



Sehghunda 72 Overall  
May 19th 20th, 2018  
Letchworth State Park



Place	Name	Age	Gender	Sehghunda	Lower Falls 5K	Middle Falls 10K	Upper Falls 15K	Total Time
1	Nick Vermeulen	38	M	5:06:59	0:19:55	0:43:29	1:12:30	7:22:53
2	Joshua Frankel	36	M	4:49:01	0:23:45	0:51:04	1:20:22	7:24:12
3	Ben Pragle	32	M	4:54:40	0:23:31	0:53:46	1:34:54	7:46:51
4	Jeremiah Bailey	32	M	4:58:31	0:18:58	0:43:08	1:50:34	7:51:11
5	Shawn Witkowski	49	M	5:29:49	0:21:59	0:50:03	1:27:42	8:09:33
6	Charlie Lotempio	40	M	5:18:48	0:22:38	0:52:04	1:39:46	8:13:16
7	Eamon Lyons	36	M	5:21:21	0:26:04	0:56:32	1:30:05	8:14:02
8	Chris Young	40	M	5:52:22	0:22:24	0:51:19	1:36:21	8:42:26
9	Oliver Brett	32	M	6:01:50	0:27:32	0:56:54	1:30:29	8:56:45
10	Marc Uhteg	49	M	5:47:52	0:31:19	1:04:52	1:37:21	9:01:24
11	Lee Lonsberry	33	M	6:03:13	0:26:31	0:59:33	1:51:40	9:20:57
12	Chad Devorak	44	M	6:00:45	0:34:13	1:04:34	1:44:59	9:24:31
13	Mike Ferris	52	M	6:34:26	0:24:09	0:59:21	1:38:57	9:36:53
14	Jennifer Faso	46	F	6:40:01	0:28:22	1:02:32	1:54:33	10:05:28
15	Michael Drennan	30	M	6:11:17	0:33:40	1:15:22	2:10:59	10:11:18
16	Caitlin O'Dell	30	F	6:36:39	0:33:24	1:06:57	1:54:53	10:11:53
17	Nick Aloisio	33	M	6:32:32	0:33:39	1:08:30	1:57:37	10:12:18
18	Heather Burger	38	F	7:00:03	0:25:51	1:01:47	1:45:20	10:13:01
19	Todd Dappen	56	M	7:32:08	0:26:50	0:58:02	1:46:25	10:43:25
20	Kathryn Castle	39	F	7:08:44	0:30:48	1:09:08	1:57:04	10:45:44
21	Adriane Divens	38	F	7:06:10	0:32:30	1:08:24	2:05:09	10:52:13
22	Derek Johnson	40	M	7:22:27	0:32:23	1:05:41	1:59:22	10:59:53
23	Christian Vandruff	45	M	7:27:10	0:32:50	1:10:01	2:06:35	11:16:36
DNF	Joseph Muczynski	54	M		0:28:26	0:59:54		1:28:20
DNF	Thomas Butler	53	M		0:50:24	1:24:09	2:23:06	4:37:39
DNF	Chuck Taylor	47	M	7:12:47				7:12:47