

Save The River 5k
July 24th 2010 Frink Park, Clayton, NY
208 Total Finishers (79 Male, 129 Female)
Timed By YellowJacket Racing

Pos	Bib	Fullname	Gender	M/F	Place	Class	Ages	City	TotalTm	Pace
1	45	Nick Guarino	Male		1	Overall Male	21	Bergen	15:23	04:58
2	46	Josh Guarino	Male		2	M20-29	21	Bergen	15:48	05:06
3	87	Ezra Milby	Male		3	M20-29	22	Clayton	17:33	05:40
4	88	Garin Murphy	Male		4	M20-29	23	Alexandria Bay	17:36	05:41
5	95	Michael Oconnor	Male		5	M40-49	41	Alexandria Bay	18:54	06:06
6	184	Michael Conte	Male		6	M11-19	16	Somerville	19:12	06:12
7	135	Justin Young	Male		7	M20-29	26	Gouverneur	19:16	06:13
8	204	Lennie Davis	Male		8	M40-49	49	Potsdam	19:25	06:16
9	214	Jim Peterson	Male		9	M50-59	51	Phoenix	19:29	06:17
10	199	Marty Muggleton	Male		10	M50-59	51	Williamsport	19:31	06:18
11	94	Megan OConnor	Female		1	Overall Female	21	Baldwinsville	19:33	06:18
12	74	Brian lang	Male		11	M20-29	20	Baldwinsville	19:33	06:19
13	213	Jeremy Kaufmann	Male		12	M11-19	15	Carrthage	20:01	06:27
14	21	Derek Crane	Male		13	M20-29	27	Syracuse	20:36	06:39
15	149	Randy Givogue	Male		14	M30-39	38	Maitland	20:39	06:40
16	205	Ethan Vinson	Male		15	M11-19	15	Potsdam	20:49	06:43
17	115	Paul Roux	Male		16	M40-49	44	Baldwinsville	20:59	06:46
18	126	Joshua Slocum	Male		17	M30-39	31	Watertown	21:00	06:47
19	154	Debra Long	Female		2	F40-49	44	Winfield	21:00	06:47
20	182	Patrick Best	Male		18	M50-59	50	Challmont	21:08	06:49
21	166	Chap Simpson	Male		19	M20-29	21	LaFargeville	21:15	06:51
22	112	Robert Ross	Male		20	M11-19	17	San Antonio	21:38	06:59
23	148	Amelia Carter	Female		3	F30-39	34	Fayetteville	21:42	07:00
24	174	David Joslyn	Male		21	M11-19	17	North Granby	21:52	07:03
25	54	Steve Hart	Male		22	M50-59	55	Rochester	21:55	07:04
26	57	Robert Hasseler	Male		23	M60+	74	Watertown	22:07	07:08
27	158	Fred Buchanan	Male		24	M50-59	57	Cicero	22:11	07:09
28	52	Josh Hannink	Male		25	M20-29	27	Watertown	22:22	07:13
29	225	Alex Churchill	Male		26	M11-19	15	Clayton	22:31	07:16
30	146	Nancy Werthmuller	Female		4	F50-59	59	Scott Township	22:35	07:17
31	176	Lucas Patchen	Male		27	M11-19	11	Clayton	22:38	07:18
32	219	Christine Lytle	Female		5	F30-39	32	Liverpool	22:50	07:22
33	159	Susan Beiswenger	Female		6	F30-39	36	Clayton	23:00	07:25
34	104	Rachael Phipps	Female		7	F11-19	19	Lk PT	23:02	07:26
35	141	Lauren Bloch	Female		8	F20-29	28	Augusta	23:07	07:27
36	127	Tom Smith	Male		28	M30-39	31	Adams Center	23:10	07:28
37	9	Conor Blake	Male		29	M11-19	13	Liverpool	23:10	07:29
38	76	Daniel Leek	Male		30	M11-19	13	LaFargeville	23:26	07:33
39	188	Jim Gerhard	Male		31	M40-49	44	Alexandria Bay	23:37	07:37
40	19	Charlie Chambers	Male		32	M40-49	45	Oneida	23:46	07:40
41	161	Michaela Woodemansee	Female		9	F11-19	16	Durham	24:00	07:45
42	107	Ashley Pike	Female		10	F30-39	30	Canton	24:07	07:47
43	202	Thomas House	Male		33	M40-49	47	Cicero	24:07	07:47
44	59	Peter Henderson	Male		34	M40-49	43	Brier Hill	24:15	07:49
45	42	Karen Godshall	Female		11	F40-49	46	Spencerport	24:19	07:51

46	160	Emily Bell	Female	12	F11-19	16	Durham	24:24	07:52
47	211	Joshua Kaufmann	Male	35	M20-29	26	Carthage	24:25	07:53
48	23	Michael Cuda	Male	36	M50-59	50	New Hartford	24:43	07:58
49	22	Marissa Cuda	Female	13	F11-19	18	New Hartford	24:43	07:58
50	78	Erich Leonard	Male	37	M30-39	30	Clayton	24:45	07:59
51	30	Michael Dougherty	Male	38	M40-49	43	Dewitt	24:47	08:00
52	212	Scott Elliott	Male	39	M40-49	47	Lockport	24:52	08:01
53	163	Will Smith	Male	40	M11-19	19	Clayton	24:58	08:03
54	47	Kristen Guarino	Female	14	F11-19	17	Bergen	25:04	08:05
55	217	Laurie Pestle	Female	15	F40-49	46	Liverpool	25:05	08:06
56	168	Robert Digiaccio	Male	41	M50-59	53	Ogdensburg	25:10	08:07
57	91	Pamela Norton	Female	16	F20-29	27	Syracuse	25:15	08:09
58	77	Diane Leonard	Female	17	F20-29	29	Clayton	25:22	08:11
59	79	David Leonard	Male	42	M40-49	47	Black River	25:31	08:14
60	162	Dave Smith	Male	43	M50-59	54	Clayton	25:32	08:14
61	181	Allie Hysten	Female	18	F11-19	19	Fenton	25:41	08:17
62	183	Crystal Fuller	Female	19	F30-39	30	Gouverneur	25:44	08:18
63	61	Maragret Hummel	Female	20	F20-29	25	Clayton	25:45	08:18
64	155	Nick Hughes	Male	44	M30-39	38	Potsdam	25:56	08:22
65	3	Ross H Agen	Male	45	M11-19	14	Utica	26:01	08:24
66	60	Brian Henning	Male	46	M20-29	24	Syracuse	26:04	08:24
67	69	Tasha Jeffers	Female	21	F30-39	38	Alexandria Bay	26:07	08:25
68	80	Jacqueline Lubniewski	Female	22	F50-59	52	Alexandria Bay	26:14	08:28
69	99	J.P. Palaia	Male	47	M40-49	40	Boise	26:37	08:35
70	139	Craig Zicari	Male	48	M60+	61	Rochester	26:47	08:38
71	102	Lori Peters	Female	23	F30-39	38	Chaumont	26:54	08:41
72	108	Randy Raetz	Male	49	M40-49	44	Victor	26:58	08:42
73	215	Heather Mackinnon	Female	24	F40-49	40	Gouverneur	27:12	08:46
74	101	Joe Palaia	Male	50	M60+	66	Philadelphia	27:16	08:48
75	227	Hilary Church	Male	51	M40-49	44	Cortland	27:18	08:48
76	6	Molly Beattie	Female	25	F20-29	29	Clayton	27:19	08:49
77	187	Tanya Lombardo	Female	26	F11-19	15	Rome	27:24	08:50
78	208	Sarah Frischmeyer	Female	27	F11-19	13	Grinnell	27:24	08:50
79	209	Colby Lucas	Female	28	F11-19	11	Newoodstock	27:25	08:51
80	167	Alka Srivastava	Female	29	F30-39	39	Ogdensburg	27:26	08:51
81	200	Caroline House	Female	30	F11-19	14	Cicero	27:42	08:56
82	1	Verna JH Agen	Female	31	F40-49	49	Utica	27:48	08:58
83	113	Daniel Ross	Male	52	M11-19	14	San Antonio	27:50	08:59
84	18	Trevor Case	Male	53	M11-19	13	Liverpool	27:52	08:59
85	12	Meghan Byrnes	Female	32	F11-19	12	Dewiit	27:53	09:00
86	67	Isabella Hysten	Female	33	F11-19	12	Fayetteville	27:54	09:00
87	66	Bruce Hysten	Male	54	M40-49	49	Fayetteville	27:54	09:00
88	10	Brandy Brown	Female	34	F20-29	28	Cazenovia	27:54	09:00
89	14	Chris Byrnes	Male	55	M40-49	47	Dewiit	27:55	09:00
90	201	Glenda House	Female	35	F40-49	48	Cicero	27:55	09:00
91	65	Beth Hysten	Female	36	F40-49	47	Fayetteville	27:57	09:01
92	35	Mary Fenton	Female	37	F50-59	56	Winter Haven	28:03	09:03
93	131	Gail Wagner	Female	38	F50-59	58	Webster	28:06	09:04
94	156	Cameron Pickering	Male	56	M10UNDER	10	Philadelphia	28:09	09:05
95	220	Sheryl Foan	Female	39	F40-49	40	Copenhagen	28:14	09:07
96	96	Alycia OConnor	Female	40	F40-49	41	Alexandria Bay	28:18	09:08
97	132	Kathleen Ward	Female	41	F20-29	27	Tampa	28:25	09:10

98	5 Quincy Aubertine	Male	57	M11-19	12 Cape Vincent	28:43	09:16
99	109 Ron Reid	Male	58	M60+	61 Port Charlotte	28:45	09:17
100	197 Nolan Knapp	Male	59	M20-29	22 Chaumont	28:46	09:17
101	145 Emily Churchill	Female	42	F11-19	18 Clayton	28:50	09:18
102	221 Charlotte Steele	Female	43	F11-19	18 Fan Hills	28:50	09:18
103	100 Janna Palaia	Female	44	F30-39	36 Coatesville	28:55	09:20
104	114 Paulette Roux	Female	45	F40-49	42 Clayton	28:55	09:20
105	190 Ronnie Semelsberger	Male	60	M11-19	11 Clayton	28:56	09:20
106	147 David Cole	Male	61	M30-39	31 Rochester	28:57	09:20
107	144 Jacob Runner	Male	62	M20-29	25 Stanley	29:00	09:21
108	191 Melissa Tinney	Female	46	F30-39	36 Clayton	29:12	09:25
109	89 David Nappi	Male	63	M50-59	54 East Syracuse	29:13	09:25
110	15 Jay Cagle	Male	64	M20-29	22 Manlius	29:23	09:29
111	210 Robin Gedney-Lucas	Female	47	F40-49	48 Newoodstock	29:24	09:29
112	170 Nancy Cain	Female	48	F50-59	58 Marlboro	29:30	09:31
113	63 Amy Hungerford	Female	49	F30-39	32 Webster	29:33	09:32
114	128 Cristen Stanford	Female	50	F30-39	31 Glenfield	29:33	09:32
115	85 Victoria McCullouch	Female	51	F20-29	25 Theresa	29:33	09:32
116	28 Monika Docteur	Female	52	F30-39	39 Watertown	29:35	09:33
117	29 Arianne Dougherty	Female	53	F40-49	43 Dewitt	29:40	09:34
118	142 Tammy Leonard	Female	54	F30-39	35 Bedford	29:41	09:34
119	180 Allison Edwards	Female	55	F20-29	24 Downingtown	29:43	09:35
120	90 Christina Nemec	Female	56	F30-39	36 Upper Saddle River	29:46	09:36
121	13 Margaret Byrnes	Female	57	F40-49	46 Dewitt	29:49	09:37
122	62 Sylvia Hungerford	Female	58	F50-59	57 Webster	30:21	09:47
123	31 Eva Dougherty	Female	59	F10UNDER	10 Dewitt	30:24	09:48
124	173 Sherry McCarthy	Female	60	F30-39	31 Clayton	30:29	09:50
125	20 Anne Coon	Female	61	F50-59	58 Rochester	30:33	09:51
126	136 Ranisa Young	Female	62	F30-39	34 Gouverneur	30:39	09:53
127	195 Dusten Green	Male	65	M11-19	18 Clayton	30:45	09:55
128	34 JoAnne Fell	Female	63	F50-59	54 Bethlehem	30:51	09:57
129	179 Cristina Saldana	Female	64	F11-19	13 TI Park	30:52	09:58
130	105 Amy Picunas	Female	65	F30-39	32 Waddington	31:04	10:01
131	117 Rebekah Roux	Female	66	F11-19	11 Baldwinsville	31:05	10:01
132	143 Scott Leonard	Male	66	M30-39	32 Bedford	31:12	10:04
133	129 Anthony Summa	Male	67	M50-59	53 Syracuse	31:22	10:07
134	130 Christopher Svoboda	Male	68	M30-39	33 North Syracuse	31:26	10:09
135	75 Beth Law	Female	67	F40-49	42 Clatyton	31:30	10:10
136	17 Michele Capone	Female	68	F30-39	37 Watertown	31:38	10:12
137	4 Nancy Aubertine	Female	69	F40-49	40 Cape Vincent	31:43	10:14
138	8 Sherry Beyer	Female	70	F30-39	33	31:50	10:16
139	124 Valerie Sester	Female	71	F50-59	59 Gouverneur	32:04	10:21
140	40 Amanda Gamble	Female	72	F30-39	35 Antwerp	32:10	10:23
141	81 Katie Malinowski	Female	73	F30-39	36 Lacona	32:11	10:23
142	56 Jennifer Harvill	Female	74	F30-39	37 Watertown	32:30	10:29
143	218 Andrew Greene	Male	69	M40-49	40 Clayton	32:40	10:32
144	125 Deborah Sindone	Female	75	F40-49	42 Liverpool	32:44	10:33
145	116 Hannah Roux	Female	76	F11-19	12 Baldwinsville	32:49	10:35
146	177 Denise Berrebi	Female	77	F50-59	53 Morgantown	32:51	10:36
147	120 Karen Scanlon	Female	78	F40-49	48 Brewerton	33:02	10:39
148	172 Carie Foster	Female	79	F40-49	42 Liverpool	33:04	10:40
149	152 Shannon Corbett	Female	80	F10UNDER	8 Clayton	33:08	10:41

150	153	Sabina Corbett	Female	81	F30-39	35 Clayton	33:11	10:42
151	165	Jennifer Delicia	Female	82	F20-29	29 Rochester	33:12	10:43
152	16	Johanna Capone	Female	83	F11-19	14 Watertown	33:17	10:44
153	7	Joann Beldue	Female	84	F30-39	36 Scottsville	33:20	10:45
154	26	Luke Delguidice	Male	70	M10UNDER	10 Jacksonville	33:30	10:48
155	198	Chanton Wood	Female	85	F20-29	22 Clayton	33:30	10:49
156	118	Jennifer Sargent	Female	86	F20-29	28 Marion	33:35	10:50
157	27	Crystal Delguidice	Female	87	F40-49	49 Jacksonville	33:36	10:50
158	43	Perry Golden	Male	71	M40-49	46 Cape Vincent	33:57	10:57
159	44	Ellen Gray	Female	88	F20-29	27 Clayton	34:07	11:00
160	228	Kathryn Ingerson	Female	89	F40-49	49 Clayton	34:09	11:01
161	178	Susan Colon	Female	90	F30-39	35 Coatesville	34:14	11:03
162	186	Jim Crunden	Male	72	M40-49	40 Endwell	34:57	11:16
163	185	Heather Crunden	Female	91	F30-39	36 Endwell	34:57	11:16
164	222	Frances Steele	Female	92	F11-19	13 Fan Hills	36:13	11:41
165	226	Jen O'Neill	Female	93	M30-39	39 Burlington	36:24	11:45
166	193	Alexi Hartz	Female	94	F10UNDER	8	36:56	11:55
167	196	Kerry Richie	Female	95	F40-49	42	37:18	12:02
168	164	Ernest Orlando	Male	73	M40-49	46 Rochester	38:09	12:18
169	97	Elissa Orlando	Female	96	F40-49	49 Rochester	38:09	12:18
170	111	Lindsay Ronan	Female	97	F20-29	29 Hoboken	38:23	12:23
171	123	Matthew Schallmo	Male	74	M20-29	25 Syracuse	38:28	12:25
172	122	Kelly Schallmo	Female	98	F20-29	25 Syracuse	38:28	12:25
173	106	Torrey Pietarinen	Female	99	F30-39	37 Macedon	38:38	12:28
174	98	Marianne Palaia	Female	100	F40-49	46 Boise	39:03	12:36
175	140	Erich Ansley	Male	75	M40-49	41 Augusta	39:09	12:38
176	216	Eva Hungerford	Female	101	F11-19	11 Webster	39:55	12:53
177	194	Tami Hartz	Female	102	F40-49	42	39:57	12:53
178	207	Karen Klug-Frischmeyer	Female	103	F50-59	51 Grinnell	39:58	12:53
179	192	Anola Stage	Female	104	F11-19	17	40:03	12:55
180	203	Knowlton Foote	Male	76	M60+	72 LaFayette	40:14	12:59
181	189	Elisabeth Semelsberger	Female	105	F11-19	17 Clayton	40:26	13:03
182	58	Rich Havranek	Male	77	M60+	69 Fishers Landing	40:33	13:05
183	151	Nicole Listemann	Female	106	F30-39	33 Clayton	40:53	13:11
184	39	Sara Gallagher	Female	107	F20-29	23 Watertown	41:09	13:16
185	32	Brian Dunn	Male	78	M20-29	27	41:11	13:17
186	157	Andrea Mason	Female	108	F20-29	29 LaFargeville	41:30	13:23
187	73	Stephanie Kloberdanz	Female	109	F20-29	24 Fort Drum	42:53	13:50
188	38	Jennifer French	Female	110	F11-19	15 Fort Drum	43:17	13:58
189	36	Tim French	Male	79	M40-49	45 Fort Drum	43:17	13:58
190	37	Mary French	Female	111	F40-49	46 Fort Drum	43:18	13:58
191	224	Jennifer Churchill	Female	112	F50-59	52 Clayton	43:53	14:09
192	223	Jane Steele	Female	113	F50-59	51 Fan Hills	43:53	14:09
193	51	Erin Hannink	Female	114	F20-29	27 Watertown	44:04	14:13
194	72	JoAnn Kammers	Female	115	F60+	60 Seneca Falls	44:17	14:17
195	133	Judy Wentworth	Female	116	F60+	61 Pennelyville	44:35	14:23
196	55	Meg Hart	Female	117	F50-59	53 Rochester	45:08	14:34
197	64	Betsy Hutchinson	Female	118	F20-29	26 Watertown	45:45	14:45
198	48	Nicole Hainline	Female	119	F30-39	33 Watertown	45:46	14:46
199	25	Laura Curry	Female	120	F30-39	30 Manlius	46:01	14:51
200	86	Judy McKinnon	Female	121	F60+	60 Bridgewater	47:04	15:11
201	121	Sarahann Schaermo	Female	122	F20-29	22 Manlius	48:17	15:34

202	206	Cindy Schallmo	Female	123	F50-59	54	Manlius	48:17	15:34
203	53	Kelly Harrington	Female	124	F20-29	29	Waddington	49:39	16:01
204	83	Glenda McAvoy	Female	125	F60+	65	Clayton	50:51	16:24
205	150	Sally Leonard	Female	126	F60+	60	Clayton	50:53	16:25
206	84	Madelyn McAvoy	Female	127	F60+	88	Clayton	50:53	16:25
207	92	Christine Norton	Female	128	F50-59	59	Syracuse	51:57	16:45
208	93	Laura Norton	Female	129	F20-29	24	Tully	51:57	16:45
DNF	49	Alana Hampton	Female		F20-29	21	Clayton		
DNF	50	Jan Hampton	Female		F60+	60	Clayton		
DNF	119	Christy Sargent	Female		F30-39	36	Syracuse		
DNF	138	Jason Zayac	Male		M20-29	20	Gasport		
DNF	175	Cole Reinman	Male		M11-19	11	Clayton		