	32:18	10:25
172	37	Robin Flaherty	F	69	F40-49	44	32:22	10:26
173	61	Judith Kelly	F	70	F40-49	47	32:22	10:27
174	242	Sam Chelini	M	104	M10-14	13	32:24	10:27
175	116	Joe Sieg	M	105	M10-14	11	32:48	10:35
176	258	Lisa Warnick	F	71	F40-49	48	33:00	10:39
177	25	Courtney DAngelo	F	72	F20-29	28	33:07	10:41
178	101	Jill Sandor	F	73	F50-59	55	33:09	10:41
179	79	Lisa Newton	F	74	F30-39	31	33:14	10:43
180	197	Spencer Prognio	M	106	M10-14	11	33:28	10:48
181	29	Christina Dinoto	F	75	F20-29	25	33:36	10:50

182	179	David Perry	M	107	M50-59	55	33:48	10:54
183	75	Kim Masiello	F	76	F50-59	51	33:56	10:57
184	4	Kristin Andersen	F	77	F40-49	42	34:04	10:59
185	136	Kelly Zodi	F	78	F30-39	31	34:06	11:00
186	178	Donna Perry	F	79	F40-49	47	34:08	11:01
187	194	Craig Papke	M	108	M40-49	43	34:16	11:03
188	77	Brenda Moss	F	80	F40-49	45	34:17	11:04
189	89	Tina Pellegrin	F	81	F30-39	36	34:22	11:05
190	245	Taylere Herrmann	F	82	F15-19	15	34:37	11:10
191	125	Marcy Tobin	F	83	F40-49	48	34:37	11:10
192	191	Mellody Herrmann	F	84	F40-49	40	34:37	11:10
193	44	Becky Graham	F	85	F40-49	47	35:53	11:34
194	253	Elizabeth Dunn Marshall	F	86	F40-49	45	36:00	11:37
195	47	Jerry Grundman	M	109	M40-49	47	36:15	11:42
196	10	Wilson Burgos Sr	M	110	M50-59	59	36:36	11:48
197	71	Kelly Maier	F	87	F20-29	28	36:37	11:49
198	32	Andrea Dougherty	F	88	F30-39	32	36:50	11:53
199	241	Dawn Chelini	F	89	F40-49	41	37:51	12:13
200	98	Patricia Root	F	90	F50-59	52	38:37	12:27
201	13	Janice Butler	F	91	F50-59	57	38:41	12:29
202	42	Lory Gatto	F	92	F40-49	41	39:16	12:40
203	265	Kathy Gatas	F	93	F50-59	54	39:31	12:45
204	78	Kristi Mullins	F	94	F30-39	31	45:33	14:42
205	119	Jamie Steltz	F	95	F30-39	33	45:33	14:42
206	26	Sheila Davis	F	96	F40-49	42	46:29	15:00
207	39	Katherine Ford	F	97	F20-29	21	46:49	15:06
208	115	Elizabeth Sieber-Ford	F	98	F40-49	48	46:49	15:06
209	124	Amy Tesch	F	99	F40-49	45	46:59	15:09
210	164	Rose Mattle	F	100	F30-39	35	47:33	15:20