

Spring Forward Distance Run - 15K Overall Results
Sunday April 1, 2012 - Stewart Lodge, Mendon Ponds Park, NY
Total Finishers 175 (134 Female, 41 Male)
Produced and Timed by YellowJacket Racing

Place	Bib #	Name	Total Time	Pace	Gender		Age	City	State
					Rank	Gender			
1	671	Jay Reisinger	0:17:04	6:49	1	M	28	Fairport	NY
2	774	Nicholas Spinosa	0:17:42	7:04	2	M	14	Rochester	NY
3	813	John Swiatek	0:17:53	7:09	3	M	12	Rochester	NY
4	625	Mark DeRycke	0:18:39	7:27	4	M	45	Fairport	NY
5	610	Stephen Brewster	0:19:07	7:38	5	M	40	Rochester	NY
6	654	Mark Limoli	0:19:38	7:51	6	M	25		
7	811	Matthew Lindke	0:19:44	7:53	7	M	16	Webster	NY
8	758	Adam Shutts	0:20:07	8:02	8	M	31	Rochester	NY
9	675	Genevieve Ruhland	0:20:08	8:03	1	F	15	North Chili	NY
10	803	Suzanne Wojnowski	0:20:13	8:05	2	F	10	Rochester	NY
11	704	John Boothe	0:20:15	8:06	9	M	28	Rochester	NY
12	612	Lindsay Browning	0:21:43	8:41	3	F	13		
13	725	Christopher Franklin	0:21:52	8:44	10	M	31	Rochester	NY
14	722	Brittany Fendikevich	0:22:25	8:58	4	F	21	Rochester	NY
15	812	Charlotte Jaanimagi	0:22:32	9:00	5	F	59	Pittsford	NY
16	775	Cheyenne Vorndran	0:22:56	9:10	6	F	10	Rochester	NY
17	609	Jason Bonenfant	0:22:57	9:10	11	M	39	Fairport	NY
18	651	Frank Limoli	0:22:59	9:11	12	M	56	Honeoye Falls	NY
19	661	Melissa Muchler	0:23:10	9:16	7	F	27		
20	776	Colleen Vorndran	0:23:14	9:17	8	F	40	Rochester	NY
21	702	Thomas Arnone	0:23:15	9:18	13	M	52	Hilton	NY
22	658	Lindsay Marchetti	0:23:20	9:20	9	F	26	Rochester	NY
23	771	Laurie Zazzara	0:23:37	9:26	10	F	47	Rochester	NY
24	766	Bob Wegner	0:23:37	9:26	14	M	53	Rochester	NY
25	616	Jeannine Colvin	0:23:39	9:27	11	F	37	Rush	NY
26	684	Traci Torrey	0:23:45	9:30	12	F	27	Rochester	NY
27	820	Meg Hartman	0:23:45	9:30	13	F	27	Rochester	NY
28	632	Mike Eldred	0:23:47	9:30	15	M	47	Albion	NY
29	767	Johni Wegner	0:23:54	9:33	14	F	50	Rochester	NY
30	664	John O'Malley	0:24:08	9:39	16	M	49	Rochester	NY
31	649	Kelly Lazore	0:24:15	9:42	15	F	37	Webster	NY
32	668	Gregory Poe	0:24:21	9:44	17	M	11	West Henrietta	NY
33	755	Kevin Roberts	0:24:25	9:46	18	M	29	Rochester	NY
34	773	Kevin Spinosa	0:24:28	9:47	19	M	48	Rochester	NY
35	627	Amanda Deusenbery	0:24:29	9:47	16	F	32	Penfield	NY
36	749	Bob Pastecki	0:24:34	9:49	20	M	39	Churchville	NY
37	756	Sandra Rosengrant	0:24:52	9:56	17	F	50	Churchville	NY
38	613	Irene Burns	0:25:08	10:03	18	F	32	Rochester	NY
39	721	Sean Fallon	0:25:24	10:09	21	M	41	Pittsford	NY

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40	686	Thomas Viola	0:25:30	10:12	22	M	50	Webster	NY
41	818	Heather Dailor	0:25:33	10:13	19	F	38	Honeoye Falls	NY
42	748	Anya Pastecki	0:25:35	10:14	20	F	31		
43	682	Tim Sheffer	0:25:36	10:14	23	M	59	Rush	NY
44	674	Elizabeth Ruhland	0:25:36	10:14	21	F	11	North Chili	NY
45	653	Karyn Limoli	0:25:36	10:14	22	F	27	Honeoye Falls	NY
46	962	Patrick Guilfoyle	0:25:48	10:19	24	M	34	Rochester	NY
47	688	Jen Weg	0:25:51	10:20	23	F	37	Rochester	NY
48	724	Jay Forster	0:26:02	10:24	25	M	52	Rochester	NY
49	778	Erin Edmunds	0:26:04	10:25	24	F	12	Rochester	NY
50	646	Emily Labenski	0:26:18	10:31	25	F	25	Rochester	NY
51	642	Megan Haubner	0:26:28	10:35	26	F	36	Avon	NY
52	676	Ellin Scalise	0:26:33	10:37	27	F	49	Rochester	NY
53	655	Sarah Maben	0:26:35	10:38	28	F	25	Rochester	NY
54	780	Judy Marsocci	0:26:40	10:40	29	F	59	Rochester	NY
55	772	Mary Jo Spinosa	0:26:42	10:40	30	F	48	Rochester	NY
56	611	Laurie Browning	0:26:45	10:42	31	F	48		
57	660	Hilary R Mosher	0:26:48	10:43	32	F	36	Pittsford	NY
58	603	Katie Altenburg	0:26:51	10:44	33	F	29	Rochester	NY
59	670	Erica Reisinger	0:26:52	10:44	34	F	28	Fairport	NY
60	635	Christine Farrell	0:26:53	10:45	35	F	37	Avon	NY
61	730	Brenda Herman	0:26:58	10:47	36	F	50		
62	602	Michelle Allington	0:26:59	10:47	37	F	25	Rochester	NY
63	638	Gina Fratangelo	0:27:01	10:48	38	F	48	Webster	NY
64	276	Celeste Phillips	0:27:12	10:52	39	F	46	Macedon	NY
65	672	Robin Roach	0:27:18	10:55	40	F	46	Honeoye Falls	NY
66	759	Justina Siler	0:27:28	10:59	41	F	36	Rochester	NY
67	677	Rachel Schaal	0:27:29	10:59	42	F	16	Rochester	NY
68	604	Erin Axtell	0:27:46	11:06	43	F	29	Rochester	NY
69	659	Stephanie Michielsen	0:28:01	11:12	44	F	17	Canandaigua	NY
70	822	Jackie Dunn	0:28:09	11:15	45	F	34	East Rochester	NY
71	760	Tracey Simonelli	0:28:18	11:19	46	F	45	North Chili	NY
72	707	Timothy Christo	0:28:26	11:22	26	M	26	Hilton	NY
73	821	Deb Abell	0:28:28	11:23	47	F	45		
74	744	Brittany Messineo	0:28:29	11:23	48	F	24	Rochester	NY
75	700	Laura Arnold	0:28:45	11:30	49	F	24	Rochester	NY
76	705	Kathy Camping	0:28:48	11:31	50	F	33	North Chili	NY
77	768	Donald White	0:28:54	11:33	27	M	76	Hilton	NY
78	823	Bradley Butler	0:28:58	11:35	28	M	28	Victor	NY
79	824	Sarah Butler	0:28:58	11:35	51	F	26	Victor	NY
80	608	Kristin Bergholtz	0:29:05	11:38	52	F	31	East Rochester	NY
81	692	Corrine Wilson	0:29:05	11:38	53	F	26	Rochester	NY
82	617	Karen Crowe	0:29:28	11:47	54	F	41		
83	740	Matt Loria	0:29:35	11:50	29	M	12	Rochester	NY

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84	696	Shari Allen	0:29:37	11:50	55	F	46	Webster	NY
85	817	Robin Monaghan	0:29:41	11:52	56	F	49	Rochester	NY
86	739	Anne Loria	0:29:45	11:54	57	F	48	Rochester	NY
87	652	Jeanne Limoli	0:29:46	11:54	58	F	56		
88	741	Russell Loria	0:29:47	11:54	30	M	48	Rochester	NY
89	751	JoAnne Placito	0:29:56	11:58	59	F	60	Rochester	NY
90	678	Cindy Schneider	0:29:58	11:59	60	F	45	Avon	NY
91	681	Christine Sheffer	0:29:59	11:59	61	F	49	Rush	NY
92	623	Kristen DeRosa	0:30:06	12:02	62	F	24	Penfield	NY
93	624	Susan DeRosa	0:30:06	12:02	63	F	58	Penfield	NY
94	645	Sue Joseph	0:30:11	12:04	64	F	52	Rochester	NY
95	639	Colleen Frawley	0:30:14	12:05	65	F	44	Macedon	NY
96	643	Cynthia Jackling	0:30:19	12:07	66	F	45	Fairport	NY
97	606	Kate Belaskas	0:30:21	12:08	67	F	35	Fairport	NY
98	807	Eric Dietl	0:30:22	12:08	31	M	37	Pittsford	NY
99	689	Shannon Wegman	0:30:22	12:08	68	F	35	Penfield	NY
100	723	Peter Flagg	0:30:24	12:09	32	M	42	Webster	NY
101	752	Maureen Polen	0:30:24	12:09	69	F	33	Webster	NY
102	715	Lindsay Elliott	0:30:32	12:12	70	F	29	Rochester	NY
103	669	Sarah Poe	0:30:52	12:20	71	F	33	West Henrietta	NY
104	633	JoAnn Eldred	0:30:53	12:21	72	F	49	Rochester	NY
105	648	Josi Lazore	0:30:53	12:21	73	F	35	Penfield	NY
106	717	Kaylynn Enright	0:30:54	12:21	74	F	15	West Henrietta	NY
107	634	John Fahy	0:31:02	12:24	33	M	58	Ontario	NY
108	816	James Roman Smith	0:31:13	12:29	34	M	49	Clifton Springs	NY
109	815	Hannah Smith	0:31:13	12:29	75	F	20	Clifton Springs	NY
110	631	Donna Ecker	0:31:14	12:29	76	F	67	Macedon	NY
111	621	Richard Dearth	0:31:19	12:31	35	M	39	Monroeville	PA
112	733	Kim Jamieson	0:31:27	12:34	77	F	40	Rochester	NY
113	727	Christine Grout	0:31:27	12:34	78	F	41	Rochester	NY
114	629	Linda Didsbury	0:31:27	12:34	79	F	57	Victor	NY
115	735	Christine Kurtz	0:31:29	12:35	80	F	34	West Henrietta	NY
116	747	Patty Nelson	0:31:30	12:36	81	F	52	Rochester	NY
117	726	Sarah Goff	0:31:34	12:37	82	F	40	Rochester	NY
118	732	Sandy Iacchetta	0:31:38	12:39	83	F	46	Spencerport	NY
119	745	Theresa Monsees	0:31:38	12:39	84	F	41	Spencerport	NY
120	697	Debra Andrews	0:31:42	12:40	85	F	37	Rochester	NY
121	754	Rebecca Pratt	0:31:43	12:41	86	F	29	Rochester	NY
122	665	Connie Ott	0:31:52	12:44	87	F	60	Pittsford	NY
123	769	Tammie Wilson	0:32:03	12:49	88	F	53	Rochester	NY
124	687	Heather Weber	0:32:12	12:52	89	F	37	Mendon	NY
125	685	Cathy Viola	0:32:23	12:57	90	F	45	Webster	NY
126	750	Mary Patterson	0:32:29	12:59	91	F	57	Penfield	NY
127	626	Erin DeSarra	0:32:29	12:59	92	F	35	Webster	NY

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128	770	Sue Woolston	0:32:39	13:03	93	F	49	Rochester	NY
129	804	Laura Wischinowski	0:32:40	13:04	94	F	25	Geneseo	NY
130	808	Sherry Schakow	0:32:48	13:07	95	F	45	Rochester	NY
131	679	Anita Serafin	0:32:48	13:07	96	F	40	Penfield	NY
132	615	Stacey Chien	0:33:07	13:14	97	F	28		
133	693	Elizabeth Winter	0:33:07	13:14	98	F	29	Fairport	NY
134	620	Janet Dalke	0:33:12	13:16	99	F	56	Rochester	NY
135	703	Laurie Barry	0:33:15	13:18	100	F	54	Rochester	NY
136	698	Marykay Appleby	0:33:18	13:19	101	F	57	Spencerport	NY
137	710	Jenna DeLorme	0:33:37	13:26	102	F	14	Rochester	NY
138	810	Linda Lazore	0:33:51	13:32	103	F	61	Rochester	NY
139	607	Janene Bellis	0:34:01	13:36	104	F	55	Canandaigua	NY
140	719	Debbie Estratti	0:34:02	13:36	105	F	50	Rochester	NY
141	619	Tom Cusker	0:34:03	13:37	36	M	72	Rochester	NY
142	738	Kelly Lockwood	0:34:06	13:38	106	F	41		
143	720	Erika Fallon	0:34:08	13:39	107	F	40	Pittsford	NY
144	762	Penny Tezak	0:34:09	13:39	108	F	52	Rochester	NY
145	746	Carol Nasso	0:34:12	13:40	109	F	51	Rochester	NY
146	605	Sue Banker	0:34:16	13:42	110	F	55	Rush	NY
147	728	Elizabeth Hale	0:34:18	13:43	111	F	48	Spencerport	NY
148	802	Heidi Poe	0:34:23	13:45	112	F	38	Pittsford	NY
149	680	Karen Serrano	0:34:27	13:46	113	F	50	Rochester	NY
150	641	Deborah Hamilton	0:34:30	13:48	114	F	59	Farmington	NY
151	718	Shannon Enright	0:34:51	13:56	115	F	13	West Henrietta	NY
152	716	Joanne Enright	0:35:00	13:59	116	F	44	West Henrietta	NY
153	636	Carolyn Fleming	0:35:13	14:05	117	F	50	Lima	NY
154	737	Ann Llewellyn	0:35:13	14:05	118	F	63	Penfield	NY
155	779	Sarah Edmunds	0:35:14	14:05	119	F	16	Rochester	NY
156	662	Sheryl Norris	0:35:14	14:05	120	F	52	Fairport	NY
157	761	Lorraine Stevens	0:35:22	14:08	121	F	43	Rochester	NY
158	753	Kathryn Pratt	0:35:25	14:10	122	F	25	Rochester	NY
159	731	Thanh Huynh	0:35:27	14:10	37	M	34	Hilton	NY
160	614	Cindy Casilio	0:35:32	14:12	123	F	53	Webster	NY
161	699	Barbara Arnold	0:35:50	14:20	124	F	58	Rochester	NY
162	806	Eric Brand	0:37:10	14:52	38	M	31	Rochester	NY
163	709	Janine DeLorme	0:37:11	14:52	125	F	46	Rochester	NY
164	666	Shannon Pascale	0:38:25	15:22	126	F	29	Rochester	NY
165	805	Roxann Ammerman	0:38:37	15:26	127	F	54	Victor	NY
166	708	Louis DeCarolis	0:38:40	15:28	39	M	45	Rochester	NY
167	819	Cindy Carroll	0:38:40	15:28	40	M	52		
168	714	Joan Elliott	0:39:34	15:49	128	F	59	Webster	NY
169	630	Kathleen Dukes	0:39:37	15:50	129	F	33	East Rochester	NY
170	695	Laura Acciaio	0:41:23	16:33	130	F	39	Rochester	NY
171	814	Kim Ferguson	0:41:24	16:33	131	F	39	Fairport	NY

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172	622	Maura Denning	0:41:31	16:36	132	F	48	Rochester	NY
173	640	Paul Frawley	0:43:50	17:32	41	M	46	Macedon	NY
174	736	Christine Ligas	0:43:52	17:32	133	F	54	Rochester	NY
175	701	Christine Arnone	0:44:09	17:39	134	F	50	Hilton	NY