

**Fleet Feet Sports Dirt Cheap Trail Series Presented by Salomon - Race #4**  
**Wednesday July 21st, 2010 Mendon Ponds Park, Mendon, NY**  
**199 Finishers (89 Female, 110 Male)**  
**Timed and Produced by YellowJacket Racing**

Pos	Bib	Fullname	Gender	M/F	Place	Class	Age	City	Race	TotalTm
1	134	Eric Ingalsbe	M		1	M25-29	28	Corfu	S	0:29:53
2	167	Dan Field	M		2	M25-29	25	East Aurora	S	0:30:37
3	239	Michael Tripp	M		3	M19UNDER	18	Rochester	4	0:32:23
4	82	Philip Nesbitt	M		4	M20-24	23	Churchville	S	0:32:45
5	38	Theodor Schnauffer	M		5	M45-49	46	Rochester	S	0:32:59
6	90	Dan Millikin	M		6	M30-34	30	Rochester	4	0:33:09
7	61	Alan Powers	M		7	M30-34	33	Rochester	S	0:33:31
8	248	Brian Macpherson	M		8	M20-24	22	Rochester	4	0:33:53
9	189	Todd Sr Dappen	M		9	M45-49	48	Marion	S	0:36:16
10	79	John Nolan	M		10	M25-29	28	Rochester	S	0:36:18
11	160	Billy Galetto	M		11	M19UNDER	15	Spencerport	S	0:36:18
12	190	Ryan Cummings	M		12	M25-29	27	Rochester	S	0:36:35
13	164	Andy Frank	M		13	M25-29	26	Rochester	S	0:36:38
14	250	Ed Housel	M		14	M50-54	51	Rochester	4	0:36:44
15	220	Joe Bailey	M		15	M19UNDER	15	Sodus	S	0:37:09
16	218	Mitchell Baller	M		16	M19UNDER	14	Webster	4	0:37:34
17	32	Andrew Smith	M		17	M30-34	33	Rochester	4	0:37:36
18	45	James Roche	M		18	M45-49	49	Fairport	S	0:37:40
19	130	Doug Jr Johnson	M		19	M30-34	30	Rochester	S	0:38:18
20	117	Holly Kuzmiak-ngiam	F		1	F25-29	28	Rochester	S	0:38:46
21	175	Tom Dutton	M		20	M60-64	64	Livonia	S	0:38:50
22	260	Mathew Prok	M		21	M20-24	21	Rush	4	0:38:59
23	244	Ian Shickling	M		22	M25-29	27	Rochester	4	0:39:07
24	71	Dan Ostrander	M		23	M30-34	33	Fairport	4	0:39:17
25	262	Alicia Mizes	F		2	F19UNDER	15	Pittsford	4	0:39:26
26	89	Rob Mischler	M		24	M35-39	35	Fairport	4	0:39:34
27	157	Matt Gillette	M		25	M40-44	41	Hemlock	S	0:39:39
28	170	Wes Enterline	M		26	M19UNDER	15	Webster	4	0:39:42
29	137	Jeff Huntress	M		27	M45-49	47	Pittsford	S	0:39:50
30	113	Stacie Lamont	F		3	F45-49	49	Pittsford	S	0:40:00
31	52	Kevin J. Reilly	M		28	M45-49	45	Pittsford	S	0:40:10
32	187	Beth Deciantis	F		4	F45-49	48	Rochester	S	0:40:13
33	271	Nick Goater	M		29	M30-34	32	Rochester	4	0:40:21
34	223	Phillip Bailey	M		30	M30-34	31	Sodus	S	0:40:25
35	150	Brian Guy	M		31	M35-39	35	Rochester	S	0:40:26
36	3	John Wilcox	M		32	M50-54	50	Henrietta	S	0:40:27
37	249	Bill McMullen	M		33	M55-59	57	Batavia	4	0:40:27
38	148	Bryan Hammer	M		34	M25-29	29	Rochester	S	0:40:31
39	149	Keith Hadley	M		35	M50-54	50	Rochester	S	0:40:34
40	103	Patricia Lyons	F		5	F55-59	58	East Aurora	S	0:40:35
41	236	Pud Junior	M		36	M40-44	44	Addison	4	0:40:36
42	159	Robert A. Jr Ganey	M		37	M35-39	39	Rochester	S	0:40:38
43	74	Tim OConnor	M		38	M45-49	45	Rochester	4	0:40:50
44	98	Kevin McCarthy	M		39	M25-29	25	Pittsford	4	0:40:51
45	66	Jeremiah Piersante	M		40	M19UNDER	14	Rochester	4	0:40:51
46	256	Lindy McClelland	F		6	F25-29	29	Rochester	4	0:40:54

47	232	Richard Adams	M	41	M25-29	26	Rochester	4	0:41:12
48	76	Yoshihiro Nozaki	M	42	M35-39	35	Rochester	S	0:41:14
49	229	Peter Albrecht	M	43	M35-39	36	Walworth	S	0:41:23
50	142	Emmett Hawkes	M	44	M19UNDER	16	Fairport	S	0:41:27
51	59	Lauren Pulli	F	7	F40-44	43	Rochester	S	0:41:29
52	246	Kirill Igumenshchev	M	45	M25-29	26	Pittsford	4	0:41:38
53	213	Bill Beyerbach	M	46	M50-54	54	Rochester	S	0:41:42
54	88	Mark Monachino	M	47	M50-54	51	Macedon	4	0:41:51
55	14	Julia Varble	F	8	F45-49	47	Henrietta	S	0:41:58
56	119	Joe Kontur	M	48	M30-34	30	Webster	4	0:42:00
57	270	Karen Osborn	F	9	F35-39	38	Webster		0:42:11
58	81	Justin Newcomer	M	49	M25-29	25	Rochester	S	0:42:17
59	107	Deborah Liana	F	10	F25-29	25	West Henrietta	S	0:42:24
60	86	Jessica Mulroy	F	11	F19UNDER	16	Pittsford	S	0:42:29
61	208	Pete Bothner	M	50	M45-49	46	Pittsford	S	0:42:38
62	145	David Harvey	M	51	M50-54	50	Albion	S	0:42:39
63	147	Megan Hammersmith	F	12	F25-29	29	Rochester	S	0:42:40
64	263	Rob Hitchcock	M	52	M40-44	44	Fairport	4	0:42:42
65	12	Patrick Vorndran	M	53	M40-44	41	Rochester	S	0:42:57
66	112	Sheila Lattuca	F	13	F40-44	43	Webster	S	0:43:12
67	252	Jessica Cutcliffe	F	14	F25-29	25	Pavilion	4	0:43:23
68	186	Matt Degma	M	54	M55-59	55	Rochester	S	0:43:25
69	247	Andrew Brown	M	55	M30-34	31	Rochester	4	0:43:25
70	217	Kevin Bambury	M	56	M45-49	48	Fairport	S	0:43:26
71	237	Patrick Herron	M	57	M50-54	52	LeRoy	4	0:43:35
72	151	Matthew Groth	M	58	M30-34	31	Rochester	S	0:43:45
73	9	Patricia Waters	F	15	F25-29	25	Rochester	S	0:43:45
74	199	Kristin Byron	F	16	F35-39	38	Syracuse	4	0:43:49
75	20	Kelly Urckfitz	F	17	F40-44	43	Mendon	S	0:43:49
76	41	Julie Sahler	F	18	F20-24	24	Rochester	S	0:44:04
77	125	Joseph Karpinski	M	59	M50-54	51	Caledonia	S	0:44:06
78	181	Douglas DeWeaver	M	60	M50-54	52	Rochester	S	0:44:11
79	168	Anne Esposito	F	19	F40-44	43	Rochester	S	0:44:12
80	227	Wilton Alston	M	61	M50-54	51	Rochester	S	0:44:15
81	195	Andrew Ciaio	M	62	M40-44	44	Victor	S	0:44:22
82	143	John Hawkes	M	63	M45-49	46	Fairport	S	0:44:22
83	87	Melissa Monahan	F	20	F25-29	27	Rochester	S	0:44:25
84	94	John Melville	M	64	M55-59	56	Honeoye Falls	S	0:44:31
85	4	Andy White	M	65	M20-24	22	East Rochester	4	0:44:37
86	124	Kevin Kehoe	M	66	M35-39	35	Rochester	S	0:44:38
87	65	Tammela Platt	F	21	F20-24	22	Rochester	4	0:44:46
88	191	Cheri Cranston	F	22	F35-39	35	Dansville	S	0:44:47
89	50	Nelson Rich	M	67	M45-49	47	Henrietta	S	0:44:51
90	46	Heather Robinson	F	23	F30-34	32	Goldendale	4	0:45:01
91	255	Lauren Church	F	24	F40-44	40	Rochester	4	0:45:05
92	47	Matthew Robinson	M	68	M30-34	31	Rochester	4	0:45:05
93	106	Jason Liddle	M	69	M30-34	33	Webster	S	0:45:08
94	153	Jessica Greger	F	25	F20-24	21	Geneva	4	0:45:12
95	194	Katherine Cooley	F	26	F20-24	23	Fairport	S	0:45:19
96	155	Chuck Giordano	M	70	M50-54	50	Hilton	S	0:45:20
97	264	Chris Barry	M	71	M55-59	58	Newark	4	0:45:33
98	204	Sharon Brennan	F	27	F35-39	39	Pittsford	S	0:45:36

99	99	Mark McArdle	M	72	M55-59	55	Rochester	S	0:45:43
100	101	Fran Mance	F	28	F30-34	33	Hilton	S	0:46:08
101	253	Mark Cutcliffe	M	73	M50-54	51	Pavilion	4	0:46:17
102	238	Michelle VonKriesen	F	29	F40-44	41	Norfolk	4	0:46:18
103	265	Jeff Rice	M	74	M45-49	48	Fairport	4	0:46:23
104	267	Renee Neber	F	30	F30-34	34	Webster	4	0:46:30
105	30	John Stanford	M	75	M45-49	49	Rochester	S	0:46:30
106	11	Traci Walker	F	31	F35-39	38	Rush	S	0:46:31
107	135	Jennie Indivero	F	32	F25-29	26	Rochester	S	0:46:42
108	251	Chaster Guillaceime	M	76	M40-44	41	Rochester	4	0:47:02
109	257	Eric Perry	M	77	M30-34	32	Rochester	4	0:47:08
110	55	Kathy Reardon	F	33	F45-49	48	Honeoye Falls	S	0:47:15
111	44	Matt Romeika	M	78	M35-39	36	Macedon	S	0:47:16
112	54	Jim Reber	M	79	M45-49	49	Penfield	S	0:47:31
113	222	Katherine Bailey	F	34	F30-34	34	Sodus	S	0:47:37
114	221	Kara Bailey	F	35	F30-34	34	Sodus	S	0:47:37
115	51	Jason Renn	M	80	M35-39	37	Livonia	S	0:47:45
116	133	Charlotte Jaanimagi	F	36	F55-59	57	Pittsford	S	0:47:46
117	234	Wendy Abbott	F	37	F35-39	36	Rochester	S	0:48:00
118	266	Julie Lloyd	F	38	F30-34	33	Pittsford	4	0:48:20
119	219	Charissa Bailey	F	39	F25-29	25	Sodus	S	0:48:22
120	179	Maria M Diehl	F	40	F25-29	27	Rochester	S	0:48:34
121	105	Donna Loeb	F	41	F45-49	49	Geneva	S	0:48:55
122	224	Margaret Baackes	F	42	F30-34	33	Rochester	S	0:48:55
123	92	Michael Meynadasy	M	81	M45-49	48	Rochester	S	0:48:56
124	201	Christopher Brown	M	82	M40-44	43	W. Henrietta	S	0:49:09
125	34	Mike Smith	M	83	M50-54	52	Rochester	4	0:49:28
126	141	Sean Hendrick	M	84	M45-49	47	Rochester	S	0:49:35
127	63	Jeffrey Polo	M	85	M45-49	46	Victor	4	0:49:40
128	70	Stephanie Pagano	F	43	F40-44	40	Pittsford	S	0:49:47
129	269	Danylle Vitello	F	44	F35-39	35	Webster	4	0:49:48
130	243	Triaa Cicero	F	45	F35-39	39	Fairport	4	0:49:51
131	200	Thomas Butler	M	86	M45-49	45	Rochester	S	0:49:54
132	53	Deanna Reh	F	46	F35-39	37	Victor	4	0:49:58
133	272	Kim Henshaw	F	47	F45-49	47	Hilton	4	0:50:32
134	210	Doug Bloom	M	87	M55-59	57	Albion	S	0:50:33
135	67	Erin Pelkey	M	88	M35-39	38	Geneva	4	0:50:50
136	235	Karen Kryder	F	48	F50-54	53	Rochester	4	0:50:58
137	207	Vicki Bowman	F	49	F35-39	37	W. Henrietta	S	0:51:16
138	136	Beth Illingworth	F	50	F40-44	41	Churchville	4	0:51:21
139	91	Jena Miller	F	51	F20-24	24	Rochester	S	0:51:22
140	188	Kelly Davis	F	52	F30-34	31	Farmington	S	0:51:40
141	128	Robert Kane	M	89	M45-49	45	Rochester	S	0:51:44
142	5	Mary M Westfall	F	53	F35-39	37	Walworth	S	0:51:52
143	276	James Norris	M	90	M19UNDER	14	Fairport	S	0:51:57
144	275	Jim Norris	M	91	M50-54	50	Fairport	S	0:52:02
145	62	Richard Post Jr.	M	92	M35-39	35	Spencerport	S	0:52:11
146	185	Rachael Dellapietra	F	54	F30-34	31	Pittsford	S	0:52:11
147	111	Bruce Lavner	M	93	M55-59	56	Rochester	S	0:52:29
148	139	Jeanne Herrick	F	55	F55-59	58	Rochester	S	0:52:46
149	258	Steve Kaplan	M	94	M25-29	28	Geneva	4	0:52:47
150	261	Marissa Matarrese	F	56	F25-29	29	Rochester	4	0:52:54

151	127	Kathryn Kaplan	F	57	F25-29	29	Geneva	S	0:53:40
152	177	Rick Doe	M	95	M45-49	48	Canandaigua	S	0:53:47
153	104	Walter Lyons	M	96	M65-69	68	East Aurora	S	0:54:04
154	15	Trish Vantucci	F	58	F40-44	44	Hilton	S	0:54:36
155	126	Quinn Karley	F	59	F25-29	25	victor	4	0:54:38
156	165	Mark Fitzgerald	M	97	M50-54	51	Rochester	S	0:54:39
157	273	Nicole Jabaut	F	60	F20-24	24	Rushville	4	0:54:58
158	171	Vicky Enstrom	F	61	F45-49	48	Rochester	S	0:55:21
159	84	Krista Muszak	F	62	F35-39	39	Hilton	S	0:55:26
160	268	Amie Kulak	F	63	F35-39	38	Webster	4	0:55:40
161	198	Carl Camille	M	98	M50-54	50	Spencerport	S	0:55:45
162	156	Abigail Gimino	F	64	F25-29	27	Rochester	S	0:55:53
163	162	Mike Friedler	M	99	M45-49	49	Ontario	4	0:56:19
164	31	Kate Sonnicks	F	65	F45-49	45	rochester	4	0:56:26
165	26	Chuck Traub	M	100	M50-54	50	Rochester	S	0:56:31
166	57	Randy Raetz	M	101	M40-44	43	Victor	S	0:56:35
167	228	Nancy Allinger	F	66	F50-54	50	Honeoye Falls	S	0:56:38
168	163	Debbie Fredley	F	67	F30-34	31	Penfield	4	0:56:57
169	242	Anji Kniaz	F	68	F25-29	25	Rochester	4	0:57:05
170	37	Dave Sek	M	102	M65-69	67	Spencerport	S	0:57:08
171	241	Diana Knyazeva	F	69	F20-24	23	Rochester	4	0:57:10
172	140	Kathy Henrie	F	70	F55-59	56	Rochester	S	0:57:28
173	233	Courtney Abeln	F	71	F30-34	34	Rochester	S	0:58:04
174	259	Gary Prok	M	103	M50-54	52	Rush	4	0:58:56
175	184	Theresa DeRycke	F	72	F45-49	45	Victor	4	0:59:08
176	254	Tonia Borrosch	F	73	F35-39	39	Honeoye Falls	4	0:59:16
177	192	Stephen Corona	M	104	M20-24	23	Rochester	4	0:59:21
178	132	Diane Jewett	F	74	F45-49	48	Roswell	4	0:59:21
179	131	Amy Jewett	F	75	F35-39	38	Roswell	4	0:59:30
180	60	Marilee Pryor	F	76	F55-59	55	Scottsville	S	0:59:32
181	245	Gretchen Stahlman	F	77	F50-54	51	Fairport	4	1:00:08
182	231	David Adams	M	105	M25-29	28	Rochester	4	1:00:40
183	240	Bob Volk	M	106	M65-69	66	Port Gibson	4	1:00:51
184	24	Susan Trumble	F	78	F35-39	39	Pittsford	4	1:01:02
185	25	Monique Tronchin	F	79	F25-29	29	rochester	4	1:01:45
186	274	Evie Lewis	F	80	F40-44	42	Walworth	4	1:02:41
187	209	Janelle Bosco	F	81	F30-34	30	Rochester	S	1:02:56
188	166	Svetlana Finkel	F	82	F45-49	49	Rochester	S	1:03:38
189	43	Jill Rowell	F	83	F40-44	42	Rochester	S	1:03:44
190	176	Jennifer Donato	F	84	F25-29	28	Rochester	S	1:04:09
191	85	Christopher Mulroy	M	107	M40-44	44	Pittsford	S	1:04:36
192	216	Duane Basch	M	108	M50-54	50	Honeoye Falls	S	1:04:52
193	118	Carolyn Kriesen	F	85	F65-69	66	Webster	S	1:06:07
194	129	Caitlin Johnson	F	86	F20-24	23	Henrietta	4	1:06:13
195	21	Patti Hahn	F	87	F50-54	53	Rochester	S	1:07:20
196	16	William Murphy	M	109	M60-64	61	Rochester	S	1:21:01
197	214	Michael Bedette	M	110	M30-34	33	Pittsford	S	1:11:20
198	197	Alison Carosone	F	88	F25-29	25	Fairport	4	1:12:45
199	19	Emmy Valet	F	89	F25-29	29	Pittsford	4	1:31:04