

Freezeroo # 4 - Hearnish 10K - Powder Mills Park**Saturday, January 29th, 2011****215 Total Finishers (153 Male, 62 Female)****Timed by YellowJacket Racing**

Pos	Bib	Fullname	Gender	M/F Place	Age	Class	City	Series	TotalTm
1	179	Matthew Roberts	M	1	26	M25-29	Scottsville	Series	0:37:11
2	90	Josh Harter	M	2	35	M35-39	Avon	Series	0:37:33
3	108	Matt Kellman	M	3	46	M45-49	Penfield	Series	0:39:06
4	152	Philip Nesbitt	M	4	24	M20-24	Churchville	Series	0:39:20
5	6	Chaunce Andrews	M	5	53	M50-54	Rochester	Series	0:39:31
6	235	Brent Bartlett	M	6	30	M30-34	Rochester		0:39:51
7	79	Dan Giblin	M	7	48	M45-49	Rochester	Series	0:40:04
8	275	Thomas Regan	M	8	36	M35-39	Rochester		0:40:23
9	259	Jason Knarr	M	9	34	M30-34	Webster		0:40:26
10	89	Jennie Hansen	F	1	26	F25-29	Rochester	Series	0:40:31
11	43	Michael Coyle	M	10	35	M35-39	Irondequoit	Series	0:40:41
12	208	Ted Thull	M	11	49	M45-49	Macedon	Series	0:40:53
13	194	Colby Shores	M	12	35	M35-39	Rochester	Series	0:41:35
14	273	Kevin Sheehan	M	13	49	M45-49	Victor		0:41:58
15	251	Josh Williams	M	14	36	M35-39	Geneseo		0:42:39
16	222	Joe Williams	M	15	37	M35-39	Rochester	Series	0:42:48
17	166	Charley Plummer	M	16	27	M25-29	Rochester	Series	0:43:14
18	118	Peter Lautenslager	M	17	49	M45-49	Victor		0:43:26
19	189	John Salvador	M	18	40	M40-44	Penfield	Series	0:43:32
20	33	Tim Ciancione	M	19	45	M45-49	Rochester	Series	0:43:45
21	142	Patrick Milligan	M	20	46	M45-49	Rochester	Series	0:44:13
22	78	Dana Gianniny	F	2	41	F40-44	Rochester	Series	0:44:26
23	132	Jen Malik	F	3	31	F30-34	Rochester	Series	0:44:46
24	60	Rich Dirmyer	M	21	25	M25-29	Rochester	Series	0:44:51
25	20	James Brennan	M	22	41	M40-44	Pittsford	Series	0:45:01
26	102	Tom Jerris	M	23	52	M50-54	Livonia	Series	0:45:24
27	280	Rob Mischler	M	24	35	M35-39	Fairport		0:45:26
28	239	Michael Bray	M	25	28	M25-29	Rochester		0:45:42
29	37	Martin Coffey	M	26	41	M40-44	Pittsford	Series	0:45:45
30	252	Michael Bermudez	M	27	40	M40-44	Webster		0:45:49
31	262	Dan Ostrander	M	28	34	M30-34	Fairport		0:45:54
32	286	Gary Dill	M	29	45	M45-49	Rochester		0:45:55
33	70	Laura Feller	F	4	31	F30-34	Rochester	Series	0:45:57
34	130	Todd Malanowski	M	30	38	M35-39	Rochester	Series	0:45:59
35	121	Steven Levitsky	M	31	43	M40-44	Rochester		0:46:10
36	190	David Sauter	M	32	43	M40-44	Penfield	Series	0:46:19
37	125	Jason Liddle	M	33	33	M30-34	Webster	Series	0:46:25
38	276	Ricardo Figueroa	M	34	37	M35-39	Macedon		0:46:31
39	28	David Carson	M	35	35	M35-39	Hilton	Series	0:46:35
40	217	David C. Ward	M	36	59	M55-59	Akron	Series	0:46:39

41	272	Sean Rahrle	M	37	23	M20-24	Rochester		0:46:46
42	167	Rod Potter	M	38	55	M55-59	Rochester	Series	0:46:53
43	240	Jake Clements	M	39	31	M30-34	Avon		0:47:05
44	198	Brian Simon	M	40	42	M40-44	Rochester		0:47:08
45	76	Bob Gates	M	41	49	M45-49	Hamlin	Series	0:47:08
46	8	Pam Ayers	F	5	34	F30-34	Rochester	Series	0:47:09
47	63	Rebecca Duberry	F	6	40	F40-44	Rochester	Series	0:47:10
48	245	David Natarelli	M	42	43	M40-44	Victor		0:47:14
49	278	Douglas Morris	M	43	37	M35-39	Pittsford		0:47:29
50	42	Adam Cornwell	M	44	25	M25-29	Rochester	Series	0:47:30
51	246	Jack Rosati	M	45	46	M45-49	Rochester		0:47:41
52	180	Alan Roome	M	46	47	M45-49	Lakeville	Series	0:47:42
53	114	Aida Kuhlkin	F	7	33	F30-34	Hamlin	Series	0:47:57
54	12	John Benson	M	47	52	M50-54	Rochester	Series	0:48:04
55	56	Steven Derks	M	48	47	M45-49	W. Henrietta	Series	0:48:09
56	236	Krista Mitchell	F	8	47	F45-49	Bloomfield		0:48:16
57	238	Chris Washburn	M	49	49	M45-49	Newark		0:48:20
58	58	Doug DeWeaver	M	50	53	M50-54	Rochester	Series	0:48:22
59	242	Russ Herman	M	51	49	M45-49	Hilton		0:48:23
60	18	William Boula	M	52	37	M35-39	Hilton	Series	0:48:39
61	85	Keith Hadley	M	53	51	M50-54	Rochester	Series	0:49:12
62	269	Ian Schickling	M	54	27	M25-29	Rochester		0:49:37
63	225	Mark Woodhams	M	55	53	M50-54	East Rochester	Series	0:49:42
64	96	Chad Herendeen	M	56	42	M40-44	Canandaigua	Series	0:49:54
65	69	George Fawcett	M	57	50	M50-54	Rochester	Series	0:50:01
66	57	Christine Deutsch	F	9	36	F35-39	Rochester	Series	0:50:03
67	131	Jeffrey Malik	M	58	31	M30-34	Rochester	Series	0:50:06
68	136	Brian Matzan	M	59	32	M30-34	Hilton	Series	0:50:29
69	159	Ron Paeth	M	60	47	M45-49	Kendall	Series	0:50:35
70	64	Michael Dunn	M	61	54	M50-54	Rochester	Series	0:50:41
71	84	Cheryl Guth	F	10	56	F55-59	Rochester	Series	0:50:49
72	271	Meghan DioGuardi	F	11	14	F19Under	Hornell		0:51:01
73	287	Manuel Pachelo	M	62	45	M45-49	Rochester		0:51:06
74	77	Bruce Gianniny	M	63	59	M55-59	Rochester	Series	0:51:08
75	50	David Davenport	M	64	59	M55-59	Rochester	Series	0:51:12
76	224	Mary Wojnowski	F	12	43	F40-44	Rochester	Series	0:51:16
77	220	Marie White	F	13	50	F50-54	Henrietta	Series	0:51:16
78	214	John Wagner	M	65	56	M55-59	Rochester	Series	0:51:19
79	110	Jim Kerr	M	66	56	M55-59	Canandaigua	Series	0:51:46
80	244	Lou Iovoli	M	67	45	M45-49	Victor		0:51:48
81	221	James Whorton, Jr	M	68	43	M40-44	Rochester	Series	0:51:53
82	81	Phil Gleason	M	69	47	M45-49	Geneva	Series	0:52:00
83	213	Michael Viterise	M	70	53	M50-54	Rochester	Series	0:52:06
84	175	Deanna Reh	F	14	37	F35-39	Victor		0:52:07
85	155	Brad OBrocta	M	71	39	M35-39	Churchville	Series	0:52:13
86	99	Ben Ivie	M	72	16	M19Under	Scottsville	Series	0:52:20
87	19	JoAnne Bradt	F	15	46	F45-49	Scottsville	Series	0:52:25

88	135	Ann Martin	F	16	52	F50-54	Victor	Series	0:52:27
89	170	Diane Prystajko	F	17	46	F45-49	Spencerport	Series	0:52:28
90	162	Michelle Parker	F	18	46	F45-49	Rochester	Series	0:52:33
91	117	Michael Larche	M	73	52	M50-54	Victor	Series	0:52:47
92	14	Bill Beyerbach	M	74	55	M55-59	Rochester	Series	0:52:53
93	72	Joaquim Flores	M	75	44	M40-44	Rochester	Series	0:53:12
94	255	Greg Marchione	M	76	39	M35-39	Palmyra		0:53:33
95	100	Richard Ivie	M	77	56	M55-59	Scottsville	Series	0:53:37
96	279	Larry Hoffman	M	78	42	M40-44	Ontario		0:53:39
97	268	Patty Van Der Sloom	F	19	44	F40-44	Pittsford		0:53:41
98	258	Karin Kellman	F	20	43	F40-44	Penfield		0:53:41
99	257	Carolyn Mathis	F	21	41	F40-44	Penfield		0:53:41
100	234	Tom Gibson	M	79	48	M45-49	Canandaigua		0:53:46
101	266	Robert Hitchcock	M	80	44	M40-44	Fairport		0:53:47
102	3	Dominic Agostini	M	81	32	M30-34	Spencerport	Series	0:53:51
103	151	Rachel Nelson	F	22	17	F19Under	Pittsford		0:54:00
104	128	Mark Lortscher	M	82	41	M40-44	Fairport	Series	0:54:11
105	141	Emma Milks	F	23	31	F30-34	hamlin	Series	0:54:15
106	200	Carolyn Smith Hanna	F	24	60	F60-64	Pittsford	Series	0:54:20
107	113	Karen Kryder	F	25	54	F50-54	Rochester	Series	0:54:23
108	241	Jim Kaiser	M	83	52	M50-54	Webster		0:54:29
109	111	Lexie Klimasewski	F	26	15	F19Under	Fairport	Series	0:54:29
110	182	John Rotoli	M	84	48	M45-49	Fairport	Series	0:54:32
111	178	Marty Roberts	F	27	53	F50-54	Penn Yan	Series	0:54:39
112	98	Roger Howe	M	85	63	M60-64	Rochester	Series	0:54:44
113	157	Bob Otto	M	86	71	M70-74	Rochester	Series	0:54:48
114	277	Bruce Corsette	M	87	57	M55-59	Rochester		0:54:54
115	137	Mark McArdle	M	88	56	M55-59	Rochester	Series	0:54:58
116	10	Christopher Barry	M	89	58	M55-59	Newark	Series	0:54:59
117	265	Roger Klatt	M	90	50	M50-54	Barker		0:55:02
118	116	Nick Lanthier	M	91	42	M40-44	Pittsford		0:55:08
119	254	Ed Martin	M	92	47	M45-49	Victor		0:55:10
120	51	Matt Degma	M	93	56	M55-59	Rochester	Series	0:55:21
121	211	Gary Updyke	M	94	62	M60-64	Pittsford	Series	0:55:24
122	21	Novis Brewster	M	95	51	M50-54	Rochester	Series	0:55:27
123	101	Debbie Jerris	F	28	47	F45-49	Livonia	Series	0:55:43
124	168	Justin Pretko	M	96	25	M25-29	Bergen	Series	0:55:46
125	92	Tom Hawkins	M	97	52	M50-54	Williamson	Series	0:55:57
126	68	John Falletti	M	98	42	M40-44	Rochester	Series	0:56:02
127	165	Colleen Piccone	F	29	58	F55-59	Pittsford		0:56:06
128	35	Wende Cleary	F	30	49	F45-49	Pittsford		0:56:10
129	158	Marlene Paeth	F	31	47	F45-49	Kendall	Series	0:56:24
130	181	Wes Rosengrant	M	99	50	M50-54	Churchville	Series	0:56:26
131	93	Stephen Hedges	M	100	61	M60-64	Rochester	Series	0:56:30
132	250	Pam Johnson	F	32	48	F45-49	Canandaigua		0:56:34
133	249	Rick Erb	M	101	62	M60-64			0:56:35
134	156	Patrick OMara II	M	102	40	M40-44	Churchville	Series	0:57:09

135	233	Andrew Ciaio	M	103	45	M45-49	Victor		0:57:16
136	91	Betsy Harvey	F	33	46	F45-49	Canandaigua	Series	0:57:16
137	97	Karol Hitchcock	F	34	44	F40-44	Fairport	Series	0:57:30
138	247	Bill Boyle	M	104	54	M50-54	Canandaigua		0:57:35
139	264	Patrick Vorndran	M	105	42	M40-44	Rochester		0:57:48
140	248	Beth Adams	F	35	39	M35-39	Geneseo		0:57:48
141	196	Peter J. Sichak III	M	106	40	M40-44	Spencerport	Series	0:57:51
142	202	Walter Standhart	M	107	66	M65-69	Rochester	Series	0:57:53
143	139	Christina McLyman	F	36	43	F40-44	Rochester	Series	0:58:10
144	119	Mark Lavner	M	108	54	M50-54	Fairport	Series	0:58:16
145	209	Lisa Tschiderer	F	37	46	F45-49	Pittsford		0:58:18
146	47	Ann Cunningham	F	38	48	F45-49	Rochester	Series	0:58:26
147	87	Dudley Hallstead	M	109	51	M50-54	Canandaigua	Series	0:58:28
148	45	Tom Crilly	M	110	48	M45-49	Rochester	Series	0:58:45
149	52	Rachael Della Pietra	F	39	31	F30-34	Rochester	Series	0:59:00
150	15	Ed Blance	M	111	62	M60-64	Canandaigua	Series	0:59:02
151	138	Lynda McGuire	F	40	62	F60-64	Scottsville	Series	0:59:11
152	40	Jason Conklin	M	112	33	M30-34	Henrietta	Series	0:59:22
153	243	Paul Hebert	M	113	52	M50-54			0:59:23
154	205	Sharmene Syversen	F	41	40	F40-44	Brockport	Series	0:59:59
155	218	Joe Wesley	M	114	48	M45-49	Rochester		1:00:03
156	5	Diane Alsup	F	42	44	F40-44	Palmyra	Series	1:00:05
157	230	John Zonitch	M	115	57	M55-59	Albion	Series	1:00:22
158	66	Timothy Eilinger	M	116	46	M45-49	Mendon	Series	1:00:38
159	253	Douglas Ralph	M	117	55	M55-59	Rochester		1:00:48
160	226	Steve Woodley	M	118	49	M45-49	Ontario		1:00:58
161	13	Cory Berardi	M	119	32	M30-34	Brockport	Series	1:01:07
162	34	Eddy Clark	M	120	52	M50-54	Victor	Series	1:01:11
163	1	Katie Achter	F	43	26	F25-29	Greece	Series	1:01:19
164	263	Dale Dimick	M	121	43	M40-44	Webster		1:01:42
165	148	Heidi Nelson	F	44	53	F50-54	Pittsford		1:01:53
166	115	Christine LaHaye	F	45	31	F30-34	Rochester	Series	1:02:17
167	61	David Drexel	M	122	60	M60-64	Livonia	Series	1:02:24
168	39	Tom Collins	M	123	45	M45-49	Pittsford	Series	1:02:36
169	120	Naomi Lee	F	46	27	F25-29	Rochester	Series	1:02:57
170	281	Rochelle Ruffer	F	47	45	F45-49	Pittsford		1:02:57
171	283	Tami McGraw	F	48	37	F35-39	Hamlin		1:03:51
172	187	Charles Sabatine	M	124	77	M75-79	Victor	Series	1:03:55
173	288	Amy Talarico	F	49	41	F40-44			1:04:05
174	261	Joao Flores	M	125	44	M40-44	Rochester		1:04:18
175	29	Doug Caswell	M	126	41	M40-44	Penfield	Series	1:04:18
176	16	Jeannie Blance	F	50	60	F60-64	Canandaigua	Series	1:04:29
177	284	David VanDeVoorde	M	127	38	M35-39	Fairport		1:04:51
178	103	Doug Jones	M	128	58	M55-59	Pittsford	Series	1:04:59
179	23	Thomas Butler	M	129	46	M45-49	Rochester	Series	1:05:06
180	256	Charles Martin	M	130	64	M60-64	Marion		1:05:07
181	150	Philip Nelson	M	131	59	M55-59	Victor	Series	1:05:30

182	133	Philip Mann	M	132	59	M55-59	Keuka Park	Series	1:05:36
183	145	Tim Mulvaney	M	133	60	M60-64	W. Henrietta	Series	1:05:37
184	274	Michelle Curtin	F	51	38	F35-39	Cohocton		1:05:57
185	48	Daniel Curtin	M	134	39	M35-39	Cohocton	Series	1:05:57
186	174	Deborah Raymond	F	52	48	F45-49	Rochester		1:06:20
187	106	Dan Katz	M	135	56	M55-59	Pittsford	Series	1:06:40
188	129	Steve Lynch	M	136	36	M35-39	West Henrietta	Series	1:06:44
189	149	Juliann Nelson	F	53	52	F50-54	Victor	Series	1:06:47
190	285	Dennis Culhane	M	137	56	M55-59	Rochester		1:06:57
191	123	Mitzie Lewandowski	F	54	63	F60-64	Rochester	Series	1:07:29
192	71	Patrick S. Flanigan	M	138	46	M45-49	Rochester	Series	1:08:42
193	270	Matt Flanigan	M	139	49	M45-49	Livonia		1:08:55
194	25	Lisa Camillaci	F	55	47	F45-49	Hilton	Series	1:09:20
195	267	Charles Oster	M	140	59	M55-59	Rochester		1:09:21
196	17	Sid Bolton	M	141	68	M65-69	Albion	Series	1:09:45
197	127	Scott Lord	M	142	53	M50-54	Geneva	Series	1:09:55
198	186	Christina Ruhland	F	56	42	F40-44	North Chili	Series	1:10:03
199	232	Patti Hahn	M	143	54	M50-54	Rochester		1:10:17
200	46	Robert Crumrine	M	144	61	M60-64	Fairport	Series	1:10:18
201	36	Earl M. Cliffel	M	145	71	M70-74	Livonia	Series	1:11:20
202	282	Karen Linder	F	57	33	F30-34	Scottsville		1:11:50
203	94	Dave Heeks	M	146	73	M70-74	Rochester	Series	1:11:57
204	199	Al Smith	M	147	72	M70-74	Rochester	Series	1:12:04
205	231	Donald Galetto	M	148	58	M55-59	Spencerport		1:12:04
206	26	Bob Carafice	M	149	67	M65-69	Rochester	Series	1:15:54
207	154	Michael Obrecht	M	150	52	M50-54	Rochester	Series	1:15:54
208	86	Charles Haendiges	M	151	77	M75-79	Arcade	Series	1:16:08
209	7	Maura Arendt	F	58	42	F40-44	Rochester	Series	1:17:07
210	75	Kelly Gannon	F	59	37	F35-39	Penfield	Series	1:18:29
211	59	David Dilgard	M	152	56	M55-59	Penfield	Series	1:20:12
212	27	Joanne Carr	F	60	72	F70-74	Churchville	Series	1:23:16
213	237	Carrie Mullen	F	61	44	F40-44	Canandaigua		1:23:54
214	62	Susan Drexel	F	62	57	F55-59	Livonia	Series	1:24:12
215	146	William Murphy	M	153	62	M60-64	Rochester	Series	1:31:15
DNF	260	John Doody	M		76	M75-79	Canandaigua		