



**Step Out Run/Walk 5K**  
**Sunday, October 21st, 2012 - Genesee Valley Park, NY**  
**Timed By YellowJacket Racing**  
**124 Total Finishers (80 Female, 41 Male, 3 Unknown)**



Pos	Bib	Fullname	M/F	Place	Gender	City	State	TotalTm
1	129	Jessie Werzinger		1	M	Webster	NY	0:19:42
2	37	Daniel Goodwin		2	M	Brockport	NY	0:20:16
3	10	Paul Beckford JR		3	M	Rochester	NY	0:20:50
4	109	Harry Stern		4	M	Rochester	NY	0:21:27
5	48	Matthew Harris		5	M			0:21:33
6	4	Alison Baker		1	F	Victor	NY	0:21:34
7	18	Steven Choi		6	M	Rochester	NY	0:21:59
8	163	Erik Eastman		7	M			0:22:42
9	60	Melissa Kraemer		2	F	Rochester	NY	0:22:50
10	64	Richard Laudisi		8	M	Rochester	NY	0:22:54
11	97	Anne Rampolla		3	F	Avon	NY	0:24:30
12	142	A Cain		9	M	Rochester	NY	0:24:34
13	165	James DeJay		10	M			0:24:41
14	63	Joanne Laudisi		4	F	Rochester	NY	0:24:41
15	160	Randall Waldron		11	M	Rochester	NY	0:24:46
16	135	Who Are You?						0:25:15
17	6	Adrian Baldwin		12	M	West Henrietta	NY	0:25:40
18	130	Luke Werzinger		13	M	Webster	NY	0:25:43
19	156	Caren Murphy		5	F			0:26:14
20	24	Melissa Craig		6	F	Fairport	NY	0:26:25
21	123	Michael Woodbury		14	M	Walworth	NY	0:26:30
22	136	Carla Velarde		7	F			0:26:34
23	114	Kyle Vu		15	M	Farmington	NY	0:26:49
24	141	Michael Williams		16	M	Fairport	NY	0:26:56
25	78	michael mendoza		17	M	Rochester	NY	0:27:01
26	14	Alison Carletta		8	F	Rochester	NY	0:27:15
27	58	Nick Kompare		18	M			0:27:15
28	12	Christopher Booth		19	M	Pittsford	NY	0:27:16
29	127	Shari Allen		9	F	Rochester	NY	0:27:28
30	143	Richard Newton		20	M	Webster	NY	0:27:35
31	75	Josie McClary		10	F	Rochester	NY	0:27:36
32	45	David Harris		21	M	Clifton Park	NY	0:27:53
33	155	Mike Murphy		22	M			0:27:56
34	20	Jordan Coffey		11	F	Webster	NY	0:28:01
35	35	Amanda Galley		12	F	Rochester	NY	0:28:14
36	81	Kurt Mueller		23	M	Rochester	NY	0:28:15
37	59	Ali Kowalczyk		13	F	Webster	NY	0:28:16
38	118	Jay Willmes		24	M	Webster	NY	0:28:17
39	128	Donald Gibson		25	M	Rochester	NY	0:28:18
40	49	Xuan Hoa		14	F	Rochester	NY	0:28:18
41	151	Danielle Feerick		15	F			0:28:25
42	110	Faythe Swanson		16	F	Mt Morris	NY	0:28:38
43	47	Joshua Harris		26	M			0:28:39



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44	32	Kristin Fien	17	F	Rush	NY	0:28:46
45	74	Jill McCarten	18	F	Webster	NY	0:28:47
46	44	Alexandra Harris	19	F			0:28:51
47	19	Leslie Chylinski	20	F	Rochester	NY	0:28:55
48	240	Who Are You?					0:28:57
49	29	Pete Doptis	27	M	Rochester	NY	0:29:00
50	52	Maria Hristodoulo	21	F	Webster	NY	0:29:01
51	147	Evaklis Hristodoulou	22	F	Webster	NY	0:29:02
52	56	Kristen Killion	23	F	Ontario	NY	0:29:09
53	116	Tom Weise	28	M	Spencerport	NY	0:29:24
54	104	Jeanette Snyder	24	F	Penfield	NY	0:29:32
55	53	Natalie Johnstone	25	F	West Henrietta	NY	0:29:46
56	15	Karin Carnevale	26	F	Rochester	NY	0:29:54
57	33	Mary Flannigan	27	F	Rochester	NY	0:29:57
58	101	Malinda Smart	28	F	Pittsford	NY	0:29:57
59	79	Christine Migliore	29	F	Rochester	NY	0:30:03
60	30	Jake Downs	29	M			0:30:07
61	102	Mark Smegelsky	30	M			0:30:08
62	66	Casey Lennon	30	F	Webster	NY	0:30:29
63	120	Amy Wilson-Colley	31	F	Rochester	NY	0:30:31
64	115	Kennedy Walters	31	M	Webster	NY	0:30:44
65	55	Jennifer Kettles	32	F	Rochester	NY	0:30:44
66	54	James Kettles	32	M	Rochester	NY	0:30:48
67	11	Solomiya Blekot	33	F	Webster	NY	0:30:50
68	162	Katherine Harris	34	F			0:31:20
69	166	Jessica Sonner	35	F	Rochester	NY	0:31:27
70	27	Julia DeWeese	36	F	Webster	NY	0:31:29
71	117	Carly Willmes	37	F	Webster	NY	0:31:29
72	134	Jill Floud	38	F	Rochester	NY	0:31:31
73	164	Grace Kemp	39	F			0:31:47
74	90	Kathleen Palmerini	40	F	Churchville	NY	0:31:58
75	93	Krista Patterson	41	F	Hilton	NY	0:31:59
76	94	Nicole Patterson	42	F	Hilton	NY	0:31:59
77	157	Jamie Flaum	43	F	Rochester	NY	0:32:15
78	22	Laura Costik	44	F	Livonia	NY	0:32:38
79	153	Andrew Gordon	33	M			0:32:45
80	2	Ian Auch	34	M	Rochester	NY	0:32:53
81	3	Joy Auch	45	F	Rochester	NY	0:32:53
82	133	David Stein	35	M	Canandaigua	NY	0:33:17
83	140	Gretchen Lathers	46	F	Rochester	NY	0:33:46
84	158	Aaron Mille	36	M			0:33:55
85	145	Louis DeCarolis	37	M	Rochester	NY	0:34:09
86	100	Lauren Simon	47	F			0:34:12
87	167	Vincent Sonner	38	M			0:34:13



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88	41	Hannah Gulvin	48	F				0:34:21
89	108	Joe Stankaitis	39	M	Hfl	NY		0:34:30
90	106	Patrick Snyder	40	M	Penfield	NY		0:34:59
91	137	Ann Gill	49	F				0:35:13
92	25	Sheryl Czekanski	50	F	Fairport	NY		0:35:31
93	92	Jill Parker	51	F	Rochester	NY		0:35:31
94	34	Kathryn Fose	52	F	Hilton	NY		0:35:58
95	28	Christina DiNoto	53	F	Rochester	NY		0:35:58
96	40	Tiffanie Gourdine	54	F	Pittsford	NY		0:36:45
97	99	Alana Sansone	55	F	Webster	NY		0:37:15
98	168	Cari Johnson	56	F	Rochester	NY		0:38:21
99	124	Lisa Wright	57	F	Ontario	NY		0:38:21
100	146	Laurie Pfaff	58	F	Le Roy	NY		0:38:22
101	103	Linda Snyder	59	F	Penfield	NY		0:38:29
102	13	Dilara Calik	60	F	Webster	NY		0:38:58
103	5	Biance Balcaen	61	F	Webster	NY		0:38:58
104	111	Alexa Synard	62	F	Webster	NY		0:39:00
105	154	David DeJoy	41	M				0:39:12
106	26	Debby Dejoy	63	F	Rochester	NY		0:39:12
107	121	Lisa Wischerath	64	F	Amherst	NY		0:39:37
108	150	Cindy Carroll	65	F				0:41:01
109	62	Beth Lahr	66	F	Geneva	NY		0:41:43
110	159	Lourdes Abaunza	67	F	Batavia	NY		0:43:57
111	57	Dorthea King-Simpson	68	F	Rochester	NY		0:43:59
112	161	Michele Conover	69	F				0:44:11
113	7	Jeanine Battermann	70	F	Avon	NY		0:45:58
114	144	Carolyn Fleming	71	F	Lima	NY		0:46:32
115	70	Ann Lwellyn	72	F	Webster	NY		0:46:32
116	169	Who Are You?						0:47:50
117	131	Dahlia Watts	73	F	Wheatland	NY		0:47:51
118	138	Katrina Lathers	74	F				0:48:40
119	88	Teresa OMay	75	F	Rochester	NY		0:48:42
120	139	Ellen Lathers	76	F	Amsterdam	NY		0:48:42
121	152	Emily Hunt	77	F	Rochester	NY		0:52:29
122	107	Makayla Soricone	78	F	Webster	NY		0:53:33
123	87	Riley O'Grodnik	79	F	Webster	NY		0:53:33
124	149	Amy Fromm	80	F				0:55:43