

Freezero #3
Saturday, January 15th, 2011 - Camp Eastman
239 Total Finishers (165 Male, 74 Female)
Timed by YellowJacket Racing

Pos	Bib	Fullname	Gender	M/F	Place	Class	Age	Race	Series	TotalTm	Pace
1	96	Josh Harter	M		1	M35-39	35	Avon	Series	17:38	05:41
2	237	Matt Oberst	M		2	M30-34	30	Farmington		17:51	05:45
3	7	Chaunce Andrews	M		3	M50-54	53	Rochester	Series	18:07	05:51
4	178	Matthew Roberts	M		4	M25-29	26	Scottsville	Series	18:10	05:52
5	229	David Zuckerman	M		5	M20-24	20	Rochester		18:29	05:58
6	69	Tim Dwyer	M		6	M50-54	51	Rochester	Series	18:43	06:02
7	113	Matt Kellman	M		7	M45-49	46	Penfield	Series	18:49	06:04
8	47	Michael Coyle	M		8	M35-39	35	Irondequoit	Series	19:08	06:10
9	86	Dan Giblin	M		9	M45-49	48	Rochester	Series	19:19	06:14
10	247	Jennie Hansen	F		1	F25-29	26	Rochester	Series	19:22	06:15
11	278	Kevin Sheehan	M		10	M45-49	49	Victor		19:28	06:17
12	208	Ted Thull	M		11	M45-49	49	Macedon	Series	19:37	06:20
13	195	Colby Shores	M		12	M35-39	35	Rochester	Series	19:50	06:24
14	215	Dan Ward	M		13	M30-34	33	Rochester	Series	19:55	06:25
15	240	David Goins	M		14	M50-54	53	Dansville		20:04	06:28
16	167	Charley Plummer	M		15	M25-29	27	Rochester	Series	20:10	06:30
17	244	David Hansen	M		16	M25-29	27	Irondequoit		20:31	06:37
18	189	John Salvador	M		17	M40-44	40	Penfield	Series	20:37	06:39
19	225	Jim Yeager	M		18	M40-44	44	Rochester	Series	20:39	06:40
20	133	Todd Malanowski	M		19	M35-39	38	Rochester	Series	20:44	06:41
21	146	Patrick Milligan	M		20	M45-49	46	Rochester	Series	20:44	06:41
22	38	Tim Ciancione	M		21	M45-49	45	Rochester	Series	20:47	06:42
23	221	Joe Williams	M		22	M35-39	37	Rochester	Series	20:51	06:43
24	288	Anthony Williams	M		23	M20-24	23	Rochester		21:08	06:49
25	23	James Brennan	M		24	M40-44	41	Pittsford	Series	21:11	06:50
26	112	Dan Keating	M		25	M45-49	48	Hilton	Series	21:15	06:51
27	214	Ray Wagner	M		26	M19Under	16	Rochester	Series	21:16	06:52
28	85	Dana Gianniny	F		2	F40-44	41	Rochester	Series	21:17	06:52
29	175	Mike Reinhardt	M		27	M45-49	47	Webster	Series	21:20	06:53
30	64	Rich Dirmyer	M		28	M25-29	25	Rochester	Series	21:40	06:59
31	67	Rebecca Duberry	F		3	F40-44	40	Rochester	Series	21:44	07:01
32	60	Steven Derks	M		29	M45-49	47	W. Henrietta	Series	21:46	07:01
33	235	Michel Bermudez	M		30	M40-44	40	Webster		21:48	07:02
34	108	Tom Jerris	M		31	M50-54	52	Livonia	Series	21:53	07:04
35	168	Rod Potter	M		32	M55-59	55	Rochester	Series	21:58	07:05
36	172	Frank Quattrone	M		33	M55-59	55	Webster	Series	22:01	07:06
37	275	Jack Rosah	M		34	M45-49	47	Rochester		22:04	07:07
38	127	Debbie Liana	F		4	F25-29	26	W. Henrietta	Series	22:06	07:08
39	128	Jason Liddle	M		35	M30-34	33	Webster	Series	22:10	07:09
40	83	Bob Gates	M		36	M45-49	49	Hamlin	Series	22:13	07:10

41	179	Alan Roome	M	37	M45-49	47	Lakeville	Series	22:15	07:11
42	271	Laura Anderson	F	5	F20-24	23	Conesus		22:17	07:11
43	286	Ian Schickling	M	38	M25-29	27	Rochester		22:21	07:12
44	46	Adam Cornwell	M	39	M25-29	25	Rochester	Series	22:23	07:13
45	62	Doug DeWeaver	M	40	M50-54	53	Rochester	Series	22:24	07:14
46	170	Douglas Prindle	M	41	M50-54	50	Fairport	Series	22:27	07:15
47	75	Laura Feller	F	6	F30-34	31	Rochester	Series	22:30	07:15
48	87	Tony Gingello	M	42	M60-64	63	Rochester	Series	22:33	07:16
49	119	Aida Kuhlkin	F	7	F30-34	33	Hamlin	Series	22:33	07:16
50	268	Geoffrey Steinbacher	M	43	M25-29	29	Rochester		22:34	07:17
51	251	Karl Dilciter	M	44	M40-44	42	Brockport		22:38	07:18
52	269	Peter Doerner	M	45	M45-49	47	Webster		22:40	07:19
53	102	Chad Herendeen	M	46	M40-44	42	Canandaigua	Series	22:41	07:19
54	53	Heather Danielson	F	8	F35-39	35	Rochester	Series	22:43	07:20
55	206	Joseph Tally	M	47	M35-39	39	Fairport	Series	22:50	07:22
56	9	Pam Ayers	F	9	F30-34	34	Rochester	Series	22:55	07:24
57	213	John Wagner	M	48	M55-59	56	Rochester	Series	22:58	07:24
58	68	Michael Dunn	M	49	M50-54	54	Rochester	Series	23:02	07:26
59	55	Matt Degma	M	50	M55-59	56	Rochester	Series	23:09	07:28
60	21	William Boula	M	51	M35-39	37	Hilton	Series	23:10	07:28
61	61	Christine Deutsch	F	10	F35-39	36	Rochester	Series	23:13	07:29
62	220	James Whorton, Jr	M	52	M40-44	43	Rochester	Series	23:14	07:30
63	74	George Fawcett	M	53	M50-54	50	Rochester	Series	23:21	07:32
64	211	Tracy Vanderlip	F	11	F30-34	30	Rochester	Series	23:31	07:35
65	257	Lou Iovoli	M	54	M45-49	45	Victor		23:41	07:38
66	36	James Chase	M	55	M30-34	30	Rochester	Series	23:45	07:40
67	223	Mary Wojnowski	F	12	F40-44	43	Rochester	Series	23:48	07:41
68	157	Brad OBrocta	M	56	M35-39	39	Churchville	Series	23:58	07:44
69	115	Jim Kerr	M	57	M55-59	56	Canandaigua	Series	24:03	07:45
70	276	Terry Cusker	M	58	M35-39	39	Rochester		24:05	07:46
71	54	David Davenport	M	59	M55-59	59	Rochester	Series	24:09	07:47
72	84	Bruce Gianniny	M	60	M55-59	59	Rochester	Series	24:15	07:50
73	224	Mark Woodhams	M	61	M50-54	53	East Rochester	Series	24:16	07:50
74	171	Diane Prystajko	F	13	F45-49	46	Spencerport	Series	24:22	07:52
75	105	Ben Ivie	M	62	M19Under	16	Scottsville	Series	24:22	07:52
76	22	JoAnne Bradt	F	14	F45-49	46	Scottsville	Series	24:23	07:52
77	138	Ann Martin	F	15	F50-54	52	Victor	Series	24:24	07:52
78	140	Mark McArdle	M	63	M55-59	56	Rochester	Series	24:28	07:53
79	162	Theresa Palmieri	F	16	F45-49	47	Buffalo	Series	24:31	07:54
80	219	Marie White	F	17	F50-54	50	Henrietta	Series	24:39	07:57
81	184	Kenneth Rowe	M	64	M50-54	52	Newark	Series	24:40	07:57
82	231	Tom Gibson	M	65	M45-49	48	Canandaigua		24:42	07:58
83	129	Doug Lindke	M	66	M50-54	53	webster	Series	24:43	07:58
84	106	Richard Ivie	M	67	M55-59	56	Scottsville	Series	24:49	08:00
85	212	Michael Viterise	M	68	M50-54	53	Rochester	Series	24:56	08:03
86	122	Michael Larche	M	69	M50-54	52	Victor	Series	24:59	08:04
87	158	Patrick OMara II	M	70	M40-44	40	Churchville	Series	25:01	08:04

88	14	Michael Baxter	M	71	M55-59	55	Webster	Series	25:01	08:04
89	77	Joaquim Flores	M	72	M40-44	44	Rochester	Series	25:03	08:05
90	283	Katie Vento	F	18	F30-34	30	Rochester		25:06	08:06
91	3	Dominic Agostini	M	73	M30-34	32	Spencerport	Series	25:13	08:08
92	121	Nick Lanthier	M	74	M40-44	42	Rochester		25:25	08:12
93	145	Emma Milks	F	19	F30-34	31	hamlin	Series	25:27	08:13
94	161	Ron Paeth	M	75	M45-49	47	Kendall	Series	25:29	08:13
95	29	Esther Caballero-Manrique	F	20	F35-39	35	Rochester	Series	25:33	08:14
96	164	Michelle Parker	F	21	F45-49	46	Rochester	Series	25:39	08:16
97	262	Stephen Noble	M	76	M20-24	20	Rochester		25:42	08:18
98	131	Mark Lortscher	M	77	M40-44	41	Fairport	Series	25:44	08:18
99	160	Marlene Paeth	F	22	F45-49	47	Kendall	Series	25:46	08:19
100	199	Carolyn Smith Hanna	F	23	F60-64	60	Pittsford	Series	25:48	08:19
101	99	Stephen Hedges	M	78	M60-64	61	Rochester	Series	25:54	08:21
102	104	Roger Howe	M	79	M60-64	63	Rochester	Series	25:54	08:21
103	98	Tom Hawkins	M	80	M50-54	52	Williamson	Series	25:55	08:22
104	182	John Rotoli	M	81	M45-49	48	Fairport	Series	25:55	08:22
105	73	John Falletti	M	82	M40-44	42	Rochester	Series	25:59	08:23
106	81	Tom Frosini	M	83	M40-44	41	ROCHESTER		25:59	08:23
107	248	Scott Paeth	M	84	M20-24	21	Kendall		26:04	08:24
108	177	Marty Roberts	F	24	F50-54	53	Penn Yan	Series	26:11	08:27
109	200	Scott Standhart	M	85	M35-39	38	Chrchville	Series	26:14	08:28
110	118	Karen Kryder	F	25	F50-54	54	Rochester	Series	26:23	08:31
111	210	Gary Updyke	M	86	M60-64	62	Pittsford	Series	26:24	08:31
112	159	Bob Otto	M	87	M70-74	71	Rochester	Series	26:28	08:32
113	281	Dylan Hitchcock	M	88	M19Under	15	Fairport		26:31	08:33
114	166	Ron Piazza	M	89	M50-54	51	LeRoy	Series	26:39	08:36
115	101	Sean Hendrick	M	90	M45-49	48	Rochester	Series	26:39	08:36
116	71	Carol Eisenman	F	26	F50-54	53	Rochester	Series	26:45	08:38
117	124	Naomi Lee	F	27	F25-29	27	Rochester	Series	26:48	08:39
118	151	John Natale	M	91	M40-44	43	Fairport	Series	26:48	08:39
119	201	Walter Standhart	M	92	M65-69	66	Rochester	Series	26:49	08:39
120	155	James Norris	M	93	M50-54	51	Fairport	Series	26:49	08:39
121	89	Karen Godshall	F	28	F45-49	46	Spencerport	Series	26:50	08:39
122	217	Joe Wesley	M	94	M45-49	48	Rochester		26:51	08:40
123	107	Debbie Jerris	F	29	F45-49	47	Livonia	Series	26:53	08:40
124	123	Mark Lavner	M	95	M50-54	54	Fairport	Series	27:00	08:43
125	282	Michael Cefalo	M	96	M30-34	34	Rochester		27:01	08:43
126	256	Nicholas Bonin	M	97	M20-24	20	Bergen		27:10	08:46
127	233	Jim Kaiser	M	98	M50-54	52	Webster		27:13	08:47
128	228	John Zonitch	M	99	M55-59	57	Albion	Series	27:16	08:48
129	103	Karol Hitchcock	F	30	F40-44	44	Fairport	Series	27:21	08:49
130	239	Andrew Cigio	M	100	M45-49	45	Victor		27:21	08:49
131	97	Betsy Harvey	F	31	F45-49	46	Canandaigua	Series	27:21	08:49
132	253	Paul Hebert	M	101	M50-54	52	Hilton		27:27	08:51
133	70	Timothy Eilinger	M	102	M45-49	46	Mendon	Series	27:32	08:53
134	143	Christina McLyman	F	32	F40-44	43	Rochester	Series	27:33	08:53

135	39	Eddy Clark	M	103	M50-54	52	Victor	Series	27:40	08:55
136	165	Tom Perry	M	104	M65-69	65	Fairport	Series	27:42	08:56
137	169	Justin Pretko	M	105	M25-29	25	Bergen	Series	27:44	08:57
138	51	Ann Cunningham	F	33	F45-49	48	Rochester	Series	27:46	08:58
139	222	Patrick Wilson	M	106	M50-54	54	Bergen	Series	27:48	08:58
140	192	Kelly Schroeder	F	34	F25-29	29	Rochester	Series	27:52	08:59
141	18	Ed Blance	M	107	M60-64	62	Canandaigua	Series	27:53	09:00
142	263	Coley Webb	M	108	M40-44	43	LeRoy		27:55	09:00
143	42	James Collins	M	109	M35-39	35	Penfield	Series	27:59	09:02
144	16	Cory Berardi	M	110	M30-34	32	Brockport	Series	28:00	09:02
145	56	Rachael Della Pietra	F	35	F30-34	31	Rochester	Series	28:05	09:04
146	284	Dave Christa	M	111	M55-59	55	Victor		28:09	09:05
147	194	Anne Shigley	F	36	F20-24	23	Rochester	Series	28:10	09:05
148	252	Douglas Ralph	M	112	M55-59	55	Rochester		28:16	09:07
149	26	Michael Burns	M	113	M30-34	33	Rochester	Series	28:19	09:08
150	142	Lynda McGuire	F	37	F60-64	62	Scottsville	Series	28:24	09:10
151	218	Bill White	M	114	M65-69	68	Hilton	Series	28:24	09:10
152	43	Tom Collins	M	115	M45-49	45	Pittsford	Series	28:29	09:11
153	94	Dudley Hallstead	M	116	M50-54	51	Canandaigua	Series	28:34	09:13
154	78	Dan Fox	M	117	M45-49	49	Brockport	Series	28:35	09:13
155	246	Mark Stellman	M	118	M50-54	50	Macedon		28:37	09:14
156	264	James Hendy	M	119	M65-69	67	Webster		28:40	09:15
157	260	Donna Derks	F	38	F45-49	46	W. Henrietta		28:46	09:17
158	2	Amy Agostini	F	39	F30-34	34	Spencerport	Series	28:49	09:18
159	27	Kristen Butler	F	40	F25-29	25	Rochester		28:52	09:19
160	110	Richard Kapp	M	120	M35-39	39	Webster	Series	28:59	09:21
161	28	Thomas Butler	M	121	M45-49	46	Rochester	Series	28:59	09:21
162	209	Kathee Tyo	F	41	F30-34	33	Rochester	Series	29:01	09:22
163	243	Rick Crumb	M	122	M50-54	53	Spencerport		29:06	09:23
164	265	Peter Sichak	M	123	M40-44	40	Spencerport	Series	29:12	09:25
165	117	Carolyn Kriesen	F	42	F65-69	67	Webster	Series	29:21	09:28
166	149	Tim Mulvaney	M	124	M60-64	60	W. Henrietta	Series	29:21	09:28
167	183	Katherine Rouse	F	43	F25-29	28	Rochester	Series	29:23	09:29
168	174	Deborah Raymond	F	44	F45-49	48	Rochester		29:26	09:30
169	241	Patrick McLyman	M	125	M45-49	45	Rochester		29:30	09:31
170	1	Katie Achter	F	45	F25-29	26	Greece	Series	29:30	09:31
171	34	Doug Caswell	M	126	M40-44	41	Penfield	Series	29:33	09:32
172	120	Christine LaHaye	F	46	F30-34	31	Rochester	Series	29:37	09:33
173	109	Doug Jones	M	127	M55-59	58	Pittsford	Series	29:39	09:34
174	19	Jeannie Blance	F	47	F60-64	60	Canandaigua	Series	29:44	09:36
175	153	Philip Nelson	M	128	M55-59	59	Victor	Series	29:48	09:37
176	37	Barry Cherney	M	129	M40-44	44	Rochester	Series	29:50	09:38
177	285	Ashley Wellbiok	F	48	F20-24	24	Syracuse		29:57	09:40
178	250	Hunter Mills	M	130	M19Under	13			30:02	09:41
179	111	Dan Katz	M	131	M55-59	56	Pittsford	Series	30:06	09:43
180	227	Robert Zimmerman	M	132	M60-64	63	Canandaigua	Series	30:08	09:43
181	5	Wilt Alston	M	133	M50-54	52	Rochester	Series	30:13	09:45

182	187	Charles Sabatine	M	134	M75-79	77	Victor	Series	30:23	09:48
183	148	Julianne Mullane	F	49	F35-39	38	Fairport	Series	30:24	09:48
184	57	Cheyenne DeMarco	F	50	F20-24	20	nunda	Series	31:03	10:01
185	58	Joe Demarco	M	135	M55-59	56	nunda	Series	31:03	10:01
186	176	Michelle Rivera	F	51	F40-44	42	San Francisco	Series	31:06	10:02
187	141	Margaret McCann	F	52	F35-39	39	Farmington		31:08	10:03
188	163	Patricia Palmieri-Phelan	F	53	F40-44	42	North Chili	Series	31:09	10:03
189	230	Thomas Robb	M	136	M50-54	52	Rochester		31:14	10:05
190	287	Ann Lynn	F	54	F35-39	37	Victor		31:18	10:06
191	205	Sharmene Syversen	F	55	F40-44	40	Brockport	Series	31:20	10:06
192	203	Doug Stuff	M	137	M55-59	57	Rochester		31:22	10:07
193	76	Patrick S. Flanigan	M	138	M45-49	46	Rochester	Series	31:28	10:09
194	259	Melissa Scialdone	F	56	F40-44	40	Rochester		31:33	10:11
195	90	David Gordon	M	139	M60-64	63	Pittsford	Series	31:39	10:12
196	242	Jennifer Skoog-Harvey	F	57	F40-44	40	Brockport		31:45	10:14
197	130	Scott Lord	M	140	M50-54	53	Geneva	Series	31:45	10:14
198	249	Mark Mills	M	141	M50-54	52	Conesus		32:01	10:20
199	156	Michael Obrecht	M	142	M50-54	52	Rochester	Series	32:03	10:20
200	191	Sarah Schiffeler	F	58	F50-54	53	Pittsford	Series	32:23	10:27
201	40	Earl M. Cliffel	M	143	M70-74	71	Livonia	Series	32:35	10:31
202	266	Chuck Traub	M	144	M50-54	51	Rochester		32:38	10:32
203	267	Courtney Abeln	F	59	F35-39	35	Rochester		32:39	10:32
204	238	Bruce Alexander	M	145	M50-54	52	Webster		32:43	10:33
205	11	Daniel Barletta	M	146	M55-59	55	Rochester		32:50	10:35
206	258	Mark Atwell	M	147	M50-54	52	Rochester		33:01	10:39
207	277	Julie Cusker	F	60	F40-44	41	Rochester		33:08	10:41
208	13	Duane Basch	M	148	M50-54	51	Honeoye Falls		33:15	10:43
209	4	Nancy Allinger	F	61	F50-54	51	Heonoye Falls		33:39	10:51
210	236	Bob Volk	M	149	M65-69	67	Alfred Station		33:40	10:52
211	279	Kristen Brennan	M	150	M35-39	38	Rochester		33:44	10:53
212	24	Peter Brennan	M	151	M35-39	38	Rochester		33:44	10:53
213	254	Melissa Napolitano	F	62	F35-39	38	Rochester		33:50	10:55
214	100	Dave Heeks	M	152	M70-74	73	Rochester	Series	33:52	10:55
215	82	Kelly Gannon	F	63	F35-39	37	Penfield	Series	33:58	10:57
216	198	Al Smith	M	153	M70-74	72	Rochester	Series	34:02	10:59
217	234	Donald Galetto	M	154	M55-59	58	Spencerport		34:02	10:59
218	93	Charles Haendiges	M	155	M75-79	77	Arcade	Series	34:13	11:02
219	255	David Butler	M	156	M19Under	18	Rochester		34:14	11:03
220	186	Christina Ruhland	F	64	F40-44	42	North Chili	Series	34:23	11:05
221	185	Mary Rowe	F	65	F30-34	31	Rochester	Series	34:49	11:14
222	270	Elizabeth Ruhland	F	66	F19Under	10	N. Chili		34:56	11:16
223	79	Amy Fromm	F	67	F35-39	38	North Chili	Series	35:00	11:18
224	261	Michelle Scialdone	F	68	F35-39	37	Rochester		35:22	11:25
225	50	Robert Crumrine	M	157	M60-64	61	Fairport	Series	36:14	11:41
226	245	Susan Kieren	F	69	F60-64	62	Rochester		36:14	11:41
227	226	Nichollette Zimmerman	F	70	F60-64	60	Canandaigua	Series	37:36	12:08
228	63	David Dilgard	M	158	M55-59	56	Penfield	Series	37:37	12:08

229	8	Maura Arendt	F	71	F40-44	42	Rochester	Series	37:39	12:09
230	125	Dick Lewandowski	M	159	M65-69	66	Rochester	Series	39:12	12:39
231	32	Joanne Carr	F	72	F70-74	72	Churchville	Series	40:00	12:54
232	150	William Murphy	M	160	M60-64	62	Rochester	Series	40:18	13:00
233	273	John Welch	M	161	M40-44	40	Victor		40:18	13:00
234	274	Kim Welch	F	73	F35-39	37	Victor		40:25	13:02
235	280	Sandy Toole	M	162	M70-74	72			40:54	13:11
236	72	Scott M. Erdeli	M	163	M50-54	52	Palmyra		40:55	13:12
237	272	Nicole Jones	F	74	F35-39	35	Victor	Series	43:27	14:01
238	232	James Duffy	M	164	M75-79	78	Rochester		50:35	16:19
239	180	Ted Rosen	M	165	M60-64	63	Rochester		53:06	17:08